

## Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
<b>Women 15-15</b>							
<b>50 Free</b>							
1	26.67	L	F	Jaime Mote	15	INFA NMA	15/03/2024 SA National Junior Age Group
2	27.54	L	F	Emily Palmer	15	USC BUF	15/03/2024 SA National Junior Age Group
3	27.58	L	F	Jesse-Leah Laderach	15	PEAS NMA	15/03/2024 SA National Junior Age Group
4	27.72	L S	P	Gizelle Maritz	15	AGB JHB	08/04/2024 SA National Aquatic Champ 2024-PE
5	27.74	L	F	Leila Yazbek	15	BLNE MAN	15/03/2024 SA National Junior Age Group
6	28.00	L	P	Lara Gouws	15	TUKS TSH	14/12/2023 KZNA 2023 Championships Incorp SSA
7	28.07	L S	P	Jaime Mote	15	ECA BUF	08/04/2024 SA National Aquatic Champ 2024-PE
8	28.23	L	P	Emily Macqueen	15	SEALE ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
9	28.34	L S	P	Ashley Scholtz	15	AGA EKU	08/04/2024 SA National Aquatic Champ 2024-PE
10	28.44	L	P	Leah Scott	15	KZNA ETH	19/04/2024 SA Schools Swimming Championship
11	28.54	L S	F	Abigail Roberts	15	TUKS TSH	12/12/2023 NTS Championships 2023
12	28.60	L	F	Zandri Knoetze	15	INFA NMA	15/03/2024 SA National Junior Age Group
13	28.61	L	P	Amy Combrink	15	RSA	20/10/2023 World Aqua -Swimming World Cup Oct
14	28.71	L	F	Grace Powell	15	GAU JHB	19/04/2024 SA Schools Swimming Championship
15	28.72	L	P	Gabriella Van Den Berg	15	ELEC TSH	15/03/2024 SA National Junior Age Group
16	28.88	L	F	Chanel Veldsman	15	KZNA ETH	19/04/2024 SA Schools Swimming Championship
17	28.90	L	P	Mikayla Lombard	15	TUKS TSH	12/12/2023 NTS Championships 2023
18	28.92	L	F	Milla Hulse	15	KLOO ETH	21/03/2024 SA Level 3 Regional Age Group
19	28.98	L	P	Ruby Gaines	15	SEALE ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
20	29.00	L	P	Katelyn Fourie	15	CA EKU	15/03/2024 SA National Junior Age Group
21	29.01	L S	P	Rachel Hinckley	15	CA EKU	07/12/2023 EGA Summer Championships
22*	29.16	L	F	Keira Holland	15	CRSC JHB	30/11/2023 CGA Championships 2023
22*	29.16	L	F	Kelci Leech	15	BLSS MAN	06/12/2023 Free State Champs 2023
24	29.18	L	F	Corli Liversage	15	BLSS MAN	06/12/2023 Free State Champs 2023
25*	29.22	L	F	Jaime Roome	15	TUKS TSH	20/03/2024 SA Level 3 Regional Age Group
25*	29.22	L	P	Jodi Boettger	15	USC BUF	15/03/2024 SA National Junior Age Group
27	29.29	L	F	Jaime Maritz	15	CSA EZD	20/03/2024 SA Level 3 Regional Age Group
28	29.34	L	P	Kailey Joubert	15	AZON ETH	23/02/2024 2024 Grand Prix 2 Invitational Meet -
29	29.39	L	P	Annebel Stewart	15	AZON ETH	15/03/2024 SA National Junior Age Group
30	29.44	L	F	Anri Van Der Westhuizen	15	BLOT MAN	06/12/2023 Free State Champs 2023
31	29.54	L	F	Mila Vd Linde	15	TUKS TSH	20/10/2023 NTS Level 3+ October Age Group 2023
32	29.56	L	P	Jessica Smith	15	ASA ILD	14/12/2023 KZNA 2023 Championships Incorp SSA
33	29.58	L S	P	Tyra Penn	15	AGB JHB	08/04/2024 SA National Aquatic Champ 2024-PE
34*	29.61	L S	F	Ava-Loren Van Galen	15	STAQ CED	14/12/2023 Western Cape LC-A Championship 2023
34*	29.61	L	P	Anne Marais	15	LP CCD	19/04/2024 SA Schools Swimming Championship
36	29.65	L	P	Gemma Goncalves	15	SEAL UMD	15/03/2024 SA National Junior Age Group
37	29.67	L	P	Rouxne Du Plessis	15	TUKS TSH	15/03/2024 SA National Junior Age Group
38	29.69	L	F	Natania Komakech	15	ELEC TSH	20/03/2024 SA Level 3 Regional Age Group
39	29.72	L	P	Madisynn Elliott	15	AA JHB	15/03/2024 SA National Junior Age Group
40	29.75	L S	F	Emily Liebenberg	15	SWAR WCD	14/12/2023 Western Cape LC-A Championship 2023
41	29.76	L	P	Hannah Burke	15	SFSC CPT	15/03/2024 SA National Junior Age Group
42	29.78	L	F	Emma Pinheiro	15	SMTG JHB	27/01/2024 CGA Level 2+ Gala 27 Jan 2024
43	29.82	L	F	Danielle Harbron	15	BLOT MAN	06/12/2023 Free State Champs 2023
44	29.87	L	P	Juliette van Vught	15	SASE JHB	15/03/2024 SA National Junior Age Group
45	29.92	L S	P	Ella Eldar	15	AGC TSH	08/04/2024 SA National Aquatic Champ 2024-PE
46*	29.96	L	P	Keira Taylor	15	TUKS TSH	12/12/2023 NTS Championships 2023
46*	29.96	L S	P	Chloe Olivier	15	AGA EKU	08/04/2024 SA National Aquatic Champ 2024-PE
48	29.97	L	P	Mia Wellsted	15	HASC JHB	20/03/2024 SA Level 3 Regional Age Group
49	30.04	L	F	Leah Markgraaff	15	TUKS TSH	23/02/2024 NTS Prestige AG February 2024
50*	30.11	L	P	Lily Durant	15	WATR JHB	20/03/2024 SA Level 3 Regional Age Group
50*	30.11	L	P	Danika Van Zyl	15	KZNA ETH	19/04/2024 SA Schools Swimming Championship
52	30.14	L	P	Caitlyn Dube	15	MDOL JHB	30/11/2023 CGA Championships 2023
53	30.17	L	F	Gabriella Otto	15	ELEC TSH	20/03/2024 SA Level 3 Regional Age Group
54	30.19	L	F	Mikayla Smit	15	AA JHB	24/02/2024 CGA Level 2+ Last Chance Gala 24 Feb
55	30.24	L	P	Michaela Nell	15	AAS JHB	30/11/2023 CGA Championships 2023
56	30.26	L	P	Amy O'Connor	15	CRSC JHB	30/11/2023 CGA Championships 2023
57	30.28	L	F	Skyla Perumal	15	WATR JHB	26/07/2023 Giochi Del Tricolore Swim
58	30.29	L	P	Stacey Smith	15	PAC TSH	12/12/2023 NTS Championships 2023

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**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
59*	30.31 L S	P	Mari Wium	15	QSAW	GED	14/12/2023 Western Cape LC-A Championship 2023
59*	30.31 L S	P	Zoë Goebel	15	TYGE	CPT	14/12/2023 Western Cape LC-A Championship 2023
61	30.35 L	P	Jorja Parsons	15	PSCP	UMD	14/12/2023 KZNA 2023 Championships Incorp SSA
62	30.37 L	F	Kate-Lynn de Jager	15	BLOT	MAN	06/12/2023 Free State Champs 2023
63*	30.39 L	F	Sophia Trout	15	VINE	CPT	11/11/2023 Winelands SL4
63*	30.39 L	F	Robyn Barbour	15	ESP	EKU	20/03/2024 SA Level 3 Regional Age Group
65	30.40 L S	P	Shanna-Leigh Zeelie	15	BLMA	CPT	14/12/2023 Western Cape LC-A Championship 2023
66	30.45 L	F	Lili Kannisto	15	NMDO	JH	14/10/2023 CGA Level 2 + Gala Oct 2023
67	30.46 L	P	Kiara Banks	15	TUKS	FSH	12/12/2023 NTS Championships 2023
68	30.47 L	F	Madison du Plessis	15	BLOT	MAN	11/11/2023 Bull Sharks Gala
69	30.48 L	F	Marlene Ward	15	TUKS	FSH	22/09/2023 NTS Level 3+ September Age Group
70	30.51 L	F	Megan Neizel	15	PSCP	UMD	21/03/2024 SA Level 3 Regional Age Group
71	30.63 L	P	Jemma Pearse	15	VINE	CPT	15/03/2024 SA National Junior Age Group
72	30.64 L	P	Kayleigh Hahn	15	ROA	EDD	09/02/2024 Infinity Gala 2024
73	30.66 L S	F	Emma Neethling	15	FISH	EDD	05/10/2023 42nd Freda Barnard Invitational Gala
74	30.67 L	F	Gianna Collard	15	TUKS	FSH	20/10/2023 NTS Level 3+ October Age Group 2023
75	30.68 L	F	Maria Steyn	15	BLSS	MAN	21/03/2024 SA Level 3 Regional Age Group
76	30.69 L	P	Rii Spoelstra	15	TUKS	FSH	12/12/2023 NTS Championships 2023
77	30.71 L	F	Cait Da Cunha	15	BON	EKU	11/11/2023 EGA Summer 3
78	30.77 L	P	Kaylie Groenewald	15	ACAQ	CCD	20/03/2024 SA Level 3 Regional Age Group
79	30.80 L	F	Elizabeth Victor	15	UNI	EZD	23/09/2023 MP SPRINT GALA 23 SEPTEMBER
80	30.83 L	F	Danaleigh Swanepoel	15	RFA	FSH	01/12/2023 Limpopo Champs
81	30.87 L	P	Simone Cussons	15	UNI	EZD	01/12/2023 Mpumalanga Championships 2023
82	30.88 L	F	Donne Bruyns	15	CSA	EZD	23/09/2023 MP SPRINT GALA 23 SEPTEMBER
83	30.91 L	F	Keera De Esclana	15	VRC	FSH	01/12/2023 2023 The Tshwane Mayor's Gala
84	30.95 L	P	Milri-Ann Summerton	15	NWUC	KKD	20/03/2024 SA Level 3 Regional Age Group
85*	30.97 L	F	Amy-Lee Jones	15	CA	EKU	28/10/2023 EGA Summer 2 2023
85*	30.97 L	P	Ianthy Moolman	15	MSC	NGD	01/12/2023 Mpumalanga Championships 2023
87	31.02 L	F	Gabriella Kirsten	15	QSAW	GED	11/11/2023 Winelands SL4
88	31.03 L	F	René Kotzé	15	POTC	KKD	06/12/2023 NWS Championships 2023/24
89	31.06 L	F	Siobhan Evans	15	CA	EKU	26/01/2024 EGA Last Chance 2024
90	31.07 L	F	Kaylin Bezuidenhoud	15	BLOT	MAN	06/12/2023 Free State Champs 2023
91	31.08 L	F	Elrike du Plessis	15	HREF	BP	26/01/2024 NTS Level 3+ January Age Group 2024
92	31.12 L	P	Catherine O'Grady	15	MSC	NGD	20/03/2024 SA Level 3 Regional Age Group
93	31.15 L	F	Carine Röntgen	15	ASAW	GED	03/02/2024 Winelands SL final
94	31.17 L	P	Kelly Stork	15	BAS	EKU	15/03/2024 SA National Junior Age Group
95*	31.18 L	P	Milan Van Heerden	15	AZON	ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
95*	31.18 L	F	Tshenolo Ntsie	15	RSA		03/05/2023 CANA Zone IV Swimming Champions
97	31.19 L	P	Lara Eckersley	15	CRSC	JHB	20/03/2024 SA Level 3 Regional Age Group
98	31.21 L S	P	Mia Gerber	15	LALE	GED	14/12/2023 Western Cape LC-A Championship 2023
99*	31.24 L	P	Jade O'Connor	15	TUKS	FSH	12/12/2023 NTS Championships 2023
99*	31.24 L	F	Daniëlla Müller	15	TUKS	FSH	20/10/2023 NTS Level 3+ October Age Group 2023
101*	31.33 L	F	Zoë Steyn	15	HREF	BP	06/12/2023 NWS Championships 2023/24
101*	31.33 L	P	Paige Edmundson	15	SASE	JHB	20/03/2024 SA Level 3 Regional Age Group
103	31.35 L	F	Anne Steyl	15	UPSK	ZMD	07/12/2023 NCASA CHAMPS 7 - 10 DEC 2023
104	31.36 L	F	Antonella Del Fabbro	15	TUKS	FSH	01/12/2023 2023 The Tshwane Mayor's Gala
105*	31.39 L	P	Paris Shiwundlana	15	AFIN	JHB	30/11/2023 CGA Championships 2023
105*	31.39 L	F	Megan Nieman	15	PSC	FSH	17/11/2023 NTS Level 3+ November Age Group
107*	31.40 L	F	Sunny Huang	15	CA	EKU	15/09/2023 EGA Summer 1
107*	31.40 L S	P	Katey Nel	15	SOUL	EKU	07/12/2023 EGA Summer Championships
109	31.42 L	F	Lily Ogden	15	PEAS	NMA	15/12/2023 NMBA Championships 2023
110*	31.45 L	F	Ayalakha Mokoena	15	INFA	NMA	23/09/2023 3rd A League Gala 2023
110*	31.45 L	F	Catherine Desilla	15	SASE	JHB	20/01/2024 CGA Level 2+ Gala 20 Jan 2024
112	31.46 L	F	Leandre De Lange	15	HMER	MP	14/10/2023 Limpopo Top 8 - High Schools
113	31.49 L	F	Emma Brooks	15	SWAR	WCD	10/02/2024 WCA-B Champs - 2024
114	31.50 L	F	Amelie Van der Merwe	15	RFA	FSH	01/12/2023 2023 The Tshwane Mayor's Gala
115	31.59 L	F	Simonè Schonken	15	TASC	MPD	24/03/2024 SA Level 2 Regional Age Group Champs
116	31.62 L	P	Georgia Gouws	15	BEST	NMA	09/02/2024 Infinity Gala 2024
117	31.63 L	P	Annabell Sirrals	15	TUKS	FSH	20/03/2024 SA Level 3 Regional Age Group

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	Time	P/F/S	Name	Age/Yr					
118*	31.66	L S	F	Storme Badenhorst	15	MANT	CPT	24/11/2023	CTA A & B CHAMPS 2023
118*	31.66	L	F	Summer Ascielli	15	CYBE	CPT	10/02/2024	WCA-B Champs - 2024
120*	31.68	L	P	Jenna Morris	15	VINE	CPT	15/03/2024	SA National Junior Age Group
120*	31.68	L	P	Johané Jv Rensburg	15	TUKS	FSH	12/12/2023	NTS Championships 2023
122	31.70	L	P	Jordan Wessels	15	ASA	ILD	14/12/2023	KZNA 2023 Championships Incorp SSA
123	31.72	L	P	Carme Louw	15	TASC	MPD	20/03/2024	SA Level 3 Regional Age Group
124	31.75	L	P	Yvonne Pretorius	15	MSC	NGD	01/12/2023	Mpumalanga Championships 2023
125	31.77	L	F	Isla Minderon	15	PEAS	NMA	11/11/2023	5th A League Gala 2023
126	31.79	L	F	Chloe Petersen	15	TUKS	FSH	01/12/2023	2023 The Tshwane Mayor's Gala
127	31.80	L	F	Nakita Snyman	15	FLOD	JHB	24/03/2024	SA Level 2 Regional Age Group Champs
128*	31.84	L S	P	Emma Lategan	15	CASC	CPT	14/12/2023	Western Cape LC-A Championship 2023
128*	31.84	L S	P	Hannah Schreuder	15	SAAW	CPT	14/12/2023	Western Cape LC-A Championship 2023
130*	31.85	L	F	Mila Petrak	15	ELEC	FSH	01/12/2023	2023 The Tshwane Mayor's Gala
130*	31.85	L	F	Esti Mouton	15	SWAR	WCD	10/02/2024	WCA-B Champs - 2024
130*	31.85	L	F	Bianke Von Schlichting	15	PRA	GSD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
133	31.87	L	P	Caitlin Govender	15	SGUL	ETH	05/04/2024	SA Level 2 Regional Age Group Champs
134	31.88	L	P	Makula Kyabayinze	15	TUKS	FSH	12/12/2023	NTS Championships 2023
135	31.89	L	P	Tayla Dowie	15	QUES	JHB	20/03/2024	SA Level 3 Regional Age Group
136*	31.91	L	F	Ilanze du Plessis	15	BLSS	MAN	06/12/2023	Free State Champs 2023
136*	31.91	L	F	Emily Shand	15	BLUO	UGD	24/11/2023	Westville-Seals LC Championships
138	31.93	L	F	Mekayla Pretorius	15	HWSK	FBD	03/02/2024	NCASA SPRINTS 2024
139*	31.98	L	F	Tatum Topliss	15	MAKO	EKU	15/09/2023	EGA Summer 1
139*	31.98	L S	P	Megan Augustyn	15	ONYX	EKU	07/12/2023	EGA Summer Championships
141	32.01	L	F	Maya Ndegwa	15	ELEC	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
142	32.02	L	P	Jessica Sardinha	15	BAS	EKU	20/03/2024	SA Level 3 Regional Age Group
143	32.05	L	F	Lara Louw	15	BLNE	MAN	16/02/2024	Neptunes Last chance Gala
144*	32.07	L	P	Nicole Van Zyl	15	CA	EKU	20/03/2024	SA Level 3 Regional Age Group
144*	32.07	L	P	Ivana Vyncke	15	AGB	JHB	08/04/2024	SA National Aquatic Champ 2024-PE
146	32.08	L	P	Mea Harding	15	BAS	EKU	20/03/2024	SA Level 3 Regional Age Group
147	32.10	L	P	Jaimee Marais	15	ELRAS	WBD	20/03/2024	SA Level 3 Regional Age Group
148*	32.12	L	P	Megan Webster	15	RFA	FSH	12/12/2023	NTS Championships 2023
148*	32.12	L	P	Kuzingca Siramza	15	AQUA	BUF	24/06/2023	PEA Winter Gala 2023
150	32.14	L	F	Shyenne Laubscher	15	WELA	LLD	26/03/2024	SA Level 2 Regional Age Group Champs
151*	32.16	L	F	Chrisley Barnard	15	BS	LLD	27/10/2023	Neptune Prestige Gala
151*	32.16	L	P	Georgia Alston	15	SASE	JHB	20/03/2024	SA Level 3 Regional Age Group
153*	32.22	L	F	Esmarie Terblanche	15	LALE	GED	03/02/2024	Winelands SL final
153*	32.22	L S	F	Mieke Vd Walt	15	FISH	EDD	05/10/2023	42nd Freda Barnard Invitational Gala
153*	32.22	L	F	Larissa Visagie	15	LALE	GED	03/02/2024	Winelands SL final
156	32.25	L	P	Vera Chen	15	BLSS	MAN	15/03/2024	SA National Junior Age Group
157	32.29	L	F	Alexandra Santos	15	PSCP	UMD	05/04/2024	SA Level 2 Regional Age Group Champs
158	32.34	L	P	Kganya Mashigo	15	PAC	FSH	12/12/2023	NTS Championships 2023
159*	32.36	L	F	Camryn Shaw	15	PAHS	NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
159*	32.36	L	P	Nina Melka	15	TUKS	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
161*	32.41	L	F	Nicole Norman	15	WATR	JHB	26/07/2023	Giochi Del Tricolore Swim
161*	32.41	L	F	Taylor Ririe	15	BLNE	MAN	27/10/2023	Neptune Prestige Gala
163	32.42	L	F	Hannah Sandilands	15	MDOL	JHB	12/01/2024	2024 Grand Prix Invitation Swimming
164	32.43	L S	F	Rebecca White	15	SSISA	CPT	24/11/2023	CTA A & B CHAMPS 2023
165	32.44	L	F	Anmi Slabbert	15	PAQU	GED	10/02/2024	WCA-B Champs - 2024
166*	32.52	L	P	Jemma Park	15	CRSC	JHB	30/11/2023	CGA Championships 2023
166*	32.52	L	P	Mia Johnson	15	AAS	JHB	20/03/2024	SA Level 3 Regional Age Group
168	32.53	L S	F	Judy Stevens	15	QUIC	CPT	24/11/2023	CTA A & B CHAMPS 2023
169*	32.57	L	P	Lumka Ntaka	15	UMSH	ETH	05/04/2024	SA Level 2 Regional Age Group Champs
169*	32.57	L	P	Katia Jacob	15	HASC	JHB	24/03/2024	SA Level 2 Regional Age Group Champs
171*	32.59	L	F	Anè Kemp	15	SWAR	WCD	10/02/2024	WCA-B Champs - 2024
171*	32.59	L	F	Emma Thompson	15	PSC	FSH	01/12/2023	2023 The Tshwane Mayor's Gala
173	32.60	L	F	Abigail Pieterse	15	HARV	NMA	17/02/2024	Eastern Cape School Trials 2024
174*	32.61	L	F	Ashley Seymour	15	WELA	LLD	06/12/2023	Free State Champs 2023
174*	32.61	L	P	Zante Young	15	RBUR	BPD	06/12/2023	NWS Championships 2023/24
176	32.62	L	F	Kayla Vosloo	15	BLOT	MAN	13/10/2023	Pelicans Gala

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 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
177	32.63 L S	F	Keona Landman	15	AACTA CPT	24/11/2023	CTA A & B CHAMPS 2023
178	32.64 L S	P	Sandri Visser	15	PLAY CED	14/12/2023	Western Cape LC-A Championship 2023
179	32.66 L	F	Kayla Welgemoed	15	VALS FDD	26/03/2024	SA Level 2 Regional Age Group Champs
180	32.67 L	F	Nina Van Tonder	15	LALE CED	11/11/2023	Winelands SL4
181	32.68 L	P	Keira Bester	15	DORE JHB	20/03/2024	SA Level 3 Regional Age Group
182	32.74 L	P	Megan Van den Heever	15	UNI EZD	01/12/2023	Mpumalanga Championships 2023
183	32.75 L	F	Stacey Fisher	15	TRAZ TSH	01/12/2023	2023 The Tshwane Mayor's Gala
184	32.77 L	F	Ilze Hendriks	15	LEGC ETH	05/04/2024	SA Level 2 Regional Age Group Champs
185	32.82 L	F	Kate-Lynn Kruger	15	DESA NMA	15/12/2023	NMBA Championships 2023
186*	32.85 L	F	Anneke Stassen	15	CASC CPT	10/02/2024	WCA-B Champs - 2024
186*	32.85 L	F	Celine Miles	15	BLUO UGD	24/11/2023	Westville-Seals LC Championships
186*	32.85 L	P	Sinoah Pretorius	15	HPS TSH	24/03/2024	SA Level 2 Regional Age Group Champs
189	32.86 L	F	Mia De Klerk	15	CSA EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
190	32.87 L	F	Hannah Krummeck	15	HARV NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
191	32.95 L S	F	Lara Wink	15	VINE CPT	24/11/2023	CTA A & B CHAMPS 2023
192	32.96 L	P	Mariel van der Net	15	JAQ ECU	24/03/2024	SA Level 2 Regional Age Group Champs
193	32.99 L	P	Victoria-Ann Anthony	15	BON ECU	24/03/2024	SA Level 2 Regional Age Group Champs
194	33.15 L	F	Jocelyn Cromhout	15	HARL BUF	24/11/2023	BCA Long Course Championships 2023
195*	33.25 L	F	Chloe Byrne	15	SEAL UMD	27/01/2024	Ushaka Champs 2024
195*	33.25 L	F	Buhle Mahlalela	15	UNI EZD	29/09/2023	MP AGE GROUP 1 29.09.2023 -
197	33.32 L	P	Zadie Van Wyk	15	TRAZ TSH	24/03/2024	SA Level 2 Regional Age Group Champs
198	33.40 L S	F	Mia Crookham	15	TYGE CPT	24/11/2023	CTA A & B CHAMPS 2023
199	33.44 L	F	Lerize Du Toit	15	PHS CCD	27/01/2024	Limpopo School Champs
200	33.45 L S	F	WanRu Zhou	15	BLMA CPT	05/10/2023	42nd Freda Barnard Invitational Gala
201*	33.48 L	F	Lara Verhoef	15	ASAC CPT	18/11/2023	CTA QUALIFYING MEET 2
201*	33.48 L	P	Sienna Lombard	15	HPS TSH	24/03/2024	SA Level 2 Regional Age Group Champs
203	33.49 L	F	Ogalaletseng Khosana	15	WATR JHB	26/07/2023	Giochi Del Tricolore Swim
204	33.53 L	F	Shay-Leigh Pieters	15	HURA CPT	03/02/2024	Winelands SL final
205	33.55 L	F	Tia Mari Theron	15	HSBV SKD	27/01/2024	Limpopo School Champs
206	33.63 L	P	Micaela Mutooni	15	ELEC TSH	24/03/2024	SA Level 2 Regional Age Group Champs
207	33.68 L	P	Cala Welgemoed	15	VALS FDD	26/03/2024	SA Level 2 Regional Age Group Champs
208	33.69 L	F	Ingrid Van Loggerenberg	15	TUKS TSH	02/02/2024	NTS Level 1+2 February Age Group
209	33.77 L S	F	Zia Petersen	15	XSAQ CPT	24/11/2023	CTA A & B CHAMPS 2023
210	33.78 L	F	Charlotte Staines	15	DSG NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
211	33.79 L	F	Elizabeth Opperman	15	KTS	03/02/2024	NCASA SPRINTS 2024
212*	33.80 L	F	Reese Edwards	15	SSISA CPT	11/11/2023	Winelands SL4
212*	33.80 L	F	Gaby Bishop	15	BETH FDD	06/12/2023	Free State Champs 2023
214	33.86 L	F	Eva-Bella Bonomi	15	TRAZ TSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
215	33.87 L	F	Georgia Knight	15	WATR JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
216	33.92 L	F	Lumè Lategan	15	HBV MP	14/10/2023	Limpopo Top 8 - High Schools
217	33.94 L	P	Leeya Amon	15	CASC CPT	24/06/2023	PEA Winter Gala 2023
218	33.97 L	F	Naseerah Vd Merwe	15	WEST CPT	17/02/2024	Swartland Invitational Gala 2024
219*	34.01 L	P	Maria Dos Santos	15	HREF BP	06/12/2023	NWS Championships 2023/24
219*	34.01 L	F	Lelanie Buhr	15	SWAR WCD	10/02/2024	WCA-B Champs - 2024
221*	34.06 L	F	Michaela Clegg	15	PEAS NMA	01/10/2023	Curro AquaElite Gala
221*	34.06 L	F	Chloe Jewell	15	PEAS NMA	17/02/2024	Eastern Cape School Trials 2024
223	34.07 L	F	Sian Kleynhans	15	ROA EDD	15/12/2023	NMBA Championships 2023
224	34.08 L	F	Esther Sauls	15	PGAC ECU	15/09/2023	EGA Summer 1
225	34.11 L	F	Mia Sarakis	15	CRSC JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
226*	34.15 L	F	Leanne Fourie	15	HSB BP	23/02/2024	NW School Championships 2024
226*	34.15 L	F	Lungiswa Grootboom	15	SWAR WCD	11/11/2023	Swartland Prestige Gala 2023
228*	34.24 L	F	Anè Cloete	15	TYGE CPT	17/09/2023	CTA BMEET 3
228*	34.24 L	F	Deoné Borstlap	15	POTC KKD	21/10/2023	NWS Age Group 1 & 2 2023
230	34.30 L	P	Miela Smit	15	AQUA BUF	21/03/2024	SA Level 3 Regional Age Group
231	34.31 L	F	Izolde Lombard	15	ASAC CPT	03/02/2024	Winelands SL final
232	34.32 L	P	Izabella Alevras	15	SMTC JHB	20/03/2024	SA Level 3 Regional Age Group
233	34.39 L	P	Oratile Matli	15	ESTR ECU	24/03/2024	SA Level 2 Regional Age Group Champs
234	34.41 L	P	Milla Douglas	15	AZON ETH	05/04/2024	SA Level 2 Regional Age Group Champs
235	34.50 L	F	Carli Dippenaar	15	ROA EDD	18/11/2023	Eden LC Champs 2023

## Individual Top Times

**Times since: 01-May-23**  
**Number of Top Times: All**

**Times until: 30-Apr-24**  
**Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
236	34.51 L	F	Kiara Storm	15	STSC KCD	02/12/2023	Stingrays Swim Champs 2023
237	34.57 L	F	Anchei Louw	15	HBV MP	14/10/2023	Limpopo Top 8 - High Schools
238	34.67 L	P	Sadie Jelley	15	RFA TSH	24/03/2024	SA Level 2 Regional Age Group Champs
239*	34.82 L	F	Ashleigh Davies	15	WELA LLD	26/08/2023	kovsie Sprint Gala
239*	34.82 L	F	Chrystil Raymond	15	CSA EZD	02/02/2024	MP AGE GROUP 5 GALA
241	34.98 L	F	Imaan Velloo	15	MANT CPT	10/02/2024	WCA-B Champs - 2024
242	35.02 L	F	Runakorwashe Makumbe	15	TUKS TSH	01/12/2023	2023 The Tshwane Mayor's Gala
243	35.10 L	F	Chanè Grobbelaar	15	SWAR WCD	10/02/2024	WCA-B Champs - 2024
244	35.17 L	F	Annika Potgieter	15	POTC KKD	21/10/2023	NWS Age Group 1 & 2 2023
245	35.25 L	F	Jenna White	15	ELRAS WBD	11/11/2023	Limpopo Age Group 5
246	35.26 L	P	Brooklyn-Taylor Sunker	15	MAKO EKU	24/03/2024	SA Level 2 Regional Age Group Champs
247	35.29 L	F	Sienna Wilensky	15	ASAC CPT	10/02/2024	WCA-B Champs - 2024
248	35.42 L S	F	Ebenette Van Niekerk	15	FISH EDD	05/10/2023	42nd Freda Barnard Invitational Gala
249*	35.52 L	F	Thandolwenkosi Mabaso	15	FRA KCD	21/10/2023	Froggies Championships 2023
249*	35.52 L	F	Onkarabile Molamu	15	PGH KK	23/02/2024	NW School Championships 2024
251	35.55 L	P	Gabriella Carminati	15	AFIN JHB	24/03/2024	SA Level 2 Regional Age Group Champs
252	35.56 L	F	Kiara Krauss	15	GREY CPT	11/11/2023	Winelands SL4
253*	35.59 L	F	Isabè Van Dyk	15	CUHE OBD	11/11/2023	Swartland Prestige Gala 2023
253*	35.59 L	F	Angela Daffue	15	PENC EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21
255	35.65 L	F	Jacoline Crous	15	SWAR WCD	11/11/2023	Swartland Prestige Gala 2023
256	35.66 L	F	Leah Crozier	15	FAAC	10/02/2024	AGE GROUP 6 KBY - 2024
257*	35.71 L	F	Gabriela Dimitrova	15	TUKS TSH	01/12/2023	2023 The Tshwane Mayor's Gala
257*	35.71 L	F	Chelsea Snyman	15	SS MPD	01/12/2023	Limpopo Champs
259	35.74 L	P	Shannon Rautenbach	15	UNI EZD	01/12/2023	Mpumalanga Championships 2023
260	35.75 L	F	Alaynah Bhamjee	15	WATR JHB	26/07/2023	Giochi Del Tricolore Swim
261	35.99 L	F	Shaelyn Lawson	15	AQUA BUF	24/11/2023	BCA Long Course Championships 2023
262	36.01 L	F	Minette Els	15	BETH FDD	16/02/2024	Neptunes Last chance Gala
263	36.03 L	F	Logan Francke	15	RBOT BPD	11/11/2023	NWS Age Group 3 + 4
264	36.05 L S	F	Kayla Spagnoletti	15	SAAW CPT	24/11/2023	CTA A & B CHAMPS 2023
265	36.20 L	F	Emma Jansen van Rensburg	15	QSAW CED	11/11/2023	Winelands SL4
266	36.24 L	F	Natalie Robinson	15	BERG BP	23/02/2024	NW School Championships 2024
267	36.30 L S	P	Kholofelo Seabi	15	SWIFT EKU	07/12/2023	EGA Summer Championships
268	36.35 L	F	Olethiwe Mqadi	15	CASC CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
269	36.55 L	F	Alexandra Sheppard	15	STAR BPD	21/10/2023	NWS Age Group 1 & 2 2023
270	36.58 L	F	Selente Oosthuysen	15	HREF BP	21/10/2023	NWS Age Group 1 & 2 2023
271	36.81 L	F	Beané du Plessis	15	STELL RMD	06/12/2023	NWS Championships 2023/24
272	36.84 L	P	Lisa van der Westhuizen	15	POTC KKD	06/12/2023	NWS Championships 2023/24
273	37.06 L	F	Kim Ruwona	15	HSTAN MP	14/10/2023	Limpopo Top 8 - High Schools
274	37.09 L	F	Sadie Kata	15	SWIFT EKU	02/03/2024	AG Level 1 Regional Age Group
275	37.12 L	F	Lyrece Louw	15	SUPE JHB	02/03/2024	AG Level 1 Regional Age Group
276	37.34 L	F	Lucy James	15	UPC EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21
277	37.39 L	F	Ammaarah Davids	15	XSAQ CPT	17/09/2023	CTA BMEET 3
278	37.53 L	P	Veera Khusal	15	BON EKU	24/03/2024	SA Level 2 Regional Age Group Champs
279	37.78 L	F	Mignon Burger	15	SWAR WCD	11/11/2023	Swartland Prestige Gala 2023
280	37.81 L	F	Amy Klink	15	JAQ EKU	02/03/2024	AG Level 1 Regional Age Group
281*	37.82 L	F	Paxton Rankin	15	TLAC BPD	21/10/2023	NWS Age Group 1 & 2 2023
281*	37.82 L	F	Dakota Wratten	15	DSG NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
283	37.96 L	F	Elia Jones	15	HSTAN MP	14/10/2023	Limpopo Top 8 - High Schools
284	38.03 L	F	Helena Van Vuuren	15	KALA	03/02/2024	NCASA SPRINTS 2024
285	38.11 L	F	Abigail Cullen	15	WELA LLD	26/03/2024	SA Level 2 Regional Age Group Champs
286	38.19 L	F	Humairah Safi	15	ISSA NM	23/02/2024	NW School Championships 2024
287	38.71 L	F	Jessimie Van der Sandt	15	LALE CED	17/02/2024	Swartland Invitational Gala 2024
288	39.09 L	F	Gabrielle Kramer	15	VPHS NMA	17/02/2024	Eastern Cape School Trials 2024
289	39.31 L	F	Esther Erasmus	15	PGH KK	23/02/2024	NW School Championships 2024
290	39.46 L	F	Chulumanco Nyukwana	15	MPS NGD	03/02/2024	Buffalo City School Trials 2024
291	39.48 L	F	Bathiyana Zondo	15	BARR CPT	17/09/2023	CTA BMEET 3
292	39.51 L	F	Zainah Akhalwaya	15	OLDE JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
293	39.81 L	F	Johanika Groenewald	15	UNI EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
294	39.87 L	F	Yandisa Ndlovu	15	ACSA ETH	27/01/2024	Ushaka Champs 2024

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
295	40.42 L	F	Lwazi Mqeke	15	WELA LLD	27/10/2023	Neptune Prestige Gala
296	40.48 L	F	Khwezi Khaba	15	UMSH ETH	16/02/2024	EDA Age Group Gala 6 2024
297	40.54 L	F	Karabo Malinga	15	USHAK EKU	02/03/2024	AG Level 1 Regional Age Group
298	40.65 L	F	Elza Zietsman	15	PHS CCD	14/10/2023	Limpopo Top 8 - High Schools
299	40.66 L	F	Kaelo Makhathe	15	ESP EKU	11/11/2023	EGA Summer 3
300	40.93 L	F	Lesedi Kgarimetsa	15	SWIM1 JHB	02/03/2024	AG Level 1 Regional Age Group
301	41.04 L	F	Thesnay Masalisa	15	PRIO NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
302	41.07 L	F	Zoe Pelsler	15	CAMB BUF	03/02/2024	Buffalo City School Trials 2024
303	41.24 L	F	Thea Vermaak	15	WELA LLD	16/02/2024	Neptunes Last chance Gala
304	41.41 L S	F	Xoey Williams	15	UWCA CPT	24/11/2023	CTA A & B CHAMPS 2023
305	41.58 L	F	Annica Brand	15	CLSC WCD	17/02/2024	Swartland Invitational Gala 2024
306	42.23 L	F	Bontle Makhalanyane	15	WELA LLD	02/03/2024	FSA Level 1 2024
307	42.50 L	F	Ruchelle Smit	15	WAGH BP	23/02/2024	NW School Championships 2024
308	42.82 L	F	Giselle Coetzee	15	BLOT MAN	26/08/2023	kovsie Sprint Gala
309	42.87 L	F	Chane Cockburn	15	BERG BP	23/02/2024	NW School Championships 2024
310	43.67 L	F	Zoë Pierce	15	ESTR EKU	02/03/2024	AG Level 1 Regional Age Group
311	44.02 L S	F	Jessica Bennett	15	SAAW CPT	24/11/2023	CTA A & B CHAMPS 2023
312	44.04 L	F	Shauna Hoole	15	CAMB BUF	03/02/2024	Buffalo City School Trials 2024
313	44.14 L	F	Tazlyn Davids	15	CAMB BUF	03/02/2024	Buffalo City School Trials 2024
314	44.78 L	F	Naseerah Du Toit	15	UWCA CPT	10/02/2024	WCA-B Champs - 2024
315	44.95 L	F	Simone Bronkhorst	15	SS MPD	11/11/2023	Limpopo Age Group 5
316	45.10 L	F	Telana Breytenbach	15	HSO TSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
317	45.55 L	F	Letlotlo Kgositlou	15	MATL KKD	11/11/2023	NWS Age Group 3 + 4
318	45.62 L	F	Ayanda Luthuli	15	USH KCD	27/01/2024	Ushaka Champs 2024
319	45.65 L	F	Esethu Mabula	15	SRAY BUF	24/11/2023	BCA Long Course Championships 2023
320	46.66 L	F	Esthea Fourie	15	WAGH BP	23/02/2024	NW School Championships 2024
321	47.05 L	F	Michelle Seerane	15	RBOT BPD	11/11/2023	NWS Age Group 3 + 4
322	48.48 L	F	Anesu Mushonga	15	ISSA NM	23/02/2024	NW School Championships 2024
323	49.44 L	F	Juane j v Vuuren	15	RHS BP	23/02/2024	NW School Championships 2024
324	49.56 L	F	Ronita Exford	15	CAMB BUF	03/02/2024	Buffalo City School Trials 2024
325	50.70 L	F	Justine-Annah Sengooba	15	PGH KK	23/02/2024	NW School Championships 2024
326	58.54 L S	P	Jo-Anne van Dyk	15	JAQ EKU	07/12/2023	EGA Summer Championships
<b>Women 15-15 100 Free</b>							
1	57.97 L	F	Jaime Mote	15	INFA NMA	15/03/2024	SA National Junior Age Group
2	59.77 L	F	Jesse-Leah Laderach	15	PEAS NMA	19/04/2024	SA Schools Swimming Championship
3	59.78 L	F	Leila Yazbek	15	BLNE MAN	15/03/2024	SA National Junior Age Group
4	59.81 L	F	Emily Palmer	15	USC BUF	15/03/2024	SA National Junior Age Group
5	59.83 L	F	Gizelle Maritz	15	WATR JHB	15/03/2024	SA National Junior Age Group
6	1:00.23 L	P	Kayla Gous	15	ECA BUF	08/04/2024	SA National Aquatic Champ 2024-PE
7	1:00.58 L	P	Lara Gouws	15	TUKS TSH	15/03/2024	SA National Junior Age Group
8	1:00.59 L	P	Rachel Hinckley	15	CA EKU	15/03/2024	SA National Junior Age Group
9	1:01.03 L	F	Ashley Scholtz	15	CA EKU	15/03/2024	SA National Junior Age Group
10	1:01.47 L	P	Grace Powell	15	AGC TSH	08/04/2024	SA National Aquatic Champ 2024-PE
11	1:01.54 L	F	Annebel Stewart	15	AZON ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
12	1:01.71 L	F	Jenna Coetzee	15	INFA NMA	15/12/2023	NMBA Championships 2023
13	1:01.87 L	F	Angel Samoei	15	TUKS TSH	20/10/2023	NTS Level 3+ October Age Group 2023
14	1:02.02 L	P	Zandri Knoetze	15	INFA NMA	15/03/2024	SA National Junior Age Group
15	1:02.42 L	F	Mila Vd Linde	15	GAU JHB	19/04/2024	SA Schools Swimming Championship
16	1:02.71 L	P	Leah Scott	15	BLUO UGD	15/03/2024	SA National Junior Age Group
17	1:02.86 L	F	Abigail Roberts	15	TUKS TSH	12/12/2023	NTS Championships 2023
18*	1:03.09 L	P	Leah Markgraaff	15	AGC TSH	08/04/2024	SA National Aquatic Champ 2024-PE
18*	1:03.09 L	P	Kailey Joubert	15	AZON ETH	15/03/2024	SA National Junior Age Group
20	1:03.21 L	F	Amy Combrink	15	VINE CPT	14/12/2023	Western Cape LC-A Championship 2023
21	1:03.38 L	P	Rouxne Du Plessis	15	TUKS TSH	15/03/2024	SA National Junior Age Group
22	1:03.56 L	F	Emma Pinheiro	15	AAS JHB	30/11/2023	CGA Championships 2023
23	1:03.68 L	F	Corli Liversage	15	BLSS MAN	06/12/2023	Free State Champs 2023
24	1:03.71 L	F	Karla Myburgh	15	TUKS TSH	23/02/2024	NTS Prestige AG February 2024
25	1:04.01 L	P	Ruby Gaines	15	SEAL UMD	15/03/2024	SA National Junior Age Group
26	1:04.04 L	P	Katelyn Fourie	15	AGA EKU	08/04/2024	SA National Aquatic Champ 2024-PE

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr					
27	1:04.13	L	F	Jaime Maritz	15	CSA EZD	20/03/2024	SA Level 3 Regional	Age Group
28	1:04.17	L	P	Gemma Goncalves	15	SEAL UMD	15/03/2024	SA National Junior Age Group	
29	1:04.18	L	F	Lara Nel	15	SEALE ETH	21/01/2024	EDA Age Group Gala 5 2024	
30	1:04.23	L	F	Robyn Barbour	15	ESP EKV	20/03/2024	SA Level 3 Regional	Age Group
31	1:04.26	L	P	Mikayla Lombard	15	TUKS FSH	15/03/2024	SA National Junior Age Group	
32	1:04.30	L	F	Milla Hulse	15	KLOO ETH	21/03/2024	SA Level 3 Regional	Age Group
33	1:04.41	L	F	Keira Holland	15	CRSC JHB	20/03/2024	SA Level 3 Regional	Age Group
34	1:04.42	L	F	Emily Liebenberg	15	SWAR WCD	21/03/2024	SA Level 3 Regional	Age Group
35	1:04.43	L	F	Mari Wium	15	QSAW CED	21/03/2024	SA Level 3 Regional	Age Group
36	1:04.63	L	P	Hannah Burke	15	SFSC CPT	15/03/2024	SA National Junior Age Group	
37	1:04.73	L	F	Madisynn Elliott	15	AA JHB	26/01/2024	EGA Last Chance 2024	
38	1:04.78	L	P	Kate-Lynn de Jager	15	BLOT MAN	14/12/2023	Western Cape LC-A Championship 2023	
39	1:04.91	L	P	Chloe Olivier	15	AGA EKV	08/04/2024	SA National Aquatic Champ 2024-PE	
40	1:04.95	L	F	Mia Wellsted	15	HASC JHB	30/11/2023	CGA Championships 2023	
41	1:05.02	L	F	Emily Macqueen	15	SEALE ETH	24/11/2023	Westville-Seals LC Championships	
42	1:05.04	L	F	Michaela Nell	15	AAS JHB	30/11/2023	CGA Championships 2023	
43*	1:05.17	L	F	Maria Steyn	15	BLSS MAN	21/03/2024	SA Level 3 Regional	Age Group
43*	1:05.17	L	P	Madison du Plessis	15	FSA FS	08/04/2024	SA National Aquatic Champ 2024-PE	
45	1:05.26	L	F	Kelci Leech	15	BLSS MAN	06/12/2023	Free State Champs 2023	
46	1:05.27	L	F	Mikje Bocking	15	SEAL UMD	21/03/2024	SA Level 3 Regional	Age Group
47	1:05.35	L	F	Danielle Harbron	15	BLOT MAN	21/03/2024	SA Level 3 Regional	Age Group
48	1:05.36	L	P	Amy O'Connor	15	CRSC JHB	15/03/2024	SA National Junior Age Group	
49	1:05.64	L	F	Natania Komakech	15	ELEC FSH	12/01/2024	2024 Grand Prix Invitation Swimming	
50	1:05.68	L	F	Tyra Penn	15	WATR JHB	30/11/2023	CGA Championships 2023	
51	1:05.71	L	P	Jaime Roome	15	TUKS FSH	12/12/2023	NTS Championships 2023	
52	1:05.81	L	F	Daniëlla Müller	15	TUKS FSH	26/01/2024	NTS Level 3+ Januery Age Group 2024	
53	1:05.83	L	F	Mikayla Smit	15	AA JHB	20/03/2024	SA Level 3 Regional	Age Group
54	x1:05.84	L	F	Emma Neethling	15	FISH EDD	10/02/2024	WCA-B Champs - 2024	
55	1:05.86	L	F	Paige Edmundson	15	SASE JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024	
56	1:05.99	L	F	Juliette van Vught	15	SASE JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024	
57	1:06.01	L	P	Kiara Banks	15	TUKS FSH	15/03/2024	SA National Junior Age Group	
58	1:06.10	L	F	Kayla Verbaan	15	KLOO ETH	24/11/2023	Westville-Seals LC Championships	
59	1:06.21	L	P	Jessica Smith	15	ASA HLD	23/02/2024	2024 Grand Prix 2 Invitational Meet -	
60	1:06.25	L	P	Caitlyn Dube	15	MDOL JHB	15/03/2024	SA National Junior Age Group	
61	1:06.30	L	F	Lily Durant	15	WATR JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024	
62	1:06.32	L	P	René Kotzé	15	POTC KKD	06/12/2023	NWS Championships 2023/24	
63*	1:06.37	L	P	Amy-Lee Jones	15	CA EKV	20/03/2024	SA Level 3 Regional	Age Group
63*	1:06.37	L	F	Ella Eldar	15	TUKS FSH	23/02/2024	NTS Prestige AG February 2024	
65	1:06.39	L	P	Zoë Goebel	15	TYGE CPT	14/12/2023	Western Cape LC-A Championship 2023	
66	1:06.41	L	P	Shanna-Leigh Zeelie	15	BLMA CPT	14/12/2023	Western Cape LC-A Championship 2023	
67	1:06.42	L	F	Anri Van Der Westhuizen	15	BLOT MAN	27/01/2024	Pelicans Gala 2024	
68	1:06.44	L	P	Kelly Stork	15	BAS EKV	15/03/2024	SA National Junior Age Group	
69	1:06.54	L	P	Marlene Ward	15	TUKS FSH	12/12/2023	NTS Championships 2023	
70	1:06.55	L	P	Gianna Collard	15	TUKS FSH	20/03/2024	SA Level 3 Regional	Age Group
71	1:06.62	L	P	Danaleigh Swanepoel	15	RFA FSH	15/03/2024	SA National Junior Age Group	
72	1:06.74	L	F	Antonella Del Fabbro	15	TUKS FSH	24/03/2024	SA Level 2 Regional Age Group Champs	
73	1:06.82	L	F	Genevieve Christensen	15	ACSA ETH	21/01/2024	EDA Age Group Gala 5 2024	
74	1:07.13	L	F	Tehl-Cadi Day Garden	15	MGSC UGD	24/11/2023	Westville-Seals LC Championships	
75	1:07.16	L	P	Milri-Ann Summerton	15	NWUC KKD	20/03/2024	SA Level 3 Regional	Age Group
76	1:07.29	L	P	Danika Van Zyl	15	FRA KCD	14/12/2023	KZNA 2023 Championships Incorp SSA	
77	1:07.34	L	F	Anne Marais	15	TKS WBD	01/12/2023	Limpopo Champs	
78	1:07.36	L	P	Ava-Loren Van Galen	15	STAQ CED	15/03/2024	SA National Junior Age Group	
79	1:07.38	L	P	Tayla Dowie	15	QUES JHB	30/11/2023	CGA Championships 2023	
80	1:07.42	L	P	Jorja Parsons	15	PSCP UMD	14/12/2023	KZNA 2023 Championships Incorp SSA	
81*	1:07.45	L	P	Cait Da Cunha	15	BON EKV	07/12/2023	EGA Summer Championships	
81*	1:07.45	L	F	Georgia Gouws	15	BEST NMA	21/10/2023	4th A League Gala 2023	
83	1:07.64	L	P	Gabriella Otto	15	ELEC FSH	12/12/2023	NTS Championships 2023	
84	1:07.65	L	F	Simone Cussons	15	UNI EZD	01/12/2023	Mpumalanga Championships 2023	
85	1:07.73	L	F	Kayleigh Hahn	15	ROA EDD	04/11/2023	EDEN 3rd A-League School Trials Gala	

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
86	1:07.76	L	F	Skyla Perumal	15	WATR JHB	26/07/2023	Giochi Del Tricolore Swim
87	1:07.77	L	F	Donne Bruyns	15	CSA EZD	23/09/2023	MP SPRINT GALA 23 SEPTEMBER
88	1:07.99	L	P	Yvonne Pretorius	15	MP EZD	19/04/2024	SA Schools Swimming Championship
89	1:08.02	L	F	Jade O'Connor	15	TUKS FSH	22/09/2023	NTS Level 3+ September Age Group
90	1:08.12	L	F	Keera De Esclana	15	VRC FSH	02/02/2024	NTS Level 1+2 February Age Group
91	1:08.20	L	F	Keira Taylor	15	WATR JHB	26/07/2023	Giochi Del Tricolore Swim
92	1:08.21	L	F	Esti Mouton	15	SWAR WCD	10/02/2024	WCA-B Champs - 2024
93	1:08.43	L	F	Zianè Jantzen	15	QUIC CPT	18/11/2023	CTA QUALIFYING MEET 2
94	1:08.47	L	F	Carine Röntgen	15	ASAW CED	17/02/2024	Swartland Invitational Gala 2024
95*	1:08.52	L	F	Ilanthy Moolman	15	MSC NGD	03/11/2023	MP AGE GROUP 3 3&4 NOV 2023
95*	1:08.52	L	F	Lumka Ntaka	15	UMSH ETH	05/04/2024	SA Level 2 Regional Age Group Champs
97	1:08.53	L	P	Lily Ogden	15	PEAS NMA	24/06/2023	PEA Winter Gala 2023
98	1:08.56	L	F	Elizabeth Victor	15	UNI EZD	23/09/2023	MP SPRINT GALA 23 SEPTEMBER
99	1:08.60	L	P	Tshenolo Ntsie	15	TUKS FSH	12/12/2023	NTS Championships 2023
100	1:08.67	L	F	Chloe Petersen	15	TUKS FSH	24/03/2024	SA Level 2 Regional Age Group Champs
101	1:08.71	L	F	Naledi Thobeha	15	RSA	03/05/2023	CANA Zone IV SwimmingChampions
102*	1:08.83	L	F	Chrisley Barnard	15	BS LLD	06/12/2023	Free State Champs 2023
102*	1:08.83	L	P	Jodi Boettger	15	USC BUF	24/06/2023	PEA Winter Gala 2023
104	1:08.84	L	P	Johané Jv Rensburg	15	TUKS FSH	12/12/2023	NTS Championships 2023
105	1:08.88	L	F	Summer Ascielli	15	CYBE CPT	10/02/2024	WCA-B Champs - 2024
106	1:08.90	L	F	Sunny Huang	15	CA EKU	28/10/2023	EGA Summer 2 2023
107	1:08.91	L	P	Rii Spoelstra	15	TUKS FSH	12/12/2023	NTS Championships 2023
108	1:08.99	L	F	Megan Neizel	15	PSCP UMD	21/03/2024	SA Level 3 Regional Age Group
109	1:09.04	L	P	Annabell Sirrals	15	TUKS FSH	20/03/2024	SA Level 3 Regional Age Group
110	1:09.22	L	P	Megan Augustyn	15	ONYX EKU	07/12/2023	EGA Summer Championships
111*	1:09.32	L	P	Catherine O'Grady	15	MSC NGD	20/03/2024	SA Level 3 Regional Age Group
111*	1:09.32	L	F	Carne Louw	15	HMER MP	27/01/2024	Limpopo School Champs
113	1:09.35	L	P	Makula Kyabayinze	15	TUKS FSH	12/12/2023	NTS Championships 2023
114	1:09.44	L	P	Mea Harding	15	BAS EKU	20/03/2024	SA Level 3 Regional Age Group
115	1:09.50	L	P	Kemantha Ayair	15	BEAV ETH	05/04/2024	SA Level 2 Regional Age Group Champs
116	1:09.56	L	F	Stephanie Jurado	15	SSISA CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
117*	1:09.62	L	F	Zoé Steyn	15	HREF BP	06/12/2023	NWS Championships 2023/24
117*	1:09.62	L	F	Amelie Van der Merwe	15	RFA FSH	01/12/2023	2023 The Tshwane Mayor's Gala
119	1:09.64	L	F	Emily Shand	15	BLUO UGD	24/11/2023	Westville-Seals LC Championships
120	1:09.67	L	P	Georgia Alston	15	SASE JHB	20/03/2024	SA Level 3 Regional Age Group
121	1:09.72	L	P	Katey Nel	15	SOUL EKU	20/03/2024	SA Level 3 Regional Age Group
122	1:09.77	L	F	Ayalakha Mokoena	15	INFA NMA	21/10/2023	4th A League Gala 2023
123	1:09.84	L	P	Sophia Trout	15	VINE CPT	15/03/2024	SA National Junior Age Group
124	1:09.85	L	F	Jaimee Marais	15	HSTAN MP	27/01/2024	Limpopo School Champs
125	1:09.91	L	F	Rebecca White	15	SSISA CPT	17/02/2024	Swartland Invitational Gala 2024
126	1:09.95	L	F	Isla Minderon	15	PEAS NMA	17/02/2024	Eastern Cape School Trials 2024
127	1:10.02	L	F	Anè Kemp	15	SWAR WCD	10/02/2024	WCA-B Champs - 2024
128	1:10.06	L	F	Mia Vd Merwe	15	GSA CPT	11/11/2023	Winelands SL4
129	1:10.15	L	F	Catherine Desilla	15	SASE JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
130	1:10.18	L	F	Mieke Vd Walt	15	FISH EDD	05/10/2023	42nd Freda Barnard Invitational Gala
131	1:10.23	L	F	Kaylie Groenewald	15	PHS CCD	27/01/2024	Limpopo School Champs
132	1:10.24	L	P	Tatum Topliss	15	CA EKU	20/03/2024	SA Level 3 Regional Age Group
133	1:10.26	L	F	Lara Eckersley	15	CRSC JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
134*	1:10.46	L	F	Hannah Schreuder	15	SAAW CPT	18/11/2023	CTA QUALIFYING MEET 2
134*	1:10.46	L	P	Mia De Klerk	15	CSA EZD	24/03/2024	SA Level 2 Regional Age Group Champs
136	1:10.54	L	F	Jemma Park	15	CRSC JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
137	1:10.61	L	F	WanRu Zhou	15	BLMA CPT	05/10/2023	42nd Freda Barnard Invitational Gala
138	1:10.68	L	F	Anneke Stassen	15	CASC CPT	24/11/2023	CTA A & B CHAMPS 2023
139	1:10.72	L	F	Abigail Pieterse	15	HARV NMA	17/02/2024	Eastern Cape School Trials 2024
140	1:10.80	L	F	Maya Ndegwa	15	ELEC FSH	24/03/2024	SA Level 2 Regional Age Group Champs
141	1:10.93	L	F	Lara Verhoef	15	ASAC CPT	24/11/2023	CTA A & B CHAMPS 2023
142*	1:10.94	L	F	Mekayla Pretorius	15	HWSK FBD	10/02/2024	AGE GROUP 6 UPT - 2024
142*	1:10.94	L	F	Maria Dos Santos	15	MCS BP	23/02/2024	NW School Championships 2024
144	1:10.97	L	P	Megan Van den Heever	15	UNI EZD	01/12/2023	Mpumalanga Championships 2023



## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
145	1:11.00	L	F	Kuzingca Siramza	15	AQUA BUF	24/11/2023	BCA Long Course Championships 2023
146	1:11.05	L	F	Anne Steyl	15	UPSK ZMD	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
147	1:11.10	L	F	Judy Stevens	15	QUIC CPT	10/02/2024	WCA-B Champs - 2024
148	1:11.14	L	P	Nina Melka	15	TUKS TSH	24/03/2024	SA Level 2 Regional Age Group Champs
149	1:11.19	L	F	Ogalaletseng Khosana	15	TUKS TSH	01/12/2023	2023 The Tshwane Mayor's Gala
150	1:11.21	L	P	Kate-Lynn Kruger	15	DESA NMA	21/03/2024	SA Level 3 Regional Age Group
151	1:11.22	L	P	Peta Mazery	15	WSTV ETH	14/12/2023	KZNA 2023 Championships Incorporate SSA
152	1:11.24	L	F	Mila Petrak	15	ELEC TSH	01/12/2023	2023 The Tshwane Mayor's Gala
153	1:11.27	L	F	Storme Badenhorst	15	MANT CPT	24/11/2023	CTA A & B CHAMPS 2023
154	1:11.28	L	F	Ilanze du Plessis	15	BLSS MAN	06/12/2023	Free State Champs 2023
155	1:11.31	L	F	Leeya Amon	15	CASC CPT	17/02/2024	Swartland Invitational Gala 2024
156	x1:11.31	L	F	Ivana Vyncke	15	DRGN JHB	14/12/2023	KZNA 2023 Championships Incorporate SSA
157	1:11.32	L	F	Jenna White	15	HE CCD	14/10/2023	Limpopo Top 8 - High Schools
158	1:11.34	L	F	Jocelyn Cromhout	15	HARL BUF	24/11/2023	BCA Long Course Championships 2023
159	1:11.47	L	P	Ilze Hendriks	15	LEGC ETH	05/04/2024	SA Level 2 Regional Age Group Champs
160	1:11.51	L	F	Larissa Visagie	15	LALE CED	10/02/2024	WCA-B Champs - 2024
161	1:11.59	L	P	Eva-Bella Bonomi	15	TRAZ TSH	20/03/2024	SA Level 3 Regional Age Group
162	1:11.63	L	F	Milan Van Heerden	15	AZON ETH	24/11/2023	Westville-Seals LC Championships
163	1:11.66	L	P	Alexandra Santos	15	PSCP UMD	05/04/2024	SA Level 2 Regional Age Group Champs
164	1:11.72	L	F	Zoe Ann Kruger	15	KZNA ETH	27/01/2024	Ushaka Champs 2024
165	1:11.87	L	F	Siobhan Evans	15	CA ECU	24/11/2023	EGA Summer 4
166	1:11.88	L	F	Kaylin Bezuidenhoud	15	BLOT MAN	06/12/2023	Free State Champs 2023
167	1:11.93	L	P	Hannah Naidoo	15	BEAV ETH	05/04/2024	SA Level 2 Regional Age Group Champs
168	1:11.94	L	F	Nicole Van Zyl	15	CA ECU	26/01/2024	EGA Last Chance 2024
169	1:11.97	L	F	Gabriella Kirsten	15	QSAW CED	17/02/2024	Swartland Invitational Gala 2024
170	1:12.03	L	P	Jessica Bosman	15	QUIC CPT	21/03/2024	SA Level 3 Regional Age Group
171	1:12.04	L	F	Elrike du Plessis	15	HSB BP	23/02/2024	NW School Championships 2024
172	1:12.06	L	F	Shyenne Laubscher	15	WELA LLD	26/03/2024	SA Level 2 Regional Age Group Champs
173	1:12.10	L	F	Keona Landman	15	AACTA CPT	24/11/2023	CTA A & B CHAMPS 2023
174	1:12.12	L	F	Nakita Snyman	15	FLOD JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
175	1:12.31	L	F	Mia Johnson	15	AAS JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
176	1:12.38	L	F	Leah Crozier	15	FAAC	03/02/2024	NCASA SPRINTS 2024
177	1:12.39	L	P	Izabella Alevras	15	AAS JHB	30/11/2023	CGA Championships 2023
178	1:12.50	L	P	Katia Jacob	15	HASC JHB	24/03/2024	SA Level 2 Regional Age Group Champs
179	1:12.62	L	F	Mariel van der Net	15	JAQ ECU	26/01/2024	EGA Last Chance 2024
180	1:12.83	L	P	Jessica Sardinha	15	BAS ECU	07/12/2023	EGA Summer Championships
181*	1:12.88	L	F	Maya McCollum	15	AQDO CPT	10/02/2024	WCA-B Champs - 2024
181*	1:12.88	L	F	Caitlin Scheepers	15	VINE CPT	10/02/2024	WCA-B Champs - 2024
183	1:12.92	L	F	Emma Barnard	15	EVO CPT	10/02/2024	WCA-B Champs - 2024
184	1:12.95	L	F	Nina Van Tonder	15	LALE CED	11/11/2023	Winelands SL4
185	1:13.05	L	F	Ingrid Van Loggerenberg	15	TUKS TSH	01/12/2023	2023 The Tshwane Mayor's Gala
186	1:13.08	L	F	Bianke Von Schlichting	15	PRA GSD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
187	1:13.17	L	P	Sian Kleynhans	15	ROA EDD	21/03/2024	SA Level 3 Regional Age Group
188	1:13.19	L	F	Megan Webster	15	RFA TSH	16/02/2024	NTS February Open Age Group 2024
189	1:13.21	L	P	Paris Shiwundlana	15	AFIN JHB	24/03/2024	SA Level 2 Regional Age Group Champs
190	1:13.22	L	F	Ashley Seymour	15	WELA LLD	06/12/2023	Free State Champs 2023
191	1:13.24	L	P	Keira Bester	15	DORE JHB	30/11/2023	CGA Championships 2023
192	1:13.25	L	P	Esther Sauls	15	PGAC ECU	24/03/2024	SA Level 2 Regional Age Group Champs
193	1:13.38	L	F	Hannah Krummeck	15	HARV NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
194	1:13.52	L	P	Deoné Borstlap	15	POTC KKD	24/03/2024	SA Level 2 Regional Age Group Champs
195	1:13.60	L	P	Zadie Van Wyk	15	TRAZ TSH	24/03/2024	SA Level 2 Regional Age Group Champs
196	1:13.65	L	F	Megan Nieman	15	PSC TSH	17/11/2023	NTS Level 3+ November Age Group
197	1:13.73	L	F	Sandri Visser	15	PLAY CED	05/10/2023	42nd Freda Barnard Invitational Gala
198	1:13.76	L	F	Emma Brooks	15	SWAR WCD	10/02/2024	WCA-B Champs - 2024
199	1:13.80	L	F	Tia Mari Theron	15	HSBV SKD	27/01/2024	Limpopo School Champs
200	1:13.87	L	F	Lerize Du Toit	15	PHS CCD	27/01/2024	Limpopo School Champs
201	1:13.93	L	F	Miela Smit	15	SHS KK	03/02/2024	Buffalo City School Trials 2024
202	1:14.31	L	F	Line Brits	15	HMER MP	14/10/2023	Limpopo Top 8 - High Schools
203	1:14.35	L	F	Sinoah Pretorius	15	HPS TSH	20/10/2023	NTS Level 3+ October Age Group 2023

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
204	1:14.46	L	F	Mia Crookham	15	TYGE CPT	10/02/2024 WCA-B Champs - 2024
205	1:14.49	L	F	Esther Sullivan	15	WSTV ETH	21/01/2024 EDA Age Group Gala 5 2024
206	1:14.64	L	F	Chanè Grobbelaar	15	SWAR WCD	10/02/2024 WCA-B Champs - 2024
207	1:14.75	L	F	Celine Miles	15	BLUO UGD	24/11/2023 Westville-Seals LC Championships
208	1:14.80	L	F	Oratile Matli	15	ESTR EKV	28/10/2023 EGA Summer 2 2023
209	1:14.96	L	P	Chrystil Raymond	15	CSA EZD	24/03/2024 SA Level 2 Regional Age Group Champs
210	1:15.01	L	F	Chloe Byrne	15	SEAL UMD	27/01/2024 Ushaka Champs 2024
211	1:15.02	L	F	Amelie Brùgers	15	VINE CPT	10/02/2024 WCA-B Champs - 2024
212	1:15.17	L	F	Kayla Vosloo	15	BLOT MAN	27/10/2023 Neptune Prestige Gala
213	1:15.21	L	P	Micke de Jager	15	PSA ZLD	05/04/2024 SA Level 2 Regional Age Group Champs
214	1:15.25	L	F	Lungiswa Grootboom	15	SWAR WCD	10/02/2024 WCA-B Champs - 2024
215	1:15.32	L	F	Sienna Wilensky	15	ASAC CPT	03/02/2024 CTA BRIAN BUTTON Qualifying Meet
216	1:15.52	L	F	Lelanie Buhr	15	SWAR WCD	10/02/2024 WCA-B Champs - 2024
217	1:15.54	L	F	Stacey Fisher	15	TRAZ TSH	01/12/2023 2023 The Tshwane Mayor's Gala
218	1:15.66	L	F	Leané Gouws	15	TUKS TSH	02/02/2024 NTS Level 1+2 February Age Group
219	1:15.71	L	F	Charlotte Staines	15	DSG NMA	03/02/2024 Nelson Mandela Bay Schools Trials & 1st
220	1:15.89	L	F	Camryn Shaw	15	PAHS NMA	03/02/2024 Nelson Mandela Bay Schools Trials & 1st
221	1:16.16	L	F	Anmi Slabbert	15	PAQU CED	05/10/2023 42nd Freda Barnard Invitational Gala
222	1:16.18	L	P	Sienna Lombard	15	HPS TSH	24/03/2024 SA Level 2 Regional Age Group Champs
223*	1:16.23	L	F	Buhle Mahlalela	15	UNI EZD	29/09/2023 MP AGE GROUP 1 29.09.2023 -
223*	1:16.23	L	F	Ashleigh Davies	15	WELA LLD	27/10/2023 Neptune Prestige Gala
225	1:16.25	L	F	Victoria-Ann Anthony	15	BON EKV	24/11/2023 EGA Summer 4
226	1:16.29	L	F	Cala Welgemoed	15	VALS FDD	26/03/2024 SA Level 2 Regional Age Group Champs
227	1:16.31	L	F	Lara Louw	15	BLNE MAN	11/11/2023 Bull Sharks Gala
228	1:16.38	L	F	Elizabeth Opperman	15	KTS	03/02/2024 NCASA SPRINTS 2024
229	1:16.54	L	P	Micaela Mutooni	15	ELEC TSH	24/03/2024 SA Level 2 Regional Age Group Champs
230	1:16.63	L	P	Esmarie Terblanche	15	LALE CED	14/12/2023 Western Cape LC-A Championship 2023
231	1:16.68	L	F	Zante Young	15	BERG BP	23/02/2024 NW School Championships 2024
232	1:16.80	L	F	Taylor Ririe	15	BLNE MAN	15/09/2023 Bull Sharks Annual Gala
233	1:16.84	L S	F	Izolde Lombard	15	PSC TSH	22/02/2024 18th Botswana Swimming Nationals
234	1:17.00	L	F	Nicole Norman	15	WATR JHB	26/07/2023 Giochi Del Tricolore Swim
235	1:17.03	L	F	Hannah van der Veen	15	AQUA BUF	24/11/2023 BCA Long Course Championships 2023
236*	1:17.06	L	F	Emma Thompson	15	PSC TSH	02/02/2024 NTS Level 1+2 February Age Group
236*	1:17.06	L	F	Thandolwenkosi Mabaso	15	FRA KCD	03/02/2024 KCDA February Age Group 2024
238	1:17.09	L	P	Kayla Welgemoed	15	VALS FDD	26/03/2024 SA Level 2 Regional Age Group Champs
239	1:17.11	L	F	Carli Dippenaar	15	ROA EDD	05/10/2023 42nd Freda Barnard Invitational Gala
240	1:17.21	L	F	Jessica Carrol	15	BLMA CPT	11/11/2023 Swartland Prestige Gala 2023
241	1:17.37	L	F	Zia Petersen	15	XSAQ CPT	21/01/2024 CTA BMEET 4
242	1:17.52	L	F	Gabriella Oaten	15	CYBE CPT	21/01/2024 CTA BMEET 4
243	1:18.05	L	F	Imaan Velloo	15	MANT CPT	03/02/2024 CTA BRIAN BUTTON Qualifying Meet
244	1:18.21	L	F	Anè Cloete	15	TYGE CPT	17/09/2023 CTA BMEET 3
245*	1:18.22	L	F	Olethiwe Mqadi	15	CASC CPT	18/11/2023 CTA QUALIFYING MEET 2
245*	1:18.22	L	P	Shannon Rautenbach	15	UNI EZD	24/03/2024 SA Level 2 Regional Age Group Champs
247	1:18.42	L	P	Sadie Jelley	15	RFA TSH	24/03/2024 SA Level 2 Regional Age Group Champs
248	1:18.58	L	F	Chelsea Snyman	15	SS MPD	01/12/2023 Limpopo Champs
249	1:18.60	L	P	Kiara Storm	15	STSC KCD	05/04/2024 SA Level 2 Regional Age Group Champs
250	1:18.68	L	F	Alea Du Toit	15	CYBE CPT	21/01/2024 CTA BMEET 4
251	1:18.78	L	F	Gaby Bishop	15	BETH FDD	06/12/2023 Free State Champs 2023
252	1:18.86	L	F	Alaynah Bhamjee	15	WATR JHB	26/07/2023 Giochi Del Tricolore Swim
253	1:19.00	L	F	Lumè Lategan	15	HBV MP	14/10/2023 Limpopo Top 8 - High Schools
254	1:19.01	L	F	Naseerah Vd Merwe	15	WEST CPT	05/10/2023 42nd Freda Barnard Invitational Gala
255	1:19.26	L	P	Brooklyn-Taylor Sunker	15	MAKO EKV	24/03/2024 SA Level 2 Regional Age Group Champs
256	1:19.56	L	F	Jacoline Crous	15	SWAR WCD	11/11/2023 Swartland Prestige Gala 2023
257	1:20.01	L	P	Gabriella Carminati	15	AFIN JHB	24/03/2024 SA Level 2 Regional Age Group Champs
258	1:20.34	L	F	Milla Douglas	15	AZON ETH	05/04/2024 SA Level 2 Regional Age Group Champs
259	1:20.37	L	F	Leigh Chung Kim Yuen	15	MANT CPT	21/01/2024 CTA BMEET 4
260	1:21.06	L	F	Annika Potgieter	15	POTC KKD	21/10/2023 NWS Age Group 1 & 2 2023
261	1:21.11	L	F	Leanette Fourie	15	HSB BP	23/02/2024 NW School Championships 2024
262	1:21.15	L	F	Kiara Krauss	15	GREY CPT	24/11/2023 CTA A & B CHAMPS 2023

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
263	1:21.33	L	F	Shay-Leigh Pieters	15	HURA CPT	05/10/2023 42nd Freda Barnard Invitational Gala
264	1:21.44	L	F	Emma Jansen van Rensburg	15	QSAW CED	11/11/2023 Winelands SL4
265	1:21.46	L	F	Hannah Coert	15	MANT CPT	21/01/2024 CTA BMEET 4
266	1:21.61	L	F	Runakorwashe Makumbe	15	TUKS TSH	03/11/2023 NTS Level 1+2 November Age Group
267	1:21.67	L	F	Shaelyn Lawson	15	AQUA BUF	24/11/2023 BCA Long Course Championships 2023
268	1:21.79	L	F	Gabriela Dimitrova	15	TUKS TSH	01/12/2023 2023 The Tshwane Mayor's Gala
269	1:22.11	L	F	Ebenette Van Niekerk	15	FISH EDD	05/10/2023 42nd Freda Barnard Invitational Gala
270	1:22.25	L	F	Selente Oosthuysen	15	HREF BP	06/12/2023 NWS Championships 2023/24
271	1:22.50	L	F	Lisa van der Westhuizen	15	PGIM KK	23/02/2024 NW School Championships 2024
272	1:22.63	L	F	Veera Khusal	15	BON ECU	24/11/2023 EGA Summer 4
273	1:22.79	L	P	Alexandra Sheppard	15	STAR BPD	06/12/2023 NWS Championships 2023/24
274	1:23.53	L	F	Mignon Burger	15	SWAR WCD	11/11/2023 Swartland Prestige Gala 2023
275	1:24.00	L	F	Anchei Louw	15	HBV MP	14/10/2023 Limpopo Top 8 - High Schools
276	1:24.47	L	F	Riley Koegelenberg	15	LALE CED	17/02/2024 Swartland Invitational Gala 2024
277	1:24.64	L	F	Logan Francke	15	RBOT BPD	11/11/2023 NWS Age Group 3 + 4
278	1:25.31	L	F	Minette Els	15	BETH FDD	02/03/2024 FSA Level 1 2024
279	1:25.69	L	F	Helena Van Vuuren	15	KALA	27/10/2023 KALAHARI CLASSIC GALA 2023
280	1:25.88	L	F	Dakota Wratten	15	DSG NMA	03/02/2024 Nelson Mandela Bay Schools Trials & 1st
281	1:26.55	L	F	Beané du Plessis	15	STEL RM	23/02/2024 NW School Championships 2024
282	1:27.00	L	F	Kayla Spagnoletti	15	SAAW CPT	18/11/2023 CTA QUALIFYING MEET 2
283	1:27.02	L	F	Carla Carolus	15	XSAQ CPT	17/09/2023 CTA BMEET 3
284	1:27.13	L	F	Gabrielle Kramer	15	VPHS NMA	03/02/2024 Nelson Mandela Bay Schools Trials & 1st
285	1:27.29	L	F	Chulumanco Nyukwana	15	MPS NGD	03/02/2024 Buffalo City School Trials 2024
286	1:27.63	L	F	Jessimie Van der Sandt	15	LALE CED	17/02/2024 Swartland Invitational Gala 2024
287	1:27.74	L	F	Zainah Akhalwaya	15	OLDE JHB	17/02/2024 CGA Level 2+ Gala 17 Feb 2024
288	1:27.84	L	F	Khwezi Khaba	15	UMSH ETH	21/01/2024 EDA Age Group Gala 5 2024
289	1:28.01	L	F	Anne Bray	15	UPC EZD	21/02/2024 EHLANZENI INTER HIGH GALA 21
290	1:28.03	L	F	Amy Klink	15	JAQ ECU	02/03/2024 AG Level 1 Regional Age Group
291	1:28.41	L	F	Sophia Kriel	15	QSAW CED	18/11/2023 CTA QUALIFYING MEET 2
292	1:28.77	L	F	Bathiyana Zondo	15	BARR CPT	17/09/2023 CTA BMEET 3
293	1:29.16	L	F	Zine Ferns	15	PHS CCD	14/10/2023 Limpopo Top 8 - High Schools
294	1:29.33	L	P	Kholofelo Seabi	15	SWIFT ECU	24/03/2024 SA Level 2 Regional Age Group Champs
295	1:29.38	L	F	Karabo Malinga	15	USHAK ECU	02/03/2024 AG Level 1 Regional Age Group
296	1:29.68	L	F	Esther Erasmus	15	PGH KK	23/02/2024 NW School Championships 2024
297	1:30.60	L	F	Abigail Cullen	15	WELA LLD	27/10/2023 Neptune Prestige Gala
298	1:32.19	L	F	Zoe Pelsler	15	CAMB BUF	03/02/2024 Buffalo City School Trials 2024
299	1:32.54	L	F	Johanika Groenewald	15	UNI EZD	13/10/2023 MP AGE GROUP 2
300	1:32.99	L	F	Lyrece Louw	15	SUPE JHB	02/03/2024 AG Level 1 Regional Age Group
301	1:33.97	L	F	Annica Brand	15	CLSC WCD	17/02/2024 Swartland Invitational Gala 2024
302	1:34.12	L	F	Ammaarah Davids	15	XSAQ CPT	17/09/2023 CTA BMEET 3
303	1:34.34	L	F	Isabella Ress	15	CYBE CPT	17/02/2024 Swartland Invitational Gala 2024
304	1:35.32	L	F	Kaelo Makhatho	15	ESP ECU	26/01/2024 EGA Last Chance 2024
305	1:36.96	L	F	Mia Coertzen	15	PGH KK	23/02/2024 NW School Championships 2024
306	1:37.08	L	F	Lwazi Mqeke	15	WELA LLD	02/03/2024 FSA Level 1 2024
307	1:39.23	L	F	Zoë Pierce	15	ESTR ECU	28/10/2023 EGA Summer 2 2023
308	1:39.47	L	F	Lesedi Kgarimetsa	15	SWIM1 JHB	02/03/2024 AG Level 1 Regional Age Group
309	1:39.48	L	F	Jessica Bennett	15	SAAW CPT	17/02/2024 Swartland Invitational Gala 2024
310	1:39.78	L	F	Thea Vermaak	15	WELA LLD	02/03/2024 FSA Level 1 2024
311	1:40.58	L	F	Xoey Williams	15	UWCA CPT	17/09/2023 CTA BMEET 3
312	1:40.75	L	F	Jada Grill	15	HURA CPT	11/11/2023 Swartland Prestige Gala 2023
313	1:41.71	L	F	Naseerah Du Toit	15	UWCA CPT	10/02/2024 WCA-B Champs - 2024
314	1:43.59	L	F	Bontle Makhalanyane	15	WELA LLD	02/03/2024 FSA Level 1 2024
315	1:44.02	L	F	Tazlyn Davids	15	CAMB BUF	03/02/2024 Buffalo City School Trials 2024
316	1:46.66	L	F	Safiya Ismail	15	MANT CPT	21/01/2024 CTA BMEET 4
317	1:47.15	L	F	Simone Bronkhorst	15	PHS CCD	27/01/2024 Limpopo School Champs
318	1:48.56	L	P	Michelle Seerane	15	RBOT BPD	06/12/2023 NWS Championships 2023/24
319	1:50.76	L	F	Esethu Mabula	15	SRAY BUF	24/11/2023 BCA Long Course Championships 2023
320	1:51.26	L	F	Ayanda Luthuli	15	USH KCD	18/11/2023 KCDA November Age Group Gala 2023
321	2:03.88	L	F	Letlotlo Kgositlou	15	MATL KKD	11/11/2023 NWS Age Group 3 + 4

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
322	2:12.09 L	P	Jo-Anne van Dyk	15	JAQ EKU	07/12/2023	EGA Summer Championships
<b>Women 15-15      200 Free</b>							
1	2:07.65 L	F	Jaime Mote	15	INFA NMA	15/03/2024	SA National Junior Age Group
2	2:09.02 L	F	Lara Gouws	15	TUKS FSH	15/03/2024	SA National Junior Age Group
3	2:09.56 L	F	Emily Palmer	15	USC BUF	15/03/2024	SA National Junior Age Group
4	2:11.32 L	F	Karla Myburgh	15	TUKS FSH	15/03/2024	SA National Junior Age Group
5	2:12.66 L	P	Leah Markgraaff	15	AGC FSH	08/04/2024	SA National Aquatic Champ 2024-PE
6	2:13.40 L	F	Rachel Hinckley	15	CA EKU	15/03/2024	SA National Junior Age Group
7	2:13.46 L	F	Grace Powell	15	CSC FSH	15/03/2024	SA National Junior Age Group
8	2:13.54 L	P	Gizelle Maritz	15	WATR JHB	15/03/2024	SA National Junior Age Group
9	2:13.59 L	P	Leila Yazbek	15	BLNE MAN	15/03/2024	SA National Junior Age Group
10	2:15.21 L	P	Ashley Scholtz	15	CA EKU	15/03/2024	SA National Junior Age Group
11	2:16.03 L	F	Annebel Stewart	15	AZON ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
12	2:16.17 L	P	Jesse-Leah Laderach	15	PEAS NMA	15/03/2024	SA National Junior Age Group
13	2:16.19 L	P	Gemma Goncalves	15	SEAL UMD	15/03/2024	SA National Junior Age Group
14	2:16.99 L	P	Chloe Olivier	15	AGA EKU	08/04/2024	SA National Aquatic Champ 2024-PE
15	2:17.83 L	F	Emma Pinheiro	15	AAS JHB	30/11/2023	CGA Championships 2023
16	2:18.08 L	F	Kayla Gous	15	USC BUF	24/06/2023	PEA Winter Gala 2023
17	2:18.23 L	F	Madisynn Elliott	15	AA JHB	30/11/2023	CGA Championships 2023
18	2:18.31 L	P	Zandri Knoetze	15	INFA NMA	15/03/2024	SA National Junior Age Group
19	2:18.54 L	F	Kailey Joubert	15	AZON ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
20	2:18.63 L	P	Hannah Sandilands	15	MDOL JHB	15/03/2024	SA National Junior Age Group
21	2:18.80 L	P	Kate-Lynn de Jager	15	BLOT MAN	14/12/2023	Western Cape LC-A Championship 2023
22	2:19.63 L	P	Corli Liversage	15	BLSS MAN	15/03/2024	SA National Junior Age Group
23	2:19.75 L	F	Robyn Barbour	15	ESP EKU	20/03/2024	SA Level 3 Regional Age Group
24	2:20.12 L	F	Emily Liebenberg	15	SWAR WCD	21/03/2024	SA Level 3 Regional Age Group
25	2:20.19 L	P	Ella Eldar	15	TUKS FSH	15/03/2024	SA National Junior Age Group
26	2:20.23 L	P	Tyra Penn	15	WATR JHB	15/03/2024	SA National Junior Age Group
27	2:20.33 L	P	Hannah Burke	15	SFSC CPT	15/03/2024	SA National Junior Age Group
28	2:21.09 L	P	René Kotzé	15	POTC KKD	15/03/2024	SA National Junior Age Group
29	2:21.22 L	F	Maria Steyn	15	BLSS MAN	06/12/2023	Free State Champs 2023
30	2:21.25 L	F	Mikayla Lombard	15	TUKS FSH	01/07/2023	Rossini Swim Cup
31	2:21.40 L	P	Leah Scott	15	BLUO UGD	15/03/2024	SA National Junior Age Group
32	2:21.43 L	F	Kiara Banks	15	TUKS FSH	23/02/2024	NTS Prestige AG February 2024
33	2:21.86 L	P	Kelly Stork	15	BAS EKU	15/03/2024	SA National Junior Age Group
34	2:23.08 L	P	Kayleigh Hahn	15	ROA EDD	15/03/2024	SA National Junior Age Group
35	2:23.28 L	P	Madison du Plessis	15	BLOT MAN	15/03/2024	SA National Junior Age Group
36	2:23.35 L	P	Amy Combrink	15	VINE CPT	14/12/2023	Western Cape LC-A Championship 2023
37	2:23.81 L	F	Danielle Harbron	15	BLOT MAN	21/03/2024	SA Level 3 Regional Age Group
38	2:23.92 L	P	Amy-Lee Jones	15	CA EKU	20/03/2024	SA Level 3 Regional Age Group
39*	2:23.99 L	F	Daniëlla Müller	15	TUKS FSH	12/12/2023	NTS Championships 2023
39*	2:23.99 L	F	Gabriella Van Den Berg	15	ELEC FSH	20/10/2023	NTS Level 3+ October Age Group 2023
41	2:24.15 L	P	Shanna-Leigh Zeelie	15	BLMA CPT	15/03/2024	SA National Junior Age Group
42	2:24.37 L	F	Marlene Ward	15	TUKS FSH	16/02/2024	NTS February Open Age Group 2024
43	2:24.62 L	F	Keira Holland	15	CRSC JHB	20/03/2024	SA Level 3 Regional Age Group
44	2:25.05 L	F	Mia Wellsted	15	HASC JHB	20/03/2024	SA Level 3 Regional Age Group
45	2:25.13 L	P	Abigail Roberts	15	TUKS FSH	15/03/2024	SA National Junior Age Group
46	2:25.34 L	F	Donne Bruyns	15	CSA EZD	29/09/2023	MP AGE GROUP 1 29.09.2023 -
47	2:25.43 L	F	Mila Vd Linde	15	TUKS FSH	22/09/2023	NTS Level 3+ September Age Group
48	2:25.51 L	F	Jaime Roome	15	TUKS FSH	22/09/2023	NTS Level 3+ September Age Group
49	2:25.76 L	P	Jemma Pearse	15	VINE CPT	15/03/2024	SA National Junior Age Group
50	2:25.96 L	P	Juliette van Vught	15	SASE JHB	15/03/2024	SA National Junior Age Group
51	2:26.01 L	F	Jaime Maritz	15	CSA EZD	29/09/2023	MP AGE GROUP 1 29.09.2023 -
52	x2:27.00 L	F	Emma Neethling	15	FISH EDD	10/02/2024	WCA-B Champs - 2024
53	2:27.83 L	P	Jade O'Connor	15	TUKS FSH	12/12/2023	NTS Championships 2023
54	2:28.04 L	F	Natania Komakech	15	ELEC FSH	12/01/2024	2024 Grand Prix Invitation Swimming
55	2:28.15 L	F	Lily Ogden	15	PEAS NMA	24/06/2023	PEA Winter Gala 2023
56	2:28.33 L	P	Gabriella Otto	15	HASC JHB	30/11/2023	CGA Championships 2023
57	2:28.43 L	P	Mia Gerber	15	LALE CED	15/03/2024	SA National Junior Age Group

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
58	2:28.52 L	F	Caitlyn Dube	15	MDOL JHB	12/01/2024	2024 Grand Prix Invitation Swimming
59	2:28.84 L	P	Amy O'Connor	15	CRSC JHB	30/11/2023	CGA Championships 2023
60	2:29.08 L	P	Lily Durant	15	WATR JHB	30/11/2023	CGA Championships 2023
61	2:29.38 L	F	Simone Cussons	15	UNI EZD	01/12/2023	Mpumalanga Championships 2023
62	2:29.68 L	F	Michaela Nell	15	AAS JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
63	2:29.95 L	P	Yvonne Pretorius	15	MSC NGD	20/03/2024	SA Level 3 Regional Age Group
64	2:29.98 L	F	Paige Edmundson	15	SASE JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
65	2:30.00 L	P	Emma Rossouw	15	TYGE CPT	14/12/2023	Western Cape LC-A Championship 2023
66	2:30.46 L	F	Rii Spoelstra	15	TUKS TSH	17/11/2023	NTS Level 3+ November Age Group
67	2:30.67 L	F	Leeya Amon	15	CASC CPT	24/06/2023	PEA Winter Gala 2023
68	2:30.89 L	F	Mikayla Smit	15	AA JHB	20/03/2024	SA Level 3 Regional Age Group
69	2:30.96 L	P	Mikje Bocking	15	SEAL UMD	21/03/2024	SA Level 3 Regional Age Group
70	2:31.48 L	P	Kayla Verbaan	15	KLOO ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
71	2:31.52 L	F	Keera De Esclana	15	VRC TSH	01/12/2023	2023 The Tshwane Mayor's Gala
72	2:31.54 L	F	Kemantha Ayair	15	BEAV ETH	24/11/2023	Westville-Seals LC Championships
73	2:31.65 L	F	Tatum Topliss	15	CA EKU	11/11/2023	EGA Summer 3
74	2:31.66 L	F	Carine Röntgen	15	ASAW CED	03/02/2024	Winelands SL final
75	2:31.76 L	F	Lumka Ntaka	15	UMSH ETH	05/04/2024	SA Level 2 Regional Age Group Champs
76	2:31.78 L	P	Hannah Schreuder	15	SAAW CPT	14/12/2023	Western Cape LC-A Championship 2023
77	2:31.87 L	P	Catherine O'Grady	15	MSC NGD	20/03/2024	SA Level 3 Regional Age Group
78	2:31.96 L	F	Tayla Dowie	15	QUES JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
79*	2:32.06 L	F	Sunny Huang	15	CA EKU	11/11/2023	EGA Summer 3
79*	2:32.06 L	P	Jordan Wessels	15	ASA ILD	14/12/2023	KZNA 2023 Championships Incorp SSA
81	2:32.16 L	F	Emily Macqueen	15	SEALE ETH	03/11/2023	EDA Age Group Gala 4 2023
82*	2:32.35 L	P	Jessica Smith	15	ASA ILD	14/12/2023	KZNA 2023 Championships Incorp SSA
82*	2:32.35 L	F	Chrisley Barnard	15	BS ILD	06/12/2023	Free State Champs 2023
84	2:32.49 L	F	Johané Jv Rensburg	15	TUKS TSH	22/09/2023	NTS Level 3+ September Age Group
85	2:32.73 L S	F	Mia Vd Merwe	15	GSA CPT	24/11/2023	CTA A & B CHAMPS 2023
86	2:32.76 L	P	Milri-Ann Summerton	15	NWUC KKD	20/03/2024	SA Level 3 Regional Age Group
87	2:33.33 L	P	Mea Harding	15	BAS EKU	20/03/2024	SA Level 3 Regional Age Group
88	2:33.39 L	F	Kayla Vosloo	15	BLOT MAN	06/12/2023	Free State Champs 2023
89	2:33.56 L	F	Megan Neizel	15	PSCP UMD	24/11/2023	Westville-Seals LC Championships
90*	2:33.72 L S	F	Jenna Coetzee	15	INFA NMA	26/01/2024	6th A League Gala 2024
90*	2:33.72 L S	F	Antonella Del Fabbro	15	TUKS TSH	24/03/2024	SA Level 2 Regional Age Group Champs
92	2:33.85 L S	F	Nakita Snyman	15	FLOD JHB	24/03/2024	SA Level 2 Regional Age Group Champs
93	2:33.89 L	F	Miela Smit	15	AQUA BUF	21/03/2024	SA Level 3 Regional Age Group
94	2:33.95 L	P	Zianè Jantzen	15	QUIC CPT	14/12/2023	Western Cape LC-A Championship 2023
95	2:33.98 L	F	Izarra Ganas	15	ACSA ETH	16/02/2024	EDA Age Group Gala 6 2024
96	2:34.13 L S	P	Megan Augustyn	15	ONYX EKU	07/12/2023	EGA Summer Championships
97	2:34.14 L	F	Isla Minderon	15	PEAS NMA	21/10/2023	4th A League Gala 2023
98	2:34.38 L	F	Kuzingca Siramza	15	AQUA BUF	17/02/2024	Eastern Cape School Trials 2024
99	2:34.51 L	P	Sian Kleynhans	15	ROA EDD	21/03/2024	SA Level 3 Regional Age Group
100	2:34.58 L	F	Anne Marais	15	TKS WBD	01/12/2023	Limpopo Champs
101	2:34.60 L	P	Jaimee Marais	15	ELRAS WBD	20/03/2024	SA Level 3 Regional Age Group
102	2:34.70 L	P	Tshenolo Ntsie	15	TUKS TSH	12/12/2023	NTS Championships 2023
103	2:34.78 L	P	Katey Nel	15	SOUL EKU	20/03/2024	SA Level 3 Regional Age Group
104	2:34.83 L	F	Elizabeth Victor	15	UNI EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
105	2:35.02 L S	P	Jessica Sardinha	15	BAS EKU	07/12/2023	EGA Summer Championships
106	2:35.12 L	F	Mari Wium	15	QSAW CED	20/01/2024	CTA A MEET 4
107	2:35.15 L	F	Jocelyn Cromhout	15	HARL BUF	24/11/2023	BCA Long Course Championships 2023
108	2:35.34 L	F	Jessica Bosman	15	QUIC CPT	10/02/2024	WCA-B Champs - 2024
109	2:35.36 L	F	Maria Dos Santos	15	MCS BP	23/02/2024	NW School Championships 2024
110	2:35.79 L	F	Esti Mouton	15	SWAR WCD	10/02/2024	WCA-B Champs - 2024
111	2:35.82 L	F	Skylla Perumal	15	TRAZ TSH	16/02/2024	NTS February Open Age Group 2024
112	2:35.84 L	P	Catherine Desilla	15	SASE JHB	20/03/2024	SA Level 3 Regional Age Group
113	2:35.89 L	F	Katia Jacob	15	HASC JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
114	2:35.92 L	F	Naledi Thobeha	15	RSA	03/05/2023	CANA Zone IV SwimmingChampions
115	2:35.95 L	F	Summer Ascielli	15	CYBE CPT	21/01/2024	CTA BMEET 4
116	2:36.11 L	F	Kelci Leech	15	BLSS MAN	16/02/2024	Neptunes Last chance Gala

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
117	2:36.17	L	F	Kaylie Groenewald	15	ACAA	CCD 01/12/2023 Limpopo Champs
118	2:36.28	L	F	Chloe Petersen	15	TUKS	FSH 01/12/2023 2023 The Tshwane Mayor's Gala
119	2:36.57	L	F	Lara Verhoef	15	ASAC	CPT 10/02/2024 WCA-B Champs - 2024
120	2:36.66	L	F	Milan Van Heerden	15	AZON	ETH 24/11/2023 Westville-Seals LC Championships
121	2:36.81	L S	F	Nina Melka	15	TUKS	FSH 24/03/2024 SA Level 2 Regional Age Group Champs
122	2:36.94	L	F	Ilanze du Plessis	15	BLSS	MAN 06/12/2023 Free State Champs 2023
123	2:37.05	L	F	Leah Crozier	15	FAAC	07/12/2023 NCASA CHAMPS 7 - 10 DEC 2023
124	2:37.06	L	P	Jemma Park	15	CRSC	JHB 20/03/2024 SA Level 3 Regional Age Group
125	2:37.17	L	F	Anne Steyl	15	UPSK	ZMD 07/12/2023 NCASA CHAMPS 7 - 10 DEC 2023
126	2:37.21	L	P	Keira Taylor	15	TUKS	FSH 20/03/2024 SA Level 3 Regional Age Group
127	2:37.32	L	F	Chanel Veldsman	15	PSCP	UMD 03/11/2023 EDA Age Group Gala 4 2023
128	2:37.42	L	F	Anè Kemp	15	SWAR	WCD 17/02/2024 Swartland Invitational Gala 2024
129	2:37.62	L	F	Gianna Collard	15	TUKS	FSH 22/09/2023 NTS Level 3+ September Age Group
130	2:37.70	L S	F	Deonè Borstlap	15	POTC	KKD 24/03/2024 SA Level 2 Regional Age Group Champs
131	2:37.90	L	P	Izabella Alevras	15	SMTA	JHB 20/03/2024 SA Level 3 Regional Age Group
132	2:38.03	L	F	Anneke Stassen	15	CASC	CPT 10/02/2024 WCA-B Champs - 2024
133	2:38.09	L S	F	WanRu Zhou	15	BLMA	CPT 05/10/2023 42nd Freda Barnard Invitational Gala
134	2:38.13	L	F	Simonè Schonken	15	TASC	MPD 01/12/2023 Limpopo Champs
135	2:38.25	L	F	Ingrid Van Loggerenberg	15	TUKS	FSH 01/12/2023 2023 The Tshwane Mayor's Gala
136	2:38.53	L	F	Mekayla Pretorius	15	HWSK	FBD 26/03/2024 SA Level 2 Regional Age Group Champs
137	2:38.54	L	F	Lara Eckersley	15	CRSC	JHB 14/10/2023 CGA Level 2 + Gala Oct 2023
138	2:38.58	L	F	Vera Chen	15	BLSS	MAN 06/10/2023 Super Seals & Sentraal Aquatics Gala
139	2:38.62	L	P	Annabell Serrals	15	TUKS	FSH 20/03/2024 SA Level 3 Regional Age Group
140	2:38.86	L	F	Caitlin Scheepers	15	VINE	CPT 21/01/2024 CTA BMEET 4
141	2:39.28	L	F	Rebecca White	15	SSISA	CPT 17/02/2024 Swartland Invitational Gala 2024
142	2:39.33	L	F	Hannah Naidoo	15	BEAV	ETH 27/01/2024 Ushaka Champs 2024
143	2:39.60	L	F	Ogalaletseng Khosana	15	TUKS	FSH 16/02/2024 NTS February Open Age Group 2024
144	2:39.66	L	F	Maya McCollum	15	AQDO	CPT 10/02/2024 WCA-B Champs - 2024
145	2:39.73	L	F	Shyenne Laubscher	15	WELA	LLD 26/03/2024 SA Level 2 Regional Age Group Champs
146	2:39.95	L	F	Georgia Alston	15	SASE	JHB 20/01/2024 CGA Level 2+ Gala 20 Jan 2024
147	2:40.07	L	F	Keona Landman	15	AACTA	CPT 10/02/2024 WCA-B Champs - 2024
148	2:40.25	L	F	Ayalakha Mokoena	15	INFA	NMA 21/10/2023 4th A League Gala 2023
149	2:40.45	L	F	Mia De Klerk	15	CSA	EZD 13/10/2023 MP AGE GROUP 2
150	2:40.57	L	F	Mieke Vd Walt	15	FISH	EDD 21/10/2023 EDEN 2nd A-League Gala 2023
151	2:40.62	L	P	Judy Stevens	15	QUIC	CPT 21/03/2024 SA Level 3 Regional Age Group
152	2:41.09	L	F	Mila Petrak	15	ELEC	FSH 01/12/2023 2023 The Tshwane Mayor's Gala
153	2:41.30	L S	F	Maya Ndegwa	15	ELEC	FSH 24/03/2024 SA Level 2 Regional Age Group Champs
154	2:41.54	L	F	Nicole Van Zyl	15	CA	EKU 11/11/2023 EGA Summer 3
155	2:41.69	L	F	Storme Badenhorst	15	MARL	CPT 24/06/2023 PEA Winter Gala 2023
156	2:41.91	L	F	Amelie Van der Merwe	15	RFA	FSH 01/12/2023 2023 The Tshwane Mayor's Gala
157*	2:42.06	L	F	Zoé Steyn	15	HREF	BP 17/11/2023 NTS Level 3+ November Age Group
157*	2:42.06	L	F	Nicola Olivier	15	MCS	BP 23/02/2024 NW School Championships 2024
159	2:42.11	L	F	Emma Lategan	15	CASC	CPT 20/01/2024 CTA A MEET 4
160*	2:42.12	L	F	Chanè Grobbelaar	15	SWAR	WCD 10/02/2024 WCA-B Champs - 2024
160*	2:42.12	L S	F	Mariel van der Net	15	JAQ	EKU 24/03/2024 SA Level 2 Regional Age Group Champs
162	2:42.29	L	F	Chrystil Raymond	15	CSA	EZD 13/10/2023 MP AGE GROUP 2
163	2:42.32	L	F	Lerize Du Toit	15	ACAA	CCD 01/12/2023 Limpopo Champs
164	2:42.48	L	F	Ava-Loren Van Galen	15	STAA	GED 03/02/2024 Winelands SL final
165	2:42.60	L	F	Megan Van den Heever	15	UNI	EZD 13/10/2023 MP AGE GROUP 2
166	2:42.63	L	F	Makula Kyabayinze	15	TUKS	FSH 22/09/2023 NTS Level 3+ September Age Group
167	2:42.72	L S	F	Esther Sauls	15	PGAC	EKU 24/03/2024 SA Level 2 Regional Age Group Champs
168	2:42.80	L	F	Larissa Visagie	15	LALE	GED 03/02/2024 Winelands SL final
169	2:42.85	L	F	Leané Gouws	15	TUKS	FSH 02/02/2024 NTS Level 1+2 February Age Group
170	2:42.98	L	F	Emily Shand	15	BLUO	UGD 24/11/2023 Westville-Seals LC Championships
171	2:43.97	L	F	Lienke Van OS	15	BLSS	MAN 27/01/2024 Pelicans Gala 2024
172	2:44.42	L	F	Mia Crookham	15	TYGE	CPT 10/02/2024 WCA-B Champs - 2024
173	2:44.47	L S	F	Zadie Van Wyk	15	TRAZ	FSH 24/03/2024 SA Level 2 Regional Age Group Champs
174	2:44.54	L S	P	Siobhan Evans	15	CA	EKU 07/12/2023 EGA Summer Championships
175	2:45.02	L	F	Ianthy Moolman	15	MSC	NGD 03/11/2023 MP AGE GROUP 3 3&4 NOV 2023

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
176	2:45.13	L	F	Mia Johnson	15	AAS JHB	17/02/2024 CGA Level 2+ Gala 17 Feb 2024
177	2:45.47	L	F	Lara Louw	15	BLNE MAN	06/10/2023 Super Seals & Sentraal Aquatics Gala
178	2:45.55	L	F	Cait Da Cunha	15	BON EKU	15/09/2023 EGA Summer 1
179	2:45.64	L	P	Ilze Hendriks	15	LEGC ETH	05/04/2024 SA Level 2 Regional Age Group Champs
180	2:45.93	L S	F	Lara Wink	15	VINE CPT	24/11/2023 CTA A & B CHAMPS 2023
181	2:46.18	L	F	Ashley Seymour	15	WELA LLD	06/12/2023 Free State Champs 2023
182	2:46.77	L	F	Caitlin Govender	15	SGUL ETH	05/04/2024 SA Level 2 Regional Age Group Champs
183	2:46.91	L	F	Zia Petersen	15	XSAQ CPT	17/09/2023 CTA BMEET 3
184	2:47.20	L S	F	Chloe Jewell	15	PEAS NMA	26/01/2024 6th A League Gala 2024
185	2:47.21	L	F	Bianke Von Schlichting	15	PRA GSD	16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17
186	2:47.75	L	F	Kate-Lynn Kruger	15	DESA NMA	23/09/2023 3rd A League Gala 2023
187	2:48.03	L	F	Izolde Lombard	15	ASAC CPT	03/02/2024 Winelands SL final
188	2:48.35	L	F	Lungiswa Grootboom	15	SWAR WCD	11/11/2023 Swartland Prestige Gala 2023
189	2:48.47	L	F	Jessica Carrol	15	BLMA CPT	11/11/2023 Swartland Prestige Gala 2023
190	2:48.65	L S	F	Hannah Coert	15	MANT CPT	05/10/2023 42nd Freda Barnard Invitational Gala
191*	2:48.71	L	F	Stacey Fisher	15	TRAZ TSH	01/12/2023 2023 The Tshwane Mayor's Gala
191*	2:48.71	L	F	Gabriella Oaten	15	CYBE CPT	21/01/2024 CTA BMEET 4
193	2:48.90	L	F	Taylor Ririe	15	BLNE MAN	27/10/2023 Neptune Prestige Gala
194	2:49.79	L	F	Amelie Brüggers	15	VINE CPT	18/11/2023 CTA QUALIFYING MEET 2
195	2:50.00	L	F	Jacoline Crous	15	SWAR WCD	11/11/2023 Swartland Prestige Gala 2023
196	2:50.06	L	F	Sinoah Pretorius	15	HPS TSH	01/12/2023 2023 The Tshwane Mayor's Gala
197	2:50.41	L	F	Megan Nieman	15	PSC TSH	17/11/2023 NTS Level 3+ November Age Group
198	2:50.71	L	F	Nina Van Tonder	15	LALE CED	10/02/2024 WCA-B Champs - 2024
199	2:50.94	L	F	Reese Edwards	15	SSISA CPT	18/11/2023 CTA QUALIFYING MEET 2
200	2:51.02	L	F	Megan Webster	15	RFA TSH	22/09/2023 NTS Level 3+ September Age Group
201	2:51.24	L	F	Nicole Norman	15	RPAC EKU	26/01/2024 EGA Last Chance 2024
202	2:51.39	L	F	Micaela Mutooni	15	ELEC TSH	01/12/2023 2023 The Tshwane Mayor's Gala
203*	2:51.71	L	F	Hannah van der Veen	15	AQUA BUF	17/02/2024 Eastern Cape School Trials 2024
203*	2:51.71	L	F	Celine Miles	15	BLUO UGD	24/11/2023 Westville-Seals LC Championships
205	2:51.79	L	F	Shannon Rautenbach	15	UNI EZD	16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17
206	2:52.15	L S	F	Oratile Matli	15	ESTR EKU	24/03/2024 SA Level 2 Regional Age Group Champs
207	2:52.48	L	P	Ivana Vyncke	15	DRGN EKU	30/11/2023 CGA Championships 2023
208	2:52.87	L	F	Mignon Burger	15	SWAR WCD	11/11/2023 Swartland Prestige Gala 2023
209	2:53.32	L	F	Emma Thompson	15	PSC TSH	01/12/2023 2023 The Tshwane Mayor's Gala
210	2:53.50	L	F	Kaylin Bezuidenhoud	15	BLOT MAN	21/10/2023 Otters Prestige Gala 2023
211	2:53.66	L	F	Milla Douglas	15	AZON ETH	05/04/2024 SA Level 2 Regional Age Group Champs
212	2:53.84	L	F	Alea Du Toit	15	CYBE CPT	21/01/2024 CTA BMEET 4
213	2:53.85	L S	F	Sandri Visser	15	PLAY CED	05/10/2023 42nd Freda Barnard Invitational Gala
214	2:54.80	L	F	Emma Brooks	15	SWAR WCD	17/02/2024 Swartland Invitational Gala 2024
215	2:54.96	L	F	Gaby Bishop	15	BETH FDD	06/12/2023 Free State Champs 2023
216	2:55.00	L	F	Ashleigh Davies	15	WELA LLD	27/10/2023 Neptune Prestige Gala
217	2:55.20	L	F	Alexandra Sheppard	15	BERG BP	23/02/2024 NW School Championships 2024
218	2:55.21	L S	F	Sadie Jelley	15	RFA TSH	24/03/2024 SA Level 2 Regional Age Group Champs
219	2:55.56	L	F	Esmarie Terblanche	15	LALE CED	18/11/2023 CTA QUALIFYING MEET 2
220	2:55.63	L	F	Thandolwenkosi Mabaso	15	FRA KCD	13/01/2024 KCDA January Age Group Gala 2024
221	2:57.53	L	F	Gabriella Kirsten	15	QSAW CED	17/02/2024 Swartland Invitational Gala 2024
222	2:58.13	L	F	Jenna White	15	ELRAS WBD	11/11/2023 Limpopo Age Group 5
223	2:58.44	L	F	Kiara Storm	15	STSC KCD	05/04/2024 SA Level 2 Regional Age Group Champs
224	2:58.48	L	F	Anmi Slabbert	15	PAQU CED	10/02/2024 WCA-B Champs - 2024
225	2:58.52	L	F	Naseerah Vd Merwe	15	WEST CPT	17/02/2024 Swartland Invitational Gala 2024
226	2:58.76	L	F	Georgia Knight	15	WATR JHB	20/01/2024 CGA Level 2+ Gala 20 Jan 2024
227	2:59.14	L	F	Leigh Chung Kim Yuen	15	MANT CPT	21/01/2024 CTA BMEET 4
228	2:59.22	L	F	Buhle Mahlalela	15	UNI EZD	29/09/2023 MP AGE GROUP 1 29.09.2023 -
229	3:00.71	L	F	Lisa van der Westhuizen	15	PGIM KK	23/02/2024 NW School Championships 2024
230	3:02.15	L	F	Riley Koegelenberg	15	LALE CED	17/02/2024 Swartland Invitational Gala 2024
231	3:02.48	L S	F	Imaan Velloo	15	MANT CPT	05/10/2023 42nd Freda Barnard Invitational Gala
232	3:02.73	L	F	Olethiwe Mqadi	15	CASC CPT	17/09/2023 CTA BMEET 3
233	3:03.32	L	F	Sadie Kata	15	SWIFT EKU	02/03/2024 AG Level 1 Regional Age Group
234	3:03.61	L	F	Paris Shiwundlana	15	AFIN JHB	14/10/2023 CGA Level 2 + Gala Oct 2023

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
235	3:03.63 L	F	Selente Oosthuysen	15	HREF BP	21/10/2023	NWS Age Group 1 & 2 2023
236	3:04.21 L	F	Angelina Valle	15	AQDO CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
237	3:04.54 L	F	Micke de Jager	15	PSA ZLD	27/01/2024	Ushaka Champs 2024
238	3:04.62 L	F	Carli Dippenaar	15	ROA EDD	21/10/2023	EDEN 2nd A-League Gala 2023
239	3:04.68 L	F	Sienna Lombard	15	HPS TSH	19/01/2024	NTS Level 1+2 January Age Group 2024
240	3:04.90 L	F	Chelsea Snyman	15	SS MPD	01/12/2023	Limpopo Champs
241	3:04.97 L	F	Kiara Krauss	15	GREY CPT	11/11/2023	Winelands SL4
242	3:05.23 L	F	Helena Van Vuuren	15	KALA	20/01/2024	AGE GROUP 5 KATHU 2024
243	3:05.32 L	F	Shaelyn Lawson	15	AQUA BUF	24/11/2023	BCA Long Course Championships 2023
244	3:05.42 L	P	Alaynah Bhamjee	15	ATLA JHB	30/11/2023	CGA Championships 2023
245	3:06.44 L	F	Camryn Shaw	15	PEAS NMA	24/06/2023	PEA Winter Gala 2023
246	3:07.38 L	F	Gabriella Carminati	15	AFIN JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
247	3:07.73 L	F	Zainah Akhalwaya	15	OLDE JHB	24/02/2024	CGA Level 2+ Last Chance Gala 24 Feb
248	3:10.64 L	F	Kayla Spagnoletti	15	SAAW CPT	17/09/2023	CTA BMEET 3
249	3:10.75 L	F	Minette Els	15	BETH FDD	02/03/2024	FSA Level 1 2024
250	3:10.78 L	F	Brooklyn-Taylor Sunker	15	MAKO ECU	26/01/2024	EGA Last Chance 2024
251	3:12.69 L	F	Tatiana Ioannides	15	BLSS MAN	27/10/2023	Neptune Prestige Gala
252	3:12.99 L	F	Jessimie Van der Sandt	15	LALE CED	17/02/2024	Swartland Invitational Gala 2024
253	3:13.19 L	F	Ebenette Van Niekerk	15	FISH EDD	17/02/2024	EDEN 5th A-League Gala 2024
254	3:14.58 L S	F	Bathiyana Zondo	15	BARR CPT	05/10/2023	42nd Freda Barnard Invitational Gala
255	3:15.33 L	F	Esther Erasmus	15	PGH KK	23/02/2024	NW School Championships 2024
256	3:15.59 L S	F	Shay-Leigh Pieters	15	HURA CPT	05/10/2023	42nd Freda Barnard Invitational Gala
257	3:15.74 L	F	Amy Klink	15	JAQ ECU	02/03/2024	AG Level 1 Regional Age Group
258	3:16.71 L	F	Khwezi Khaba	15	UMSH ETH	16/02/2024	EDA Age Group Gala 6 2024
259	3:17.14 L	F	Kayla Welgemoed	15	VALS FDD	27/10/2023	Neptune Prestige Gala
260	3:20.54 L	F	Chulumanco Nyukwana	15	MPS NGD	03/02/2024	Buffalo City School Trials 2024
261	3:20.61 L	F	Beané du Plessis	15	STELL RMD	11/11/2023	NWS Age Group 3 + 4
262	3:25.86 L	F	Johanika Groenewald	15	UNI EZD	02/03/2024	SSA LEVEL 1 REGIONAL CHAMPS
263	3:28.76 L S	F	Kholofelo Seabi	15	SWIFT ECU	24/03/2024	SA Level 2 Regional Age Group Champs
264	3:29.86 L	F	Abigail Cullen	15	WELA LLD	27/10/2023	Neptune Prestige Gala
265	3:37.40 L	F	Jessica Bennett	15	SAAW CPT	17/02/2024	Swartland Invitational Gala 2024
266	3:38.06 L	F	Jada Grill	15	HURA CPT	11/11/2023	Swartland Prestige Gala 2023
267	3:41.09 L	F	Thea Vermaak	15	WELA LLD	02/03/2024	FSA Level 1 2024
268	3:42.74 L	F	Cala Welgemoed	15	VALS FDD	27/10/2023	Neptune Prestige Gala
269	3:50.54 L	F	Zoë Pierce	15	ESTR ECU	02/03/2024	AG Level 1 Regional Age Group
270	3:54.79 L	F	Lwazi Mqeke	15	WELA LLD	02/03/2024	FSA Level 1 2024
271	3:56.41 L	F	Simone Bronkhorst	15	PHS CCD	27/01/2024	Limpopo School Champs
272	3:58.41 L S	P	Kaelo Makhatho	15	ESP ECU	07/12/2023	EGA Summer Championships
273	3:58.83 L	F	Karabo Malinga	15	USHAK ECU	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
274	4:21.34 L	F	Ayanda Luthuli	15	USH KCD	27/01/2024	Ushaka Champs 2024
<b>Women 15-15      400 Free</b>							
1	4:28.90 L	F	Jaime Mote	15	INFA NMA	15/12/2023	NMBA Championships 2023
2	4:29.41 L	F	Karla Myburgh	15	TUKS TSH	15/03/2024	SA National Junior Age Group
3	4:34.36 L	F	Lara Gouws	15	TUKS TSH	15/03/2024	SA National Junior Age Group
4	4:34.94 L	F	Leah Markgraaff	15	TUKS TSH	15/03/2024	SA National Junior Age Group
5	4:42.81 L	F	Annebel Stewart	15	AZON ETH	15/03/2024	SA National Junior Age Group
6	4:43.21 L	F	Rachel Hinckley	15	CA ECU	15/03/2024	SA National Junior Age Group
7	4:45.19 L	F	Gemma Goncalves	15	SEAL UMD	15/03/2024	SA National Junior Age Group
8	4:45.75 L	F	Emma Pinheiro	15	SMTG JHB	15/03/2024	SA National Junior Age Group
9	4:46.56 L	F	Ashley Scholtz	15	CA ECU	15/03/2024	SA National Junior Age Group
10	4:48.94 L	F	Kailey Joubert	15	AZON ETH	15/03/2024	SA National Junior Age Group
11	4:49.18 L	F	Kate-Lynn de Jager	15	BLOT MAN	14/12/2023	Western Cape LC-A Championship 2023
12	4:49.79 L	F	Kiara Banks	15	TUKS TSH	15/03/2024	SA National Junior Age Group
13	4:49.89 L	F	Daniëlla Müller	15	TUKS TSH	15/03/2024	SA National Junior Age Group
14	4:51.32 L	P	Emily Palmer	15	ECA BUF	08/04/2024	SA National Aquatic Champ 2024-PE
15	4:52.02 L	F	Madison du Plessis	15	BLOT MAN	19/04/2024	SA Schools Swimming Championship
16	4:53.55 L	F	Leila Yazbek	15	BLNE MAN	06/12/2023	Free State Champs 2023
17	4:55.23 L	F	René Kotzé	15	POTC KKD	06/12/2023	NWS Championships 2023/24
18	4:57.63 L	F	Kayla Gous	15	USC BUF	24/06/2023	PEA Winter Gala 2023



## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
19	4:59.21 L	F	Kelly Stork	15	BAS EKU	26/01/2024	EGA Last Chance 2024
20	4:59.85 L	F	Zandri Knoetze	15	INFA NMA	09/02/2024	Infinity Gala 2024
21	5:00.98 L	F	Asia Kleinhans	15	AQDO CPT	16/09/2023	CTA A MEET 3
22	5:01.12 L	F	Danielle Harbron	15	BLOT MAN	21/03/2024	SA Level 3 Regional Age Group
23	5:01.57 L	F	Shanna-Leigh Zeelie	15	BLMA CPT	24/11/2023	CTA A & B CHAMPS 2023
24	5:02.91 L	F	Madisynn Elliott	15	AA JHB	30/11/2023	CGA Championships 2023
25	5:03.04 L	F	Donne Bruyns	15	CSA EZD	20/03/2024	SA Level 3 Regional Age Group
26	5:03.27 L	F	Robyn Barbour	15	ESP EKU	20/03/2024	SA Level 3 Regional Age Group
27	5:03.37 L	F	Kayleigh Hahn	15	ROA EDD	12/08/2023	Madibaz Swim Meet 2023
28	5:03.40 L	F	Ella Eldar	15	TUKS TSH	26/01/2024	NTS Level 3+ January Age Group 2024
29*	5:03.77 L	F	Maria Steyn	15	BLSS MAN	21/03/2024	SA Level 3 Regional Age Group
29*	5:03.77 L	F	Chloe Olivier	15	CA EKU	07/12/2023	EGA Summer Championships
31	5:04.25 L	F	Grace Powell	15	CSC TSH	20/10/2023	NTS Level 3+ October Age Group 2023
32	5:04.64 L	F	Amy O'Connor	15	CRSC JHB	30/11/2023	CGA Championships 2023
33	5:07.40 L	F	Hannah Sandilands	15	MDOL JHB	27/01/2024	CGA Level 2+ Gala 27 Jan 2024
34	5:08.63 L	F	Hannah Burke	15	SFSC CPT	03/02/2024	Winelands SL final
35	5:10.79 L	F	Mikje Bocking	15	SEAL UMD	24/11/2023	Westville-Seals LC Championships
36	5:13.10 L	F	Mikayla Lombard	15	TUKS TSH	20/10/2023	NTS Level 3+ October Age Group 2023
37	5:13.52 L	F	Jaime Maritz	15	CSA EZD	20/03/2024	SA Level 3 Regional Age Group
38	5:14.22 L	F	Leeya Amon	15	CASC CPT	18/11/2023	CTA QUALIFYING MEET 2
39	5:15.46 L	F	Rii Spoelstra	15	TUKS TSH	20/03/2024	SA Level 3 Regional Age Group
40	5:15.98 L	F	Yvonne Pretorius	15	MSC NGD	01/12/2023	Mpumalanga Championships 2023
41	x5:16.35 L	F	Emma Neethling	15	FISH EDD	10/02/2024	WCA-B Champs - 2024
42	5:16.62 L	F	Miela Smit	15	AQUA BUF	10/02/2024	BCA Feb Age Group Gala 2024
43*	5:16.88 L	F	Jodi Boettger	15	USC BUF	24/06/2023	PEA Winter Gala 2023
43*	5:16.88 L	F	Mia Wellsted	15	HASC JHB	30/11/2023	CGA Championships 2023
45	5:17.70 L	P	Stacey Smith	15	PAC TSH	12/12/2023	NTS Championships 2023
46	5:18.35 L	F	Corli Liversage	15	BLSS MAN	27/10/2023	Neptune Prestige Gala
47	5:19.86 L	F	Simone Cussons	15	UNI EZD	01/12/2023	Mpumalanga Championships 2023
48	5:20.11 L	F	Sian Kleynhans	15	ROA EDD	18/11/2023	Eden LC Champs 2023
49	5:21.13 L	F	Zianè Jantzen	15	QUIC CPT	18/11/2023	CTA QUALIFYING MEET 2
50	5:21.66 L	F	Megan Augustyn	15	ONYX EKU	26/01/2024	EGA Last Chance 2024
51	5:22.53 L	F	Jocelyn Cromhout	15	BCA BUF	13/01/2024	BCA Inter-District Championship Gala
52	5:23.53 L	F	Izabella Alevras	15	AAS JHB	30/11/2023	CGA Championships 2023
53	5:23.71 L	F	Leah Crozier	15	FAAC	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
54	5:24.17 L	F	Carine Röntgen	15	ASAW CED	03/02/2024	Winelands SL final
55*	5:24.31 L	F	Lumka Ntaka	15	UMSH ETH	21/01/2024	EDA Age Group Gala 5 2024
55*	5:24.31 L	F	Tayla Dowie	15	QUES JHB	27/01/2024	CGA Level 2+ Gala 27 Jan 2024
57	5:24.57 L S	F	WanRu Zhou	15	BLMA CPT	05/10/2023	42nd Freda Barnard Invitational Gala
58	5:24.81 L	F	Jessica Bosman	15	QUIC CPT	10/02/2024	WCA-B Champs - 2024
59	5:25.20 L	F	Catherine O'Grady	15	MSC NGD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
60	5:26.99 L	F	Tatum Topliss	15	CA EKU	07/12/2023	EGA Summer Championships
61	5:27.78 L	F	Catherine Desilla	15	SASE JHB	20/03/2024	SA Level 3 Regional Age Group
62	5:28.26 L	F	Mea Harding	15	BAS EKU	20/03/2024	SA Level 3 Regional Age Group
63	5:28.31 L	F	Georgia Alston	15	SASE JHB	20/03/2024	SA Level 3 Regional Age Group
64	5:28.54 L	F	Michaela Nell	15	AAS JHB	30/11/2023	CGA Championships 2023
65	5:28.58 L	F	Isla Minderon	15	PEAS NMA	15/12/2023	NMBA Championships 2023
66	5:28.65 L	F	Paige Edmundson	15	SASE JHB	20/03/2024	SA Level 3 Regional Age Group
67	5:28.91 L	F	Kemantha Ayair	15	BEAV ETH	21/01/2024	EDA Age Group Gala 5 2024
68	5:29.51 L	F	Jaimee Marais	15	ELRAS WBD	20/03/2024	SA Level 3 Regional Age Group
69	5:30.65 L	F	Johané Jv Rensburg	15	TUKS TSH	20/10/2023	NTS Level 3+ October Age Group 2023
70	5:31.13 L	F	Chrisley Barnard	15	BS LLD	21/03/2024	SA Level 3 Regional Age Group
71	5:31.66 L	F	Maria Dos Santos	15	MCS BP	23/02/2024	NW School Championships 2024
72	5:31.85 L	F	Gabriella Otto	15	HASC JHB	30/11/2023	CGA Championships 2023
73	5:34.68 L	F	Lelanie Buhr	15	SWAR WCD	11/11/2023	Swartland Prestige Gala 2023
74	5:35.55 L	F	Simonè Schonken	15	TASC MPD	11/11/2023	Limpopo Age Group 5
75	5:35.98 L	F	Ilanze du Plessis	15	BLSS MAN	06/12/2023	Free State Champs 2023
76	5:36.44 L	F	Caitlyn Dube	15	RSA	03/05/2023	CANA Zone IV Swimming Champions
77	5:36.45 L	F	Maya McCollum	15	AQDO CPT	10/02/2024	WCA-B Champs - 2024

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
78	5:36.51 L	F	Summer Ascielli	15	CYBE CPT	10/02/2024	WCA-B Champs - 2024
79	5:37.76 L	F	Megan Van den Heever	15	UNI EZD	01/12/2023	Mpumalanga Championships 2023
80	5:37.78 L	F	Storme Badenhorst	15	MARL CPT	24/06/2023	PEA Winter Gala 2023
81	5:38.43 L	F	Chanè Grobbelaar	15	SWAR WCD	10/02/2024	WCA-B Champs - 2024
82	5:39.29 L	F	Hannah Naidoo	15	BEAV ETH	21/01/2024	EDA Age Group Gala 5 2024
83	5:39.44 L S	F	Mieke Vd Walt	15	FISH EDD	05/10/2023	42nd Freda Barnard Invitational Gala
84	5:40.02 L	F	Lerize Du Toit	15	ACAA CCD	01/12/2023	Limpopo Champs
85	5:40.63 L	F	Vera Chen	15	BLSS MAN	06/10/2023	Super Seals & Sentraal Aquatics Gala
86	5:41.11 L	F	Lara Eckersley	15	CRSC JHB	20/03/2024	SA Level 3 Regional Age Group
87	5:41.25 L	F	Deoné Borstlap	15	POTC KKD	06/12/2023	NWS Championships 2023/24
88	5:41.70 L	F	Ingrid Van Loggerenberg	15	TUKS TSH	01/12/2023	2023 The Tshwane Mayor's Gala
89	5:42.18 L	F	Mia De Klerk	15	CSA EZD	13/10/2023	MP AGE GROUP 2
90	5:42.89 L	F	Shayla Harvey	15	WSTV ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
91	5:43.02 L	F	Zoé Steyn	15	HREF BP	21/10/2023	NWS Age Group 1 & 2 2023
92	5:45.00 L	F	Peta Mazery	15	WSTV ETH	21/01/2024	EDA Age Group Gala 5 2024
93	5:45.23 L	F	Anè Kemp	15	SWAR WCD	10/02/2024	WCA-B Champs - 2024
94	5:45.37 L	F	Kaylie Groenewald	15	ACAA CCD	24/06/2023	PEA Winter Gala 2023
95	5:46.20 L	F	Ogalaletseng Khosana	15	TUKS TSH	16/02/2024	NTS February Open Age Group 2024
96	5:47.15 L	F	Chrystil Raymond	15	CSA EZD	01/12/2023	Mpumalanga Championships 2023
97	5:49.39 L	F	Anne Steyl	15	UPSK ZMD	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
98	5:49.98 L	F	Shyenne Laubscher	15	WELA LLD	06/12/2023	Free State Champs 2023
99	5:53.77 L	F	Cait Da Cunha	15	BON EKU	24/11/2023	EGA Summer 4
100	5:57.66 L	F	Lara Louw	15	BLNE MAN	27/10/2023	Neptune Prestige Gala
101	5:58.12 L	F	Mekayla Pretorius	15	HWSK FBD	10/02/2024	AGE GROUP 6 KBY - 2024
102	5:58.90 L	F	Olethiwe Mqadi	15	CASC CPT	18/11/2023	CTA QUALIFYING MEET 2
103	5:59.63 L	F	Ivana Vyncke	15	DRGN EKU	30/11/2023	CGA Championships 2023
104	6:00.19 L	F	Mariel van der Net	15	JAQ EKU	24/11/2023	EGA Summer 4
105	6:00.99 L	F	Izolde Lombard	15	PSC TSH	22/02/2024	18th Botswana Swimming Nationals
106	6:08.83 L	F	Kuzingca Siramza	15	AQUA BUF	24/06/2023	PEA Winter Gala 2023
107	6:11.08 L	F	Shannon Rautenbach	15	UNI EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
108	6:11.29 L	F	Alexandra Sheppard	15	STAR BPD	16/02/2024	NTS February Open Age Group 2024
109	6:11.82 L	F	Emma Barnard	15	EVO CPT	11/11/2023	Swartland Prestige Gala 2023
110	6:17.04 L	F	Bianke Von Schlichting	15	PRA GSD	02/02/2024	MP AGE GROUP 5 GALA
111	6:18.31 L S	F	Hannah Coert	15	MANT CPT	05/10/2023	42nd Freda Barnard Invitational Gala
112	6:23.83 L	F	Ebenette Van Niekerk	15	FISH EDD	20/01/2024	EDEN 4th A-League Gala 2024
113	6:24.01 L	F	Alea Du Toit	15	CYBE CPT	18/11/2023	CTA QUALIFYING MEET 2
114	6:26.91 L	F	Angelina Valle	15	AQDO CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
115	6:28.63 L S	F	Leigh Chung Kim Yuen	15	MANT CPT	05/10/2023	42nd Freda Barnard Invitational Gala
116	6:29.29 L	F	Buhle Mahlalela	15	UNI EZD	29/09/2023	MP AGE GROUP 1 29.09.2023 -
117	6:33.37 L	F	Lisa van der Westhuizen	15	POTC KKD	06/12/2023	NWS Championships 2023/24
118	6:34.41 L	F	Shaelyn Lawson	15	AQUA BUF	24/11/2023	BCA Long Course Championships 2023
119	6:37.36 L	F	Sadie Jelley	15	RFA TSH	02/02/2024	NTS Level 1+2 February Age Group
120	6:37.94 L	F	Helena Van Vuuren	15	KALA	24/11/2023	AGE GROUP 2 KATHU 2023
121	6:40.80 L	F	Selente Oosthuysen	15	HREF BP	06/12/2023	NWS Championships 2023/24
122	6:44.08 L S	F	Naseerah Vd Merwe	15	WEST CPT	05/10/2023	42nd Freda Barnard Invitational Gala
123	6:55.22 L S	F	Shay-Leigh Pieters	15	HURA CPT	05/10/2023	42nd Freda Barnard Invitational Gala
124	7:11.23 L	F	Esther Erasmus	15	PGH KK	23/02/2024	NW School Championships 2024
125	7:25.52 L	F	Johanika Groenewald	15	UNI EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
<b>Women 15-15 800 Free</b>							
1	9:16.60 L	F	Karla Myburgh	15	TUKS TSH	15/03/2024	SA National Junior Age Group
2	9:27.21 L	F	Leah Markgraaff	15	TUKS TSH	15/03/2024	SA National Junior Age Group
3	9:50.88 L	F	Rachel Hinckley	15	CA EKU	15/03/2024	SA National Junior Age Group
4	9:54.30 L	F	Madison du Plessis	15	FSA FS	08/04/2024	SA National Aquatic Champ 2024-PE
5	9:56.92 L	F	Kiara Banks	15	TUKS TSH	15/03/2024	SA National Junior Age Group
6	9:57.05 L	F	Kate-Lynn de Jager	15	BLOT MAN	14/12/2023	Western Cape LC-A Championship 2023
7	10:03.49 L	F	Kelly Stork	15	BAS EKU	15/03/2024	SA National Junior Age Group
8	10:03.77 L	F	Hannah Sandilands	15	MDOL JHB	15/03/2024	SA National Junior Age Group
9	10:07.45 L	F	Kailey Joubert	15	AZON ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
10	10:10.62 L	F	Daniëlla Müller	15	TUKS TSH	15/03/2024	SA National Junior Age Group

### Individual Top Times

Times since: 01-May-23 Times until: 30-Apr-24  
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
11	10:16.86	L	F	Madisynn Elliott	15	AA JHB	15/03/2024 SA National Junior Age Group
12	10:29.37	L	F	René Kotzé	15	POTC KKD	06/12/2023 NWS Championships 2023/24
13	10:29.90	L	F	Kayla Gous	15	USC BUF	24/06/2023 PEA Winter Gala 2023
14	10:30.15	L	F	Donne Bruyns	15	CSA EZD	16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17
15	10:30.42	L	F	Shanna-Leigh Zeelie	15	BLMA CPT	05/10/2023 42nd Freda Barnard Invitational Gala
16	10:30.84	L	F	Leila Yazbek	15	BLNE MAN	27/10/2023 Neptune Prestige Gala
17	10:37.67	L	F	Robyn Barbour	15	ESP EKU	11/11/2023 EGA Summer 3
18	10:41.74	L	F	Amy O'Connor	15	CRSC JHB	10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023
19	10:42.47	L	F	Maria Steyn	15	BLSS MAN	06/12/2023 Free State Champs 2023
20	10:42.62	L	F	Kayleigh Hahn	15	ROA EDD	05/10/2023 42nd Freda Barnard Invitational Gala
21	10:43.84	L	F	Grace Powell	15	CSC FSH	20/10/2023 NTS Level 3+ October Age Group 2023
22	10:45.20	L	F	Corli Liversage	15	BLSS MAN	27/10/2023 Neptune Prestige Gala
23	10:45.63	L	F	Leeya Amon	15	CASC CPT	18/11/2023 CTA QUALIFYING MEET 2
24	10:48.64	L	F	Lily Ogden	15	PEAS NMA	05/10/2023 42nd Freda Barnard Invitational Gala
25	10:49.15	L	F	Chloe Olivier	15	CA EKU	11/11/2023 EGA Summer 3
26	10:50.88	L	F	Emily Palmer	15	USC BUF	24/06/2023 PEA Winter Gala 2023
27	10:54.74	L	F	Sian Kleynhans	15	ROA EDD	15/12/2023 NMBA Championships 2023
28	11:02.90	L	F	Jodi Boettger	15	USC BUF	24/06/2023 PEA Winter Gala 2023
29	11:06.21	L	F	Rii Spoelstra	15	TUKS FSH	12/12/2023 NTS Championships 2023
30	11:07.40	L	F	Yvonne Pretorius	15	MSC NGD	01/12/2023 Mpumalanga Championships 2023
31	11:11.20	L	F	Amy-Lee Jones	15	CA EKU	11/11/2023 EGA Summer 3
32	11:12.89	L	F	Izabella Alevras	15	AAS JHB	30/11/2023 CGA Championships 2023
33	11:17.19	L	F	Simone Cussons	15	UNI EZD	01/12/2023 Mpumalanga Championships 2023
34	11:18.55	L	F	Milri-Ann Summerton	15	NWUC KKD	21/10/2023 NWS Age Group 1 & 2 2023
35	11:19.41	L	F	Leah Crozier	15	FAAC	07/12/2023 NCASA CHAMPS 7 - 10 DEC 2023
36	11:22.37	L	F	WanRu Zhou	15	BLMA CPT	05/10/2023 42nd Freda Barnard Invitational Gala
37	11:26.97	L	F	Jessica Sardinha	15	BAS EKU	11/11/2023 EGA Summer 3
38	11:33.92	L	F	Tayla Dowie	15	QUES JHB	10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023
39	11:38.84	L	F	Miela Smit	15	AQUA BUF	24/11/2023 BCA Long Course Championships 2023
40	11:39.10	L	F	Maria Dos Santos	15	HREF BP	21/10/2023 NWS Age Group 1 & 2 2023
41	11:41.72	L	F	Taima Telford	15	ASAC CPT	16/09/2023 CTA A MEET 3
42	11:55.47	L	F	Ilanze du Plessis	15	BLSS MAN	24/06/2023 PEA Winter Gala 2023
43	12:06.61	L	F	Deoné Borstlap	15	POTC KKD	11/11/2023 NWS Age Group 3 + 4
44	12:09.61	L	F	Shyenne Laubscher	15	WELA LLD	03/11/2023 Heidedal Welkom Gala
45	12:18.61	L	F	Kaylie Groenewald	15	ACAQ CCD	24/06/2023 PEA Winter Gala 2023
46	12:23.44	L	F	Lara Louw	15	BLNE MAN	03/11/2023 Heidedal Welkom Gala
47	12:35.72	L	F	Taylor Ririe	15	BLNE MAN	27/10/2023 Neptune Prestige Gala
48	12:52.40	L	F	Hannah Coert	15	MANT CPT	05/10/2023 42nd Freda Barnard Invitational Gala
49	13:03.97	L	F	Ashley Seymour	15	WELA LLD	27/10/2023 Neptune Prestige Gala
50	13:33.49	L	F	Danielle Van Dyk	15	QSAW CED	03/02/2024 Winelands SL final
51	13:37.57	L	F	Carli Dippenaar	15	ROA EDD	05/10/2023 42nd Freda Barnard Invitational Gala
52	15:04.22	L	F	Gaby Bishop	15	BETH FDD	19/08/2023 Super Seals Prestige Gala
53	15:22.51	L	F	Johanika Groenewald	15	UNI EZD	03/11/2023 MP AGE GROUP 3 3&4 NOV 2023

#### Women 15-15 1500 Free

1	17:52.95	L S	F	Karla Myburgh	15	TUKS FSH	15/03/2024 SA National Junior Age Group
2	17:57.84	L S	F	Leah Markgraaff	15	TUKS FSH	15/03/2024 SA National Junior Age Group
3	19:12.96	L S	F	Rachel Hinckley	15	CA EKU	15/03/2024 SA National Junior Age Group
4	19:16.41	L S	F	Madison du Plessis	15	FSA FS	08/04/2024 SA National Aquatic Champ 2024-PE
5	19:18.81	L S	F	Daniëlla Müller	15	TUKS FSH	15/03/2024 SA National Junior Age Group
6	19:21.80	L S	F	Kiara Banks	15	TUKS FSH	15/03/2024 SA National Junior Age Group
7	19:22.16	L S	F	Kelly Stork	15	BAS EKU	15/03/2024 SA National Junior Age Group
8	19:37.74	L	F	Ashley Scholtz	15	CA EKU	24/11/2023 EGA Summer 4
9	19:59.58	L S	F	Kayleigh Hahn	15	ROA EDD	15/03/2024 SA National Junior Age Group
10	20:13.79	L	F	Hannah Sandilands	15	CA EKU	28/10/2023 EGA Summer 2 2023
11	20:29.61	L S	F	Maria Steyn	15	BLSS MAN	06/12/2023 Free State Champs 2023
12	20:36.56	L	F	Robyn Barbour	15	ESP EKU	28/10/2023 EGA Summer 2 2023
13	20:49.25	L	F	Kayla Gous	15	USC BUF	24/11/2023 BCA Long Course Championships 2023
14	21:03.50	L	F	Sian Kleynhans	15	ROA EDD	18/11/2023 Eden LC Champs 2023
15	21:06.28	L	F	Chloe Olivier	15	CA EKU	28/10/2023 EGA Summer 2 2023

### Individual Top Times

Times since: 01-May-23 Times until: 30-Apr-24  
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
16	21:11.85	L	F	Milri-Ann Summerton	15	NWUC KKD	21/10/2023 NWS Age Group 1 & 2 2023
17	21:33.00	L	O	Lily Ogden	15	ECA BUF	08/12/2023 2023 SA OWS Champ Trials -PE
18	21:37.00	L	O	Amy-Lee Jones	15	CA EKU	21/10/2023 AG Open Water Series #1
19	21:43.96	L	F	Leah Crozier	15	NC FB	27/01/2024 4 + 1 Inter Provincial Gala 2023
20	21:45.00	L	O	Tyra Penn	15	WATR JHB	20/01/2024 Prime View Swim Festival #3
21	21:49.05	L	F	Tayla Dowie	15	QUES JHB	17/02/2024 CGA Level 2+ Gala 17 Feb 2024
22	21:50.83	L	F	Jessica Sardinha	15	BAS EKU	28/10/2023 EGA Summer 2 2023
23	21:58.00	L	O	Georgia Gouws	15	ECA BUF	08/12/2023 2023 SA OWS Champ Trials -PE
24	22:06.51	L	F	Maria Dos Santos	15	HREF BP	21/10/2023 NWS Age Group 1 & 2 2023
25	22:07.46	L	F	Simone Cussons	15	UNI EZD	01/12/2023 Mpumalanga Championships 2023
26	22:09.35	L	F	Katia Jacob	15	HASC JHB	30/11/2023 CGA Championships 2023
27	22:10.83	L S	F	Ilanze du Plessis	15	BLSS MAN	06/12/2023 Free State Champs 2023
28	22:16.15	L	F	Kuzingca Siramza	15	AQUA BUF	10/02/2024 BCA Feb Age Group Gala 2024
29	22:21.58	L	F	Miela Smit	15	AQUA BUF	24/11/2023 BCA Long Course Championships 2023
30	23:28.82	L	F	Megan Van den Heever	15	UNI EZD	03/11/2023 MP AGE GROUP 3 3&4 NOV 2023
31	23:35.45	L	F	Deoné Borstlap	15	POTC KKD	21/10/2023 NWS Age Group 1 & 2 2023
32	24:02.32	L	F	Izolde Lombard	15	PSC TSH	22/02/2024 18th Botswana Swimming Nationals
33	24:06.55	L	F	Danika Van Zyl	15	FRA KCD	03/02/2024 KCDA February Age Group 2024
34	25:58.00	L	O	Siobhan Evans	15	CA EKU	20/01/2024 Prime View Swim Festival #3
35	26:40.00	L	O	Mia Johnson	15	AAS JHB	20/01/2024 Prime View Swim Festival #3
36	28:52.00	L	O	Gabriella Carminati	15	AFIN JHB	20/01/2024 Prime View Swim Festival #3
37	28:53.00	L	O	Chrystil Raymond	15	CSA EZD	05/11/2023 MP Open Water 2 - 5th November 2023
38	29:51.73	L	F	Johanika Groenewald	15	UNI EZD	02/02/2024 MP AGE GROUP 5 GALA
39	30:49.00	L	O	Sadie Jelley	15	RFA TSH	20/01/2024 Prime View Swim Festival #3
40	31:34.00	L	O	Alaynah Bhamjee	15	ATLA JHB	20/01/2024 Prime View Swim Festival #3
41	32:10.00	L	O	Ella Bradshaw	15	CRSC JHB	20/01/2024 Prime View Swim Festival #3
42	34:37.00	L	O	Keira Taylor	15	TUKS TSH	20/01/2024 Prime View Swim Festival #3
<b>Women 15-15 3000 Free</b>							
1	34:34.00	L	O	Karla Myburgh	15	TUKS TSH	21/10/2023 AG Open Water Series #1
2	40:12.00	L	O	Kelly Stork	15	BAS EKU	21/10/2023 AG Open Water Series #1
3	40:15.77	L	O	Kiara Banks	15	HREF BP	08/03/2024 SA National OWS Championship
4	41:12.03	L	O	Kailey Joubert	15	KZNA ETH	08/03/2024 SA National OWS Championship
5	42:37.00	L	O	Jessica Sardinha	15	BAS EKU	21/10/2023 AG Open Water Series #1
6	43:35.00	L	O	Lily Ogden	15	PEAS NMA	05/11/2023 EC Swim Series OWS 2 2023
7*	44:22.00	L	O	Jade O'Connor	15	TUKS TSH	20/01/2024 Prime View Swim Festival #3
7*	44:22.00	L	F	Annebel Stewart	15	AZON ETH	18/11/2023 KZN Open Water Champs
9	45:36.00	L	O	Madisynt Elliott	15	AA JHB	20/01/2024 Prime View Swim Festival #3
10	46:11.00	L	O	Miela Smit	15	AQUA BUF	15/10/2023 EC Swim Series OWS 1 2023
11	48:49.00	L	O	Isla Minderon	15	PEAS NMA	15/10/2023 EC Swim Series OWS 1 2023
12	50:10.00	L	O	Kuzingca Siramza	15	AQUA BUF	09/12/2023 EC Swim Series OWS 3 2023
13	51:29.00	L	O	Donne Bruyns	15	CSA EZD	05/11/2023 MP Open Water 2 - 5th November 2023
14	52:13.00	L	O	Zoé Steyn	15	CRSC JHB	20/01/2024 Prime View Swim Festival #3
15	52:26.00	L	O	Megan Van den Heever	15	UNI EZD	05/11/2023 MP Open Water 2 - 5th November 2023
16	54:19.00	L	F	Peta Mazery	15	WSTV ETH	18/11/2023 KZN Open Water Champs
17	1:06:17.00	L	O	Johanika Groenewald	15	UNI EZD	05/11/2023 MP Open Water 2 - 5th November 2023
18	1:10:04.00	L	O	Lesedi Kgarimetsa	15	SWIM1 JHB	20/01/2024 Prime View Swim Festival #3
<b>Women 15-15 5000 Free</b>							
1	1:05:23.00	L	O	Karla Myburgh	15	TUKS TSH	21/10/2023 AG Open Water Series #1
2	1:11:37.33	L	O	Kiara Banks	15	HREF BP	08/03/2024 SA National OWS Championship
3	1:11:53.80	L	O	Kailey Joubert	15	KZNA ETH	08/03/2024 SA National OWS Championship
4	1:20:16.00	L	O	Miela Smit	15	AQUA BUF	09/12/2023 EC Swim Series OWS 3 2023
<b>Women 15-15 7500 Free</b>							
1	1:38:53.34	L	O	Karla Myburgh	15	HREF BP	08/03/2024 SA National OWS Championship
<b>Women 15-15 50 Back</b>							
1	30.86	L	F	Gizelle Maritz	15	WATR JHB	15/03/2024 SA National Junior Age Group
2	30.99	L	F	Emily Macqueen	15	SEAL UMD	15/03/2024 SA National Junior Age Group
3	31.33	L	F	Mila Vd Linde	15	GAU JHB	19/04/2024 SA Schools Swimming Championship
4	31.43	L	P	Jaime Mote	15	INFA NMA	24/06/2023 PEA Winter Gala 2023

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
5	31.52 L	F	Ava-Loren Van Galen	15	STAQ CED	15/03/2024	SA National Junior Age Group
6	31.71 L	F	Anri Van Der Westhuizen	15	BLOT MAN	06/12/2023	Free State Champs 2023
7	31.75 L	F	Mikayla Lombard	15	TUKS FSH	15/03/2024	SA National Junior Age Group
8	31.86 L	F	Katelyn Fourie	15	CA ECU	15/03/2024	SA National Junior Age Group
9	32.32 L	F	Amy O'Connor	15	CRSC JHB	15/03/2024	SA National Junior Age Group
10	32.52 L	P	Amy Combrink	15	WCA CPT	08/04/2024	SA National Aquatic Champ 2024-PE
11	32.54 L	F	Leila Yazbek	15	BLNE MAN	06/12/2023	Free State Champs 2023
12	32.58 L	P	Emma Lategan	15	CASC CPT	15/03/2024	SA National Junior Age Group
13	32.60 L	F	Jenna Coetzee	15	INFA NMA	26/08/2023	2nd A League Gala 2023
14	32.70 L	F	Abigail Roberts	15	TUKS FSH	17/11/2023	NTS Level 3+ November Age Group
15	32.71 L	P	Kayla Gous	15	USC BUF	24/06/2023	PEA Winter Gala 2023
16	32.93 L	F	Jesse-Leah Laderach	15	PEAS NMA	12/08/2023	Madibaz Swim Meet 2023
17*	33.09 L	F	Tessa Battheu	15	TUKS FSH	15/03/2024	SA National Junior Age Group
17*	33.09 L	F	Corli Liversage	15	BLSS MAN	06/12/2023	Free State Champs 2023
19	33.15 L	P	Chloe Olivier	15	CA ECU	15/03/2024	SA National Junior Age Group
20	33.23 L	F	Jorja Parsons	15	PSCP UMD	14/12/2023	KZNA 2023 Championships Incorp SSA
21	33.50 L	F	Naledi Thobeha	15	RSA	03/05/2023	CANA Zone IV SwimmingChampions
22	33.59 L	P	Kailey Joubert	15	AZON ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
23	33.70 L	F	Gabriella Van Den Berg	15	ELEC FSH	12/12/2023	NTS Championships 2023
24	33.87 L	P	Jenna Morris	15	VINE CPT	14/12/2023	Western Cape LC-A Championship 2023
25	33.90 L	F	Keira Taylor	15	TUKS FSH	17/11/2023	NTS Level 3+ November Age Group
26	33.92 L	P	Leah Scott	15	BLUO UGD	15/03/2024	SA National Junior Age Group
27	34.02 L	P	Mari Wium	15	QSAW CED	14/12/2023	Western Cape LC-A Championship 2023
28	34.14 L	F	Milla Hulse	15	KLOO ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
29	34.15 L	P	Danaleigh Swanepoel	15	RFA FSH	15/03/2024	SA National Junior Age Group
30*	34.17 L S	F	Hannah Burke	15	SFSC CPT	24/11/2023	CTA A & B CHAMPS 2023
30*	34.17 L S	F	Sophia Trout	15	VINE CPT	24/11/2023	CTA A & B CHAMPS 2023
32	34.19 L	P	Natania Komakech	15	GAU JHB	19/04/2024	SA Schools Swimming Championship
33	34.37 L	F	Kaylie Groenewald	15	ACAA CCD	22/09/2023	NTS Level 3+ September Age Group
34	34.39 L	P	Zoë Goebel	15	TYGE CPT	14/12/2023	Western Cape LC-A Championship 2023
35	34.44 L	P	Rouxne Du Plessis	15	TUKS FSH	15/03/2024	SA National Junior Age Group
36	34.46 L	P	Leah Markgraaff	15	TUKS FSH	12/12/2023	NTS Championships 2023
37	34.48 L	F	Marlene Ward	15	TUKS FSH	22/09/2023	NTS Level 3+ September Age Group
38	34.54 L	P	Gabriella Otto	15	ELEC FSH	20/03/2024	SA Level 3 Regional Age Group
39	34.61 L	F	Mia Wellsted	15	HASC JHB	20/03/2024	SA Level 3 Regional Age Group
40	34.71 L	P	Zandri Knoetze	15	INFA NMA	15/03/2024	SA National Junior Age Group
41	34.78 L	F	Anne Marais	15	TKS WBD	21/10/2023	Limpopo Age Group 4
42	34.87 L	F	Jaime Maritz	15	CSA EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
43	34.88 L	P	Zianè Jantzen	15	QUIC CPT	14/12/2023	Western Cape LC-A Championship 2023
44	34.96 L	F	Kate-Lynn Kruger	15	DESA NMA	21/03/2024	SA Level 3 Regional Age Group
45	35.14 L	P	Shanna-Leigh Zeelie	15	BLMA CPT	14/12/2023	Western Cape LC-A Championship 2023
46	35.15 L	P	Gianna Collard	15	TUKS FSH	12/12/2023	NTS Championships 2023
47	35.21 L	P	Milri-Ann Summerton	15	NWUC KKD	20/03/2024	SA Level 3 Regional Age Group
48	35.22 L S	F	Emma Rossouw	15	TYGE CPT	05/10/2023	42nd Freda Barnard Invitational Gala
49	35.25 L	F	Ilke Prinsloo	15	PEAR NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
50*	35.33 L	F	Kayla Verbaan	15	KLOO ETH	24/11/2023	Westville-Seals LC Championships
50*	35.33 L	F	Lily Ogden	15	PEAS NMA	22/07/2023	1st A League Gala 2023
52	35.34 L	F	Donne Bruyns	15	CSA EZD	01/12/2023	Mpumalanga Championships 2023
53*	35.35 L	P	Emma Pinheiro	15	AAS JHB	30/11/2023	CGA Championships 2023
53*	35.35 L	F	Ilanze du Plessis	15	BLSS MAN	19/08/2023	Super Seals Prestige Gala
55	35.36 L	F	Kaylin Bezuidenhoud	15	BLOT MAN	06/12/2023	Free State Champs 2023
56	35.42 L	F	Cait Da Cunha	15	BON ECU	28/10/2023	EGA Summer 2 2023
57	35.43 L	P	Mikayla Smit	15	AA JHB	20/03/2024	SA Level 3 Regional Age Group
58	35.49 L	P	Lily Durant	15	WATR JHB	30/11/2023	CGA Championships 2023
59	35.51 L	P	Kelly Stork	15	BAS ECU	07/12/2023	EGA Summer Championships
60	35.53 L	F	Megan Augustyn	15	ONYX ECU	07/12/2023	EGA Summer Championships
61	35.55 L	F	Kate-Lynn de Jager	15	BLOT MAN	27/10/2023	Neptune Prestige Gala
62*	35.58 L	P	Caitlyn Dube	15	MDOL JHB	30/11/2023	CGA Championships 2023
62*	35.58 L	P	Juliette van Vught	15	SASE JHB	15/03/2024	SA National Junior Age Group

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
64	35.60 L	F	Mikje Bocking	15	SEAL UMD	24/11/2023	Westville-Seals LC Championships
65	35.70 L	F	Georgia Gouws	15	PRIO NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
66	35.71 L	F	Keera De Esclana	15	VRC TSH	26/01/2024	NTS Level 3+ January Age Group 2024
67	35.72 L	P	Tyra Penn	15	WATR JHB	15/03/2024	SA National Junior Age Group
68	35.78 L S	F	Mieke Vd Walt	15	FISH EDD	05/10/2023	42nd Freda Barnard Invitational Gala
69*	35.83 L	F	Simone Cussons	15	UNI EZD	01/12/2023	Mpumalanga Championships 2023
69*	35.83 L	P	Megan Neizel	15	PSCP UMD	21/03/2024	SA Level 3 Regional Age Group
71*	35.88 L	F	Amy-Lee Jones	15	CA EKU	28/10/2023	EGA Summer 2 2023
71*	35.88 L	F	Kelci Leech	15	BLSS MAN	06/12/2023	Free State Champs 2023
73	35.91 L	F	Amelie Van der Merwe	15	RFA TSH	16/02/2024	NTS February Open Age Group 2024
74	35.95 L	P	Jemma Pearse	15	VINE CPT	15/03/2024	SA National Junior Age Group
75	36.04 L	F	Larissa Visagie	15	LALE CED	10/02/2024	WCA-B Champs - 2024
76	36.06 L	F	Madison du Plessis	15	BLOT MAN	11/11/2023	Bull Sharks Gala
77	36.08 L	F	Robyn Barbour	15	ESP EKU	07/12/2023	EGA Summer Championships
78	36.18 L	P	Stacey Smith	15	PAC TSH	15/03/2024	SA National Junior Age Group
79*	36.25 L	F	Anne Steyl	15	UPSK ZMD	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
79*	36.25 L	P	Mia Vd Merwe	15	GSA CPT	14/12/2023	Western Cape LC-A Championship 2023
81	36.28 L S	F	René Kotzé	15	POTC KKD	06/12/2023	NWS Championships 2023/24
82	36.33 L	F	Ianthy Moolman	15	MSC NGD	01/12/2023	Mpumalanga Championships 2023
83	36.35 L	F	Zoé Steyn	15	CRSC JHB	28/02/2024	Crusaders Night Gala 5
84	36.42 L	P	Makula Kyabayinze	15	TUKS TSH	12/12/2023	NTS Championships 2023
85	36.57 L	F	Madisynn Elliott	15	AA JHB	12/01/2024	2024 Grand Prix Invitation Swimming
86	36.62 L	P	Catherine Desilla	15	SASE JHB	20/03/2024	SA Level 3 Regional Age Group
87	36.63 L	P	Gaby Bishop	15	BETH FDD	26/03/2024	SA Level 2 Regional Age Group Champs
88	36.64 L	P	Jaimee Marais	15	ELRAS WBD	20/03/2024	SA Level 3 Regional Age Group
89	x36.74 L	F	Emma Neethling	15	FISH EDD	10/02/2024	WCA-B Champs - 2024
90	36.78 L	F	Alexandra Santos	15	PSCP UMD	05/04/2024	SA Level 2 Regional Age Group Champs
91	36.81 L	P	Johané Jv Rensburg	15	TUKS TSH	12/12/2023	NTS Championships 2023
92*	36.89 L	F	Danielle Harbron	15	BLOT MAN	06/12/2023	Free State Champs 2023
92*	36.89 L	F	Chloe Byrne	15	SEAL UMD	27/01/2024	Ushaka Champs 2024
94	36.90 L S	F	Rebecca White	15	SSISA CPT	24/11/2023	CTA A & B CHAMPS 2023
95	36.99 L	P	Jordan Wessels	15	ASA ILD	14/12/2023	KZNA 2023 Championships Incorporate SSA
96	37.21 L	F	Eva-Bella Bonomi	15	TRAZ TSH	01/12/2023	2023 The Tshwane Mayor's Gala
97*	37.22 L	P	Maria Steyn	15	BLSS MAN	21/03/2024	SA Level 3 Regional Age Group
97*	37.22 L	F	Ashley Seymour	15	WELA LLD	06/12/2023	Free State Champs 2023
99	37.23 L	F	Nicole Van Zyl	15	CA EKU	28/10/2023	EGA Summer 2 2023
100	37.25 L	F	Ilze Hendriks	15	LEGC ETH	05/04/2024	SA Level 2 Regional Age Group Champs
101	37.33 L	P	Catherine O'Grady	15	MSC NGD	01/12/2023	Mpumalanga Championships 2023
102	37.46 L	F	Mia Gerber	15	LALE CED	11/11/2023	Winelands SL4
103	37.47 L	P	Kganya Mashigo	15	PAC TSH	20/03/2024	SA Level 3 Regional Age Group
104	37.49 L S	F	Lara Wink	15	VINE CPT	24/11/2023	CTA A & B CHAMPS 2023
105	37.50 L	P	Jessica Sardinha	15	BAS EKU	07/12/2023	EGA Summer Championships
106	37.51 L	F	Kuzingca Siramza	15	BCA BUF	13/01/2024	BCA Inter-District Championship Gala
107	37.55 L	F	Daniëlla Müller	15	TUKS TSH	20/10/2023	NTS Level 3+ October Age Group 2023
108	37.57 L	F	Ayalakha Mokoena	15	INFA NMA	21/10/2023	4th A League Gala 2023
109	37.59 L	F	Skyla Perumal	15	WATR JHB	26/07/2023	Giochi Del Tricolore Swim
110	37.60 L S	F	Zia Petersen	15	XSAQ CPT	24/11/2023	CTA A & B CHAMPS 2023
111	37.67 L	F	Zadie Van Wyk	15	TRAZ TSH	24/03/2024	SA Level 2 Regional Age Group Champs
112	37.69 L	P	Vera Chen	15	BLSS MAN	15/03/2024	SA National Junior Age Group
113	37.88 L	P	Georgia Alston	15	SASE JHB	20/03/2024	SA Level 3 Regional Age Group
114	37.91 L	F	Chrisley Barnard	15	BS LLD	06/12/2023	Free State Champs 2023
115	37.98 L	F	Kiara Banks	15	TUKS TSH	23/02/2024	NTS Prestige AG February 2024
116	38.02 L	P	Keira Bester	15	DORE JHB	20/03/2024	SA Level 3 Regional Age Group
117	38.03 L	F	Sandri Visser	15	PLAY CED	11/11/2023	Swartland Prestige Gala 2023
118	38.11 L	F	Esmarie Terblanche	15	LALE CED	03/02/2024	Winelands SL final
119	38.12 L	F	Lungiswa Grootboom	15	SWAR WCD	10/02/2024	WCA-B Champs - 2024
120	38.15 L	F	Anmi Slabbert	15	PAQU CED	10/02/2024	WCA-B Champs - 2024
121	38.22 L	P	Siobhan Evans	15	CA EKU	07/12/2023	EGA Summer Championships
122	38.24 L	F	Leah Crozier	15	FAAC	11/11/2023	AGE GROUP 1

### Individual Top Times

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 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
123	38.26	L	P	Lara Eckersley	15	CRSC	JHB	20/03/2024	SA Level 3 Regional Age Group
124	38.27	L	P	Rii Spoelstra	15	TUKS	FSH	12/12/2023	NTS Championships 2023
125	38.30	L	F	Ingrid Van Loggerenberg	15	TUKS	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
126	38.32	L	F	Maria Dos Santos	15	MCS	BP	23/02/2024	NW School Championships 2024
127	38.36	L	P	Mea Harding	15	BAS	EKU	20/03/2024	SA Level 3 Regional Age Group
128*	38.40	L	F	Jocelyn Cromhout	15	BCA	BUF	13/01/2024	BCA Inter-District Championship Gala
128*	38.40	L	F	Mia Crookham	15	TYGE	CPT	10/02/2024	WCA-B Champs - 2024
130	38.43	L	F	Mia De Klerk	15	CSA	EZD	01/12/2023	Mpumalanga Championships 2023
131	38.49	L	F	Sian Kleynhans	15	ROA	EDD	15/12/2023	NMBA Championships 2023
132	38.55	L	F	Anneke Stassen	15	CASC	CPT	10/02/2024	WCA-B Champs - 2024
133	38.57	L	F	Tia Mari Theron	15	HSBV	SKD	27/01/2024	Limpopo School Champs
134	38.58	L	F	Carme Louw	15	TASC	MPD	01/12/2023	Limpopo Champs
135	38.67	L	F	Gabriella Kirsten	15	QSAW	GED	10/02/2024	WCA-B Champs - 2024
136	38.71	L	F	Jenna White	15	HE	CCD	14/10/2023	Limpopo Top 8 - High Schools
137	38.76	L	F	Zante Young	15	BERG	BP	23/02/2024	NW School Championships 2024
138	38.77	L	F	Line Brits	15	HMER	MP	14/10/2023	Limpopo Top 8 - High Schools
139	38.88	L	F	Tayler Ririe	15	BLNE	MAN	06/12/2023	Free State Champs 2023
140	38.93	L	P	Shayla Harvey	15	WSTV	ETH	14/12/2023	KZNA 2023 Championships Incorpor SSA
141	39.00	L	P	Tayla Dowie	15	QUES	JHB	20/03/2024	SA Level 3 Regional Age Group
142	39.11	L	P	Katia Jacob	15	HASC	JHB	30/11/2023	CGA Championships 2023
143	39.15	L	F	Abigail Pieterse	15	HARV	NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
144*	39.18	L	F	Victoria-Ann Anthony	15	BON	EKU	24/03/2024	SA Level 2 Regional Age Group Champs
144*	39.18	L	P	Sienna Lombard	15	HPS	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
146	39.24	L	F	Judy Stevens	15	QUIC	CPT	21/01/2024	CTA BMEET 4
147	39.26	L S	F	WanRu Zhou	15	BLMA	CPT	05/10/2023	42nd Freda Barnard Invitational Gala
148	39.27	L	F	Elrike du Plessis	15	HSB	BP	23/02/2024	NW School Championships 2024
149	39.31	L	P	Georgia Knight	15	WATR	JHB	24/03/2024	SA Level 2 Regional Age Group Champs
150	39.36	L	F	Mila Petrak	15	ELEC	FSH	22/09/2023	NTS Level 3+ September Age Group
151	39.38	L	F	Antonella Del Fabbro	15	TUKS	FSH	03/11/2023	NTS Level 1+2 November Age Group
152	39.44	L	F	Ashleigh Davies	15	WELA	LLD	03/11/2023	Heidedal Welkom Gala
153	39.49	L	F	Kayla Welgemoed	15	VALS	FDD	26/03/2024	SA Level 2 Regional Age Group Champs
154*	39.50	L	F	Charlotte Staines	15	DSG	NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
154*	39.50	L	P	Ivana Vyncke	15	DRGN	EKU	30/11/2023	CGA Championships 2023
156	39.59	L	F	Micaela Mutooni	15	ELEC	FSH	03/11/2023	NTS Level 1+2 November Age Group
157	39.63	L	F	Chrystil Raymond	15	CSA	EZD	23/09/2023	MP SPRINT GALA 23 SEPTEMBER
158	39.65	L	F	Celine Miles	15	BLUO	UGD	24/11/2023	Westville-Seals LC Championships
159	39.69	L	F	Paige Edmundson	15	SASE	JHB	20/01/2024	CGA Level 2+ Gala 20 Jan 2024
160	39.79	L	P	Izolde Lombard	15	PSC	FSH	22/02/2024	18th Botswana Swimming Nationals
161	40.10	L	F	Lelanie Buhr	15	SWAR	WCD	11/11/2023	Swartland Prestige Gala 2023
162	40.21	L	F	Lara Louw	15	BLNE	MAN	06/12/2023	Free State Champs 2023
163	40.26	L	P	Mariel van der Net	15	JAQ	EKU	07/12/2023	EGA Summer Championships
164	40.27	L	F	Lerize Du Toit	15	ACAA	CCD	01/12/2023	Limpopo Champs
165	40.30	L	F	Helena Pretorius	15	HSBV	SKD	14/10/2023	Limpopo Top 8 - High Schools
166*	40.50	L	F	Yvonne Pretorius	15	MSC	NGD	13/10/2023	MP AGE GROUP 2
166*	40.50	L	F	Megan Webster	15	RFA	FSH	22/09/2023	NTS Level 3+ September Age Group
168	40.65	L	F	Tatiana Ioannides	15	BLSS	MAN	06/12/2023	Free State Champs 2023
169	40.68	L	F	Micke de Jager	15	PSA	ZLD	27/01/2024	Ushaka Champs 2024
170	40.72	L	P	Camryn Shaw	15	PEAS	NMA	09/02/2024	Infinity Gala 2024
171	40.81	L	F	Megan Van den Heever	15	UNI	EZD	03/11/2023	MP AGE GROUP 3 3&4 NOV 2023
172	40.90	L	P	Oratile Matli	15	ESTR	EKU	07/12/2023	EGA Summer Championships
173	40.96	L	F	Michaela Clegg	15	PEAS	NMA	01/10/2023	Curro AquaElite Gala
174	40.99	L	F	Logan Francke	15	RBOT	BPD	11/11/2023	NWS Age Group 3 + 4
175	41.02	L	F	Summer Ascielli	15	CYBE	CPT	17/02/2024	Swartland Invitational Gala 2024
176	41.03	L	F	Shyenne Laubscher	15	WELA	LLD	27/10/2023	Neptune Prestige Gala
177	41.23	L	P	Kholofelo Seabi	15	SWIFT	EKU	07/12/2023	EGA Summer Championships
178*	41.39	L	F	Izabella Alevras	15	SMTC	JHB	28/02/2024	Crusaders Night Gala 5
178*	41.39	L	F	Nina Melka	15	TUKS	FSH	20/10/2023	NTS Level 3+ October Age Group 2023
180	41.45	L	F	Chloe Jewell	15	PEAS	NMA	17/02/2024	Eastern Cape School Trials 2024
181	41.53	L	P	Tatum Topliss	15	CA	EKU	20/03/2024	SA Level 3 Regional Age Group

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 Number of Top Times: All

Times until: 30-Apr-24  
 Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
182	41.54 L	F	Ogalaletseng Khosana	15	TUKS TSH	01/12/2023	2023 The Tshwane Mayor's Gala
183	41.59 L	P	Maya Ndegwa	15	ELEC TSH	24/03/2024	SA Level 2 Regional Age Group Champs
184	41.67 L	P	Miela Smit	15	AQUA BUF	24/06/2023	PEA Winter Gala 2023
185	41.68 L S	F	Beané du Plessis	15	STELL RMD	06/12/2023	NWS Championships 2023/24
186	41.72 L	F	Anè Kemp	15	SWAR WCD	11/11/2023	Swartland Prestige Gala 2023
187	41.88 L	F	Sadie Jelley	15	RFA TSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
188	41.91 L	F	Izaan Meintjes	15	HPP BUF	14/10/2023	Limpopo Top 8 - High Schools
189	41.98 L	F	Milla Douglas	15	AZON ETH	05/04/2024	SA Level 2 Regional Age Group Champs
190	41.99 L	F	Elizabeth Opperman	15	KTS	03/02/2024	NCASA SPRINTS 2024
191	42.08 L	P	Kiara Storm	15	STSC KCD	05/04/2024	SA Level 2 Regional Age Group Champs
192	42.16 L S	F	Ebenette Van Niekerk	15	FISH EDD	05/10/2023	42nd Freda Barnard Invitational Gala
193	42.47 L S	F	Lisa van der Westhuizen	15	POTC KKD	06/12/2023	NWS Championships 2023/24
194	42.51 L	F	Alea Du Toit	15	CYBE CPT	18/11/2023	CTA QUALIFYING MEET 2
195	42.52 L S	F	Leigh Chung Kim Yuen	15	MANT CPT	05/10/2023	42nd Freda Barnard Invitational Gala
196	42.59 L	F	Emma Thompson	15	PSC TSH	19/01/2024	NTS Level 1+2 January Age Group 2024
197	42.60 L	F	Onkarabile Molamu	15	PGH KK	23/02/2024	NW School Championships 2024
198	42.87 L	F	Olethiwe Mqadi	15	CASC CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
199	42.89 L	F	Emma Barnard	15	EVO CPT	21/01/2024	CTA BMEET 4
200	42.95 L S	F	Kayla Spagnoletti	15	SAAW CPT	24/11/2023	CTA A & B CHAMPS 2023
201	42.98 L	F	Brooklyn-Taylor Sunker	15	MAKO ECU	26/01/2024	EGA Last Chance 2024
202	42.99 L	F	Veera Khusal	15	BON ECU	24/11/2023	EGA Summer 4
203	43.02 L	F	Chelsea Snyman	15	HBV MP	14/10/2023	Limpopo Top 8 - High Schools
204	43.06 L	F	Mekayla Pretorius	15	HWSK FBD	03/02/2024	NCASA SPRINTS 2024
205*	43.12 L	F	Alaynah Bhamjee	15	WATR JHB	26/07/2023	Giochi Del Tricolore Swim
205*	43.12 L	F	Jacoline Crous	15	SWAR WCD	11/11/2023	Swartland Prestige Gala 2023
207	43.18 L	F	Nicole Norman	15	RPAC ECU	26/01/2024	EGA Last Chance 2024
208	43.21 L	F	Emma Brooks	15	SWAR WCD	17/02/2024	Swartland Invitational Gala 2024
209	43.39 L	F	Leanette Fourie	15	HSB BP	23/02/2024	NW School Championships 2024
210	43.40 L	F	Shaelyn Lawson	15	AQUA BUF	24/11/2023	BCA Long Course Championships 2023
211	43.53 L S	F	Bathiyana Zondo	15	BARR CPT	24/11/2023	CTA A & B CHAMPS 2023
212	43.59 L	F	Danielle Van Dyk	15	QSAW CED	03/02/2024	Winelands SL final
213	43.62 L	F	Hannah van der Veen	15	AQUA BUF	17/02/2024	Eastern Cape School Trials 2024
214	43.82 L	P	Esther Sauls	15	PGAC ECU	24/03/2024	SA Level 2 Regional Age Group Champs
215	43.95 L	F	Gabrielle Kramer	15	VPHS NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
216	44.02 L S	F	Imaan Velloo	15	MANT CPT	05/10/2023	42nd Freda Barnard Invitational Gala
217	44.15 L	F	Carli Dippenaar	15	ROA EDD	21/10/2023	EDEN 2nd A-League Gala 2023
218	44.22 L	F	Shannon Rautenbach	15	ROB EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21
219	44.23 L	F	Hannah Krummeck	15	HARV NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
220	44.28 L	F	Storme Badenhorst	15	MANT CPT	17/02/2024	Swartland Invitational Gala 2024
221	44.30 L	F	Runakorwashe Makumbe	15	TUKS TSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
222	44.60 L	F	Amy Klink	15	JAQ ECU	02/03/2024	AG Level 1 Regional Age Group
223	44.87 L S	F	Hannah Coert	15	MANT CPT	05/10/2023	42nd Freda Barnard Invitational Gala
224	45.36 L	F	Riley Koegelenberg	15	LALE CED	17/02/2024	Swartland Invitational Gala 2024
225	45.67 L	F	Annika Potgieter	15	POTC KKD	21/10/2023	NWS Age Group 1 & 2 2023
226	45.80 L	F	Anne Bray	15	UPC EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21
227	45.97 L	F	Shay-Leigh Pieters	15	HURA CPT	11/11/2023	Swartland Prestige Gala 2023
228	46.05 L	F	Johanika Groenewald	15	UNI EZD	02/03/2024	SSA LEVEL 1 REGIONAL CHAMPS
229	46.08 L S	F	Naseerah Vd Merwe	15	WEST CPT	05/10/2023	42nd Freda Barnard Invitational Gala
230	46.29 L S	F	Jessica Bennett	15	SAAW CPT	24/11/2023	CTA A & B CHAMPS 2023
231	46.46 L	F	Helena Van Vuuren	15	KALA	03/02/2024	NCASA SPRINTS 2024
232	46.58 L S	F	Alexandra Sheppard	15	STAR BPD	06/12/2023	NWS Championships 2023/24
233	47.19 L	F	Esther Erasmus	15	PGH KK	23/02/2024	NW School Championships 2024
234	47.26 L	F	Thandolwenkosi Mabaso	15	FRA KCD	13/01/2024	KCDA January Age Group Gala 2024
235	47.46 L	F	Marine Schoombie	15	HFDT MP	14/10/2023	Limpopo Top 8 - High Schools
236	47.47 L	F	Zoe Pelsler	15	CAMB BUF	03/02/2024	Buffalo City School Trials 2024
237	47.58 L	F	Mia Coertzen	15	PGH KK	23/02/2024	NW School Championships 2024
238	47.61 L	F	Chulumanco Nyukwana	15	MPS NGD	03/02/2024	Buffalo City School Trials 2024
239	48.62 L	F	Ammaarah Davids	15	XSAQ CPT	17/09/2023	CTA BMEET 3
240	48.82 L	F	Naseerah Du Toit	15	UWCA CPT	21/03/2024	SA Level 3 Regional Age Group



## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
241*	48.91 L	F	Kaelo Makhatho	15	ESP EKU	26/01/2024	EGA Last Chance 2024
241*	48.91 L	F	Yandisa Ndlovu	15	ACSA ETH	27/01/2024	Ushaka Champs 2024
243	49.24 L	F	Selente Oosthuysen	15	HREF BP	21/10/2023	NWS Age Group 1 & 2 2023
244	49.40 L	F	Humairah Safi	15	ISSA NM	23/02/2024	NW School Championships 2024
245	49.43 L S	F	Xoey Williams	15	UWCA CPT	24/11/2023	CTA A & B CHAMPS 2023
246	50.18 L	F	Lesedi Kgarimetsa	15	SWIM1 JHB	02/03/2024	AG Level 1 Regional Age Group
247	50.66 L	F	Minette Els	15	BETH FDD	16/02/2024	Neptunes Last chance Gala
248	50.76 L	F	Lwazi Mqeke	15	WELA LLD	02/03/2024	FSA Level 1 2024
249	50.99 L	F	Ronita Exford	15	CAMB BUF	03/02/2024	Buffalo City School Trials 2024
250	51.53 L	F	Cala Welgemoed	15	VALS FDD	27/10/2023	Neptune Prestige Gala
251	51.80 L	F	Bianke Von Schlichting	15	PRA GSD	23/09/2023	MP SPRINT GALA 23 SEPTEMBER
252	52.14 L	F	Thea Vermaak	15	WELA LLD	03/11/2023	Heidedal Welkom Gala
253	52.62 L	F	Esethu Mabula	15	SRAY BUF	24/11/2023	BCA Long Course Championships 2023
254	52.77 L	F	Michelle Seerane	15	RBOT BPD	11/11/2023	NWS Age Group 3 + 4
255	52.89 L	F	Abigail Cullen	15	WELA LLD	06/12/2023	Free State Champs 2023
256	54.46 L	F	Kurisani Maswakhomu	15	HBV MP	27/01/2024	Limpopo School Champs
257	54.65 L	F	Annica Brand	15	CLSC WCD	17/02/2024	Swartland Invitational Gala 2024
258	55.26 L	F	Zoë Pierce	15	ESTR EKU	02/03/2024	AG Level 1 Regional Age Group
259	55.38 L	F	Safiya Ismail	15	MANT CPT	21/01/2024	CTA BMEET 4
260	55.51 L	F	Rejeanne Bodemer	15	PHS CCD	14/10/2023	Limpopo Top 8 - High Schools
261	55.62 L	F	Simone Bronkhorst	15	SS MPD	21/10/2023	Limpopo Age Group 4
262	56.11 L	F	Karabo Malinga	15	USHAK EKU	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
263	56.14 L	F	Esthea Fourie	15	WAGH BP	23/02/2024	NW School Championships 2024
264	56.30 L	F	Jessica Chandler	15	FRAM NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
265	57.33 L	F	Giselle Coetzee	15	BLOT MAN	26/08/2023	kovsie Sprint Gala
266	59.51 L	F	Letlotlo Kgositlou	15	MATL KKD	11/11/2023	NWS Age Group 3 + 4
267	59.67 L	F	Bontle Makhalanyane	15	WELA LLD	02/03/2024	FSA Level 1 2024
268	1:00.27 L	F	Jo-Anne van Dyk	15	JAQ EKU	28/10/2023	EGA Summer 2 2023
<b>Women 15-15 100 Back</b>							
1	1:05.35 L	F	Gizelle Maritz	15	WATR JHB	15/03/2024	SA National Junior Age Group
2	1:07.02 L	F	Mila Vd Linde	15	GAU JHB	19/04/2024	SA Schools Swimming Championship
3	1:07.43 L	F	Jenna Coetzee	15	INFA NMA	24/06/2023	PEA Winter Gala 2023
4	1:07.91 L	F	Kayla Gous	15	USC BUF	15/03/2024	SA National Junior Age Group
5	1:08.63 L	F	Amy O'Connor	15	CRSC JHB	15/03/2024	SA National Junior Age Group
6	1:08.89 L	P	Mikayla Lombard	15	TUKS TSH	15/03/2024	SA National Junior Age Group
7	1:09.63 L	F	Jesse-Leah Laderach	15	PEAS NMA	15/12/2023	NMBA Championships 2023
8	1:09.74 L	P	Chloe Olivier	15	CA EKU	15/03/2024	SA National Junior Age Group
9	1:10.36 L	P	Katelyn Fourie	15	GAU JHB	19/04/2024	SA Schools Swimming Championship
10	1:10.58 L	P	Emily Macqueen	15	SEAL UMD	15/03/2024	SA National Junior Age Group
11	1:10.59 L	P	Tessa Battheu	15	TUKS TSH	15/03/2024	SA National Junior Age Group
12	1:10.75 L	P	Leila Yazbek	15	BLNE MAN	15/03/2024	SA National Junior Age Group
13	1:10.78 L	P	Amy Combrink	15	WCA CPT	08/04/2024	SA National Aquatic Champ 2024-PE
14	1:11.01 L	P	Abigail Roberts	15	TUKS TSH	12/12/2023	NTS Championships 2023
15	1:11.04 L	P	Kailey Joubert	15	AZON ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
16	1:11.23 L	F	Jaime Mote	15	INFA NMA	12/08/2023	Madibaz Swim Meet 2023
17	1:11.39 L	P	Rachel Hinckley	15	CA EKU	15/03/2024	SA National Junior Age Group
18*	1:11.99 L	P	Gabriella Van Den Berg	15	AGC TSH	08/04/2024	SA National Aquatic Champ 2024-PE
18*	1:11.99 L	F	Madison du Plessis	15	BLOT MAN	19/04/2024	SA Schools Swimming Championship
20	1:12.35 L	P	Leah Markgraaff	15	TUKS TSH	15/03/2024	SA National Junior Age Group
21	1:12.36 L	P	Emma Lategan	15	CASC CPT	15/03/2024	SA National Junior Age Group
22	1:12.51 L	F	Corli Liversage	15	BLSS MAN	06/12/2023	Free State Champs 2023
23	1:12.78 L	P	Ava-Loren Van Galen	15	STAQ CED	14/12/2023	Western Cape LC-A Championship 2023
24	1:12.91 L	P	Rouxne Du Plessis	15	TUKS TSH	15/03/2024	SA National Junior Age Group
25	1:12.93 L	P	Hannah Burke	15	SFSC CPT	15/03/2024	SA National Junior Age Group
26	1:12.97 L	F	Naledi Thobeha	15	RSA	03/05/2023	CANA Zone IV SwimmingChampions
27	1:13.16 L	P	Zandri Knoetze	15	INFA NMA	15/03/2024	SA National Junior Age Group
28	1:13.34 L	P	Mari Wium	15	QSAW CED	14/12/2023	Western Cape LC-A Championship 2023
29	1:13.38 L	P	Jorja Parsons	15	PSCP UMD	14/12/2023	KZNA 2023 Championships Incorp SSA
30	1:13.75 L	P	Danaleigh Swanepoel	15	RFA TSH	15/03/2024	SA National Junior Age Group

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	Time	P/F/S	Name	Age/Yr			
31	1:13.79	L	P	Jemma Pearse	15	VINE CPT	15/03/2024 SA National Junior Age Group
32	1:13.94	L	P	Kelly Stork	15	BAS EKU	15/03/2024 SA National Junior Age Group
33	1:14.15	L	P	Keira Taylor	15	TUKS FSH	20/03/2024 SA Level 3 Regional Age Group
34	1:14.28	L	P	Hannah Sandilands	15	MDOL JHB	15/03/2024 SA National Junior Age Group
35	1:14.44	L	F	Zianè Jantzen	15	QUIC CPT	18/11/2023 CTA QUALIFYING MEET 2
36	1:14.60	L	P	Sophia Trout	15	VINE CPT	14/12/2023 Western Cape LC-A Championship 2023
37	1:14.62	L	F	Anri Van Der Westhuizen	15	BLOT MAN	06/12/2023 Free State Champs 2023
38	1:14.70	L	P	Mia Wellsted	15	HASC JHB	20/03/2024 SA Level 3 Regional Age Group
39	1:14.84	L	P	Natania Komakech	15	GAU JHB	19/04/2024 SA Schools Swimming Championship
40	1:15.06	L	F	Zoë Goebel	15	TYGE CPT	24/11/2023 CTA A & B CHAMPS 2023
41	1:15.31	L	F	Kate-Lynn Kruger	15	DESA NMA	15/12/2023 NMBA Championships 2023
42	1:15.34	L	F	Jaime Maritz	15	CSA EZD	20/03/2024 SA Level 3 Regional Age Group
43	1:15.41	L	P	Tyra Penn	15	AGB JHB	08/04/2024 SA National Aquatic Champ 2024-PE
44	1:15.47	L	F	Emma Rossouw	15	TYGE CPT	24/11/2023 CTA A & B CHAMPS 2023
45	1:15.50	L	F	Milri-Ann Summerton	15	NWUC KKD	11/11/2023 NWS Age Group 3 + 4
46	1:15.66	L	F	Donne Bruyns	15	CSA EZD	01/12/2023 Mpumalanga Championships 2023
47	1:15.76	L	P	Jenna Morris	15	VINE CPT	15/03/2024 SA National Junior Age Group
48	1:15.91	L	P	Shanna-Leigh Zeelie	15	BLMA CPT	14/12/2023 Western Cape LC-A Championship 2023
49	1:15.98	L	F	Marlene Ward	15	TUKS FSH	16/02/2024 NTS February Open Age Group 2024
50	1:16.21	L	F	Emily Palmer	15	USC BUF	15/12/2023 NMBA Championships 2023
51	1:16.26	L	P	Gabriella Otto	15	HASC JHB	30/11/2023 CGA Championships 2023
52	1:16.27	L	F	René Kotzé	15	POTC KKD	06/12/2023 NWS Championships 2023/24
53	1:16.34	L	F	Kate-Lynn de Jager	15	BLOT MAN	27/10/2023 Neptune Prestige Gala
54	1:16.35	L	F	Kaylie Groenewald	15	ACAQ CCD	22/09/2023 NTS Level 3+ September Age Group
55	1:16.55	L	F	Stephanie Jurado	15	SSISA CPT	03/02/2024 CTA BRIAN BUTTON Qualifying Meet
56	1:16.56	L	F	Cait Da Cunha	15	BON EKU	11/11/2023 EGA Summer 3
57	1:16.59	L	F	Milla Hulse	15	KLOO ETH	21/03/2024 SA Level 3 Regional Age Group
58	1:16.76	L	F	Gianna Collard	15	TUKS FSH	20/03/2024 SA Level 3 Regional Age Group
59	1:16.89	L	P	Lily Ogden	15	PEAS NMA	24/06/2023 PEA Winter Gala 2023
60	1:17.17	L	F	Emma Pinheiro	15	SMTC JHB	27/01/2024 CGA Level 2+ Gala 27 Jan 2024
61	1:17.26	L	F	Ilanze du Plessis	15	BLSS MAN	06/12/2023 Free State Champs 2023
62*	1:17.44	L	F	Madisynn Elliott	15	AA JHB	12/01/2024 2024 Grand Prix Invitation Swimming
62*	1:17.44	L	P	Lily Durant	15	WATR JHB	30/11/2023 CGA Championships 2023
64*	1:17.50	L	F	Georgia Gouws	15	PRIO NMA	03/02/2024 Nelson Mandela Bay Schools Trials & 1st
64*	1:17.50	L	F	Jaimee Marais	15	ELRAS WBD	16/02/2024 NTS February Open Age Group 2024
66	1:17.64	L	F	Mia Vd Merwe	15	GSA CPT	24/11/2023 CTA A & B CHAMPS 2023
67	1:17.67	L	F	Megan Neizel	15	PSCP UMD	24/11/2023 Westville-Seals LC Championships
68	1:17.72	L	F	Jaime Roome	15	TUKS FSH	20/10/2023 NTS Level 3+ October Age Group 2023
69	1:17.93	L	P	Skyla Perumal	15	TRAZ FSH	20/03/2024 SA Level 3 Regional Age Group
70	1:18.10	L	P	Kayla Verbaan	15	KLOO ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
71	1:18.27	L	F	Ella Eldar	15	TUKS FSH	17/11/2023 NTS Level 3+ November Age Group
72	1:18.68	L	F	Ilke Prinsloo	15	PEAR NMA	03/02/2024 Nelson Mandela Bay Schools Trials & 1st
73	1:18.88	L	F	Megan Augustyn	15	ONYX EKU	15/09/2023 EGA Summer 1
74	1:18.95	L	F	Michaela Nell	15	AAS JHB	30/11/2023 CGA Championships 2023
75	1:18.99	L	F	Robyn Barbour	15	ESP EKU	15/09/2023 EGA Summer 1
76	1:19.00	L	F	Keera De Esclana	15	VRC FSH	01/12/2023 2023 The Tshwane Mayor's Gala
77	1:19.08	L	F	Larissa Visagie	15	LALE CED	10/02/2024 WCA-B Champs - 2024
78	1:19.17	L	F	Amy-Lee Jones	15	CA EKU	26/01/2024 EGA Last Chance 2024
79	1:19.28	L	F	Caitlyn Dube	15	MDOL JHB	20/01/2024 CGA Level 2+ Gala 20 Jan 2024
80	1:19.37	L	P	Hannah Naidoo	15	BEAV ETH	05/04/2024 SA Level 2 Regional Age Group Champs
81	1:19.62	L	F	Eva-Bella Bonomi	15	TRAZ FSH	01/12/2023 2023 The Tshwane Mayor's Gala
82	1:19.65	L	F	Amelie Van der Merwe	15	RFA FSH	16/02/2024 NTS February Open Age Group 2024
83	1:19.71	L	P	Jessica Sardinha	15	BAS EKU	20/03/2024 SA Level 3 Regional Age Group
84	1:19.75	L	P	Makula Kyabayinze	15	TUKS FSH	12/12/2023 NTS Championships 2023
85	1:19.99	L	P	Jordan Wessels	15	ASA ILD	14/12/2023 KZNA 2023 Championships Incorp SSA
86*	1:20.04	L	F	Judy Stevens	15	QUIC CPT	10/02/2024 WCA-B Champs - 2024
86*	1:20.04	L	F	Rebecca White	15	SSISA CPT	03/02/2024 CTA BRIAN BUTTON Qualifying Meet
88	1:20.07	L	F	Maria Steyn	15	PEAS NMA	01/10/2023 Curro AquaElite Gala
89*	1:20.42	L	F	Kaylin Bezuidenhoud	15	BLOT MAN	06/12/2023 Free State Champs 2023

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	Time	P/F/S	Name	Age/Yr					
89*	1:20.42	L	P	Mikje Bocking	15	KZNA	ETH	19/04/2024	SA Schools Swimming Championship
91	1:20.43	L	F	Chrisley Barnard	15	BS	LLD	06/12/2023	Free State Champs 2023
92	1:20.73	L	F	Mieke Vd Walt	15	FISH	EDD	21/10/2023	EDEN 2nd A-League Gala 2023
93	1:21.01	L	P	Mia Gerber	15	LALE	GED	14/12/2023	Western Cape LC-A Championship 2023
94	1:21.03	L	P	Kganya Mashigo	15	PAC	FSH	12/12/2023	NTS Championships 2023
95	1:21.08	L	F	Zoé Steyn	15	HREF	BP	21/10/2023	NWS Age Group 1 & 2 2023
96	1:21.10	L	P	Peta Mazery	15	WSTV	ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
97	1:21.12	L	F	Jessica Bosman	15	QUIC	CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
98*	1:21.13	L	P	Lara Eckersley	15	CRSC	JHB	20/03/2024	SA Level 3 Regional Age Group
98*	1:21.13	L	F	Leeya Amon	15	CASC	CPT	24/11/2023	CTA A & B CHAMPS 2023
100	1:21.14	L	F	Catherine Desilla	15	SASE	JHB	24/02/2024	CGA Level 2+ Last Chance Gala 24 Feb
101	1:21.17	L	F	Simone Cussons	15	UNI	EZD	01/12/2023	Mpumalanga Championships 2023
102	1:21.20	L	P	Georgia Alston	15	SASE	JHB	20/03/2024	SA Level 3 Regional Age Group
103	1:21.34	L	F	Nicole Van Zyl	15	CA	EKU	26/01/2024	EGA Last Chance 2024
104	1:21.47	L	F	Anne Marais	15	TKS	WBD	01/12/2023	Limpopo Champs
105	1:21.53	L	P	Mea Harding	15	BAS	EKU	20/03/2024	SA Level 3 Regional Age Group
106	1:21.66	L	F	Maria Dos Santos	15	HREF	BP	02/02/2024	NTS Level 1+2 February Age Group
107	1:21.73	L	P	Johané Jv Rensburg	15	TUKS	FSH	12/12/2023	NTS Championships 2023
108	1:21.78	L	F	Leah Crozier	15	FAAC		14/10/2023	FLAMINGO GALA 14 - 15 OCTOBER
109	1:21.93	L	F	Ingrid Van Loggerenberg	15	TUKS	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
110	1:21.99	L	P	Gaby Bishop	15	BETH	FDD	26/03/2024	SA Level 2 Regional Age Group Champs
111	1:22.12	L	F	Sian Kleynhans	15	ROA	EDD	21/10/2023	EDEN 2nd A-League Gala 2023
112	1:22.16	L	F	Jocelyn Cromhout	15	HARL	BUF	24/11/2023	BCA Long Course Championships 2023
113	1:22.17	L	P	Ianthy Moolman	15	MSC	NGD	01/12/2023	Mpumalanga Championships 2023
114	1:22.24	L	F	Ilze Hendriks	15	LEGC	ETH	24/11/2023	Westville-Seals LC Championships
115	1:22.31	L	F	Alexandra Santos	15	PSCP	UMD	05/04/2024	SA Level 2 Regional Age Group Champs
116*	1:22.38	L	F	Lungiswa Grootboom	15	SWAR	WCD	11/11/2023	Swartland Prestige Gala 2023
116*	1:22.38	L	F	Tayla Dowie	15	QUES	JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
118	1:22.53	L	F	Jade O'Connor	15	TUKS	FSH	17/11/2023	NTS Level 3+ November Age Group
119	1:22.65	L	F	Anne Steyl	15	UPSK	ZMD	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
120*	1:22.67	L	P	Milan Van Heerden	15	AZON	ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
120*	1:22.67	L	P	Shayla Harvey	15	WSTV	ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
122	1:22.70	L	F	Stacey Smith	15	PAC	FSH	20/10/2023	NTS Level 3+ October Age Group 2023
123	1:22.84	L	F	Chloe Byrne	15	SEAL	UMD	27/01/2024	Ushaka Champs 2024
124	1:23.06	L	F	WanRu Zhou	15	BLMA	CPT	11/11/2023	Swartland Prestige Gala 2023
125	1:23.12	L	F	Kuzingca Siramza	15	BCA	BUF	13/01/2024	BCA Inter-District Championship Gala
126	1:23.24	L	F	Zadie Van Wyk	15	TRAZ	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
127	1:23.33	L	P	Katia Jacob	15	HASC	JHB	30/11/2023	CGA Championships 2023
128	1:23.35	L	P	Catherine O'Grady	15	MSC	NGD	20/03/2024	SA Level 3 Regional Age Group
129	1:23.52	L	F	Abigail Scheffer	15	PAC	FSH	17/11/2023	NTS Level 3+ November Age Group
130	1:23.57	L	P	Paige Edmundson	15	SASE	JHB	20/03/2024	SA Level 3 Regional Age Group
131	1:24.44	L	P	Keira Bester	15	DORE	JHB	30/11/2023	CGA Championships 2023
132	1:24.50	L	F	Esti Mouton	15	SWAR	WCD	11/11/2023	Swartland Prestige Gala 2023
133	1:24.64	L	F	Sandri Visser	15	PLAY	GED	03/02/2024	Winelands SL final
134	1:24.71	L	F	Chrystil Raymond	15	CSA	EZD	02/02/2024	MP AGE GROUP 5 GALA
135	1:24.81	L	F	Amelie Brügers	15	VINE	CPT	18/11/2023	CTA QUALIFYING MEET 2
136	1:24.87	L	F	Lara Wink	15	VINE	CPT	10/02/2024	WCA-B Champs - 2024
137	1:25.01	L	F	Line Brits	15	HMER	MP	14/10/2023	Limpopo Top 8 - High Schools
138	1:25.04	L	F	Tia Mari Theron	15	HSBV	SKD	27/01/2024	Limpopo School Champs
139	1:25.23	L S	P	Siobhan Evans	15	CA	EKU	07/12/2023	EGA Summer Championships
140	1:25.24	L	F	Mariel van der Net	15	JAQ	EKU	24/03/2024	SA Level 2 Regional Age Group Champs
141	1:25.34	L	P	Rii Spoelstra	15	TUKS	FSH	12/12/2023	NTS Championships 2023
142	1:25.35	L	F	Mila Petrak	15	ELEC	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
143	1:25.36	L	P	Sunny Huang	15	CA	EKU	20/03/2024	SA Level 3 Regional Age Group
144	1:25.40	L	F	Esmarie Terblanche	15	LALE	GED	03/02/2024	Winelands SL final
145	1:25.67	L	F	Summer Ascielli	15	CYBE	CPT	18/11/2023	CTA QUALIFYING MEET 2
146	1:25.81	L	F	Keona Landman	15	AACTA	CPT	10/02/2024	WCA-B Champs - 2024
147	1:25.85	L	P	Deoné Borstlap	15	POTC	KKD	06/12/2023	NWS Championships 2023/24
148	1:26.07	L	F	Reese Edwards	15	SSISA	CPT	18/11/2023	CTA QUALIFYING MEET 2

### Individual Top Times

Times since: 01-May-23  
 Number of Top Times: All

Times until: 30-Apr-24  
 Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
149	1:26.09	L	F	Ashley Seymour	15	WELA LLD	06/12/2023 Free State Champs 2023
150	1:26.70	L	F	Kayla Welgemoed	15	VALS FDD	26/03/2024 SA Level 2 Regional Age Group Champs
151	1:26.78	L	F	Nicola Olivier	15	MCS BP	23/02/2024 NW School Championships 2024
152	1:27.05	L	F	Lara Louw	15	BLNE MAN	06/12/2023 Free State Champs 2023
153	1:27.07	L	F	Yvonne Pretorius	15	MSC NGD	13/10/2023 MP AGE GROUP 2
154	1:27.39	L	F	Asia Kleinhans	15	AQDO CPT	16/09/2023 CTA A MEET 3
155	1:27.44	L	F	Alea Du Toit	15	CYBE CPT	21/01/2024 CTA BMEET 4
156	1:27.45	L	F	Jenna White	15	HE CCD	14/10/2023 Limpopo Top 8 - High Schools
157	1:27.49	L	F	Anmi Slabbert	15	PAQU CED	10/02/2024 WCA-B Champs - 2024
158	1:27.71	L	P	Mia De Klerk	15	CSA EZD	24/03/2024 SA Level 2 Regional Age Group Champs
159	1:27.77	L	F	Micaela Mutooni	15	ELEC TSH	01/12/2023 2023 The Tshwane Mayor's Gala
160	1:27.78	L	F	Anneke Stassen	15	CASC CPT	10/02/2024 WCA-B Champs - 2024
161	1:27.82	L	F	Gabriella Kirsten	15	QSAW CED	17/02/2024 Swartland Invitational Gala 2024
162	1:27.88	L	F	Jessica Carrol	15	BLMA CPT	11/11/2023 Swartland Prestige Gala 2023
163	1:28.05	L	F	Celine Miles	15	BLUO UGD	24/11/2023 Westville-Seals LC Championships
164	1:28.24	L	F	Anè Cloete	15	TYGE CPT	17/09/2023 CTA BMEET 3
165	1:28.28	L	F	Izolde Lombard	15	PSC TSH	22/02/2024 18th Botswana Swimming Nationals
166	1:28.36	L	F	Taylor Ririe	15	BLNE MAN	27/10/2023 Neptune Prestige Gala
167	1:28.40	L	P	Oratile Matli	15	ESTR EKU	24/03/2024 SA Level 2 Regional Age Group Champs
168	1:28.51	L	F	Nina Van Tonder	15	LALE CED	11/11/2023 Winelands SL4
169	1:28.69	L	F	Emma Jansen van Rensburg	15	QSAW CED	10/02/2024 WCA-B Champs - 2024
170	1:28.79	L	F	Ogalaletseng Khosana	15	TUKS TSH	16/02/2024 NTS February Open Age Group 2024
171	1:28.96	L	F	Lerize Du Toit	15	PHS CCD	27/01/2024 Limpopo School Champs
172	1:29.00	L	F	Zia Petersen	15	XSAQ CPT	21/01/2024 CTA BMEET 4
173	1:29.53	L	F	Sienna Lombard	15	HPS TSH	24/03/2024 SA Level 2 Regional Age Group Champs
174	1:29.92	L	F	Mia Crookham	15	TYGE CPT	18/11/2023 CTA QUALIFYING MEET 2
175	1:29.96	L	F	Helena Pretorius	15	HSBV SKD	14/10/2023 Limpopo Top 8 - High Schools
176	1:29.99	L	F	Esther Sullivan	15	WSTV ETH	21/01/2024 EDA Age Group Gala 5 2024
177	1:30.63	L	P	Gabriella Carminati	15	AFIN JHB	24/03/2024 SA Level 2 Regional Age Group Champs
178	1:30.64	L	F	Vera Chen	15	BLSS MAN	15/09/2023 Bull Sharks Annual Gala
179	1:30.83	L	F	Ashleigh Davies	15	WELA LLD	03/11/2023 Heidedal Welkom Gala
180	1:30.98	L	F	Sadie Jelley	15	RFA TSH	02/02/2024 NTS Level 1+2 February Age Group
181	1:31.03	L	F	Leigh Chung Kim Yuen	15	MANT CPT	21/01/2024 CTA BMEET 4
182	1:31.06	L	F	Chloe Jewell	15	PEAS NMA	05/10/2023 42nd Freda Barnard Invitational Gala
183	1:31.08	L	P	Victoria-Ann Anthony	15	BON EKU	24/03/2024 SA Level 2 Regional Age Group Champs
184	1:31.15	L	F	Juliana Du Plessis	15	HBV MP	14/10/2023 Limpopo Top 8 - High Schools
185	1:31.25	L	F	Olethiwe Mqadi	15	CASC CPT	18/11/2023 CTA QUALIFYING MEET 2
186	1:31.93	L S	P	Tatum Topliss	15	CA EKU	07/12/2023 EGA Summer Championships
187	1:32.06	L	F	Jacoline Crous	15	SWAR WCD	11/11/2023 Swartland Prestige Gala 2023
188	1:32.20	L	F	Anè Kemp	15	SWAR WCD	17/02/2024 Swartland Invitational Gala 2024
189	1:32.79	L	F	Lisa van der Westhuizen	15	POTC KKD	21/10/2023 NWS Age Group 1 & 2 2023
190	1:32.97	L	F	Shyenne Laubscher	15	WELA LLD	27/10/2023 Neptune Prestige Gala
191	1:33.34	L	F	Shaelyn Lawson	15	AQUA BUF	24/11/2023 BCA Long Course Championships 2023
192	1:33.66	L	F	Mignon Burger	15	SWAR WCD	11/11/2023 Swartland Prestige Gala 2023
193	1:33.80	L	F	Michaela Clegg	15	PEAS NMA	01/10/2023 Curro AquaElite Gala
194	1:33.89	L	F	Izaan Meintjes	15	HPP BUF	14/10/2023 Limpopo Top 8 - High Schools
195	1:34.48	L	F	Imaan Velloo	15	MANT CPT	21/01/2024 CTA BMEET 4
196	1:34.61	L	F	Hannah Coert	15	MANT CPT	21/01/2024 CTA BMEET 4
197	1:34.93	L	F	Esther Sauls	15	PGAC EKU	26/01/2024 EGA Last Chance 2024
198	1:35.58	L	F	Brooklyn-Taylor Sunker	15	MAKO EKU	26/01/2024 EGA Last Chance 2024
199	1:36.18	L	F	Sophia Kriel	15	QSAW CED	18/11/2023 CTA QUALIFYING MEET 2
200	1:36.27	L	F	Annika Potgieter	15	POTC KKD	21/10/2023 NWS Age Group 1 & 2 2023
201	1:36.60	L S	P	Kholofelo Seabi	15	SWIFT EKU	07/12/2023 EGA Summer Championships
202	1:36.72	L	F	Alaynah Bhamjee	15	WATR JHB	26/07/2023 Giochi Del Tricolore Swim
203	1:36.83	L	F	Alexandra Sheppard	15	STAR BPD	11/11/2023 NWS Age Group 3 + 4
204	1:36.97	L	F	Riley Koegelenberg	15	LALE CED	11/11/2023 Winelands SL4
205	1:37.09	L	F	Emma Brooks	15	SWAR WCD	11/11/2023 Swartland Prestige Gala 2023
206	1:37.20	L	F	Leanette Fourie	15	HSB BP	23/02/2024 NW School Championships 2024
207	1:37.58	L	F	Sadie Kata	15	SWIFT EKU	15/09/2023 EGA Summer 1

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
208	1:37.95 L	F	Maya Ndegwa	15	ELEC TSH	03/11/2023	NTS Level 1+2 November Age Group
209	1:38.56 L	P	Veera Khusal	15	BON EKU	24/03/2024	SA Level 2 Regional Age Group Champs
210	1:38.80 L	P	Selente Oosthuysen	15	HREF BP	06/12/2023	NWS Championships 2023/24
211	1:39.20 L	F	Amy Klink	15	JAQ EKU	02/03/2024	AG Level 1 Regional Age Group
212	1:39.23 L	F	Helena Van Vuuren	15	KALA	03/02/2024	NCASA SPRINTS 2024
213	1:41.07 L	F	Chelsea Snyman	15	HBV MP	14/10/2023	Limpopo Top 8 - High Schools
214	1:41.44 L	F	Bathiyana Zondo	15	BARR CPT	05/10/2023	42nd Freda Barnard Invitational Gala
215	1:41.71 L	P	Camryn Shaw	15	PEAS NMA	24/06/2023	PEA Winter Gala 2023
216	1:41.82 L	F	Gabriella Oaten	15	CYBE CPT	17/02/2024	Swartland Invitational Gala 2024
217	1:42.27 L	F	Runakorwashe Makumbe	15	TUKS TSH	03/11/2023	NTS Level 1+2 November Age Group
218	1:42.40 L	P	Beané du Plessis	15	STELL RMD	06/12/2023	NWS Championships 2023/24
219	1:43.44 L	F	Shay-Leigh Pieters	15	HURA CPT	05/10/2023	42nd Freda Barnard Invitational Gala
220	1:44.44 L	F	Esther Erasmus	15	PGH KK	23/02/2024	NW School Championships 2024
221	1:45.80 L	F	Johanika Groenewald	15	UNI EZD	02/03/2024	SSA LEVEL 1 REGIONAL CHAMPS
222	1:47.00 L	F	Isabella Ress	15	CYBE CPT	17/02/2024	Swartland Invitational Gala 2024
223	1:49.23 L	P	Naseerah Du Toit	15	UWCA CPT	21/03/2024	SA Level 3 Regional Age Group
224	1:49.29 L	F	Lesedi Kgarimetsa	15	SWIM1 JHB	02/03/2024	AG Level 1 Regional Age Group
225	1:50.97 L	F	Naseerah Vd Merwe	15	WEST CPT	17/09/2023	CTA BMEET 3
226	1:53.34 L S	P	Kaelo Makhatho	15	ESP EKU	07/12/2023	EGA Summer Championships
227	1:54.48 L	F	Elia Jones	15	HSTAN MP	14/10/2023	Limpopo Top 8 - High Schools
228	1:58.24 L	F	Esethu Mabula	15	SRAY BUF	24/11/2023	BCA Long Course Championships 2023
229	1:58.45 L	F	Simone Bronkhorst	15	PHS CCD	27/01/2024	Limpopo School Champs
230	1:58.67 L	F	Chulumanco Nyukwana	15	MPS NGD	03/02/2024	Buffalo City School Trials 2024
231	1:59.18 L	F	Abigail Cullen	15	WELA LLD	06/12/2023	Free State Champs 2023
232	1:59.60 L	P	Michelle Seerane	15	RBOT BPD	06/12/2023	NWS Championships 2023/24
233	2:00.39 L	F	Lwazi Mqeke	15	WELA LLD	27/10/2023	Neptune Prestige Gala
234	2:00.47 L	F	Bianke Von Schlichting	15	PRA GSD	03/11/2023	MP AGE GROUP 3 3&4 NOV 2023
235	2:03.48 L	F	Annica Brand	15	CLSC WCD	17/02/2024	Swartland Invitational Gala 2024
236	2:04.61 L	F	Zoë Pierce	15	ESTR EKU	11/11/2023	EGA Summer 3
237	2:07.32 L	F	Kurisani Maswakhomu	15	HBV MP	27/01/2024	Limpopo School Champs
238	2:08.22 L	F	Jada Grill	15	HURA CPT	11/11/2023	Swartland Prestige Gala 2023
239	2:11.12 L	F	Jo-Anne van Dyk	15	JAQ EKU	02/03/2024	AG Level 1 Regional Age Group
240	2:11.24 L	F	Minette Els	15	BETH FDD	18/11/2023	Valsrivier Gala
241	2:11.73 L	F	Thea Vermaak	15	WELA LLD	03/11/2023	Heidedal Welkom Gala
242	2:17.42 L	F	Lumicke Groenewald	15	PHS CCD	14/10/2023	Limpopo Top 8 - High Schools
<b>Women 15-15      200 Back</b>							
1	2:21.95 L	F	Jenna Coetzee	15	INFA NMA	23/09/2023	3rd A League Gala 2023
2	2:25.83 L	P	Gizelle Maritz	15	AGB JHB	08/04/2024	SA National Aquatic Champ 2024-PE
3	2:29.26 L S	F	Amy O'Connor	15	CRSC JHB	15/03/2024	SA National Junior Age Group
4	2:30.45 L S	P	Chloe Olivier	15	CA EKU	15/03/2024	SA National Junior Age Group
5	2:31.07 L	P	Kayla Gous	15	ECA BUF	08/04/2024	SA National Aquatic Champ 2024-PE
6	2:31.22 L	P	Kailey Joubert	15	AZON ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
7	2:31.66 L S	F	Rouxne Du Plessis	15	TUKS TSH	15/03/2024	SA National Junior Age Group
8	2:32.27 L	F	Mila Vd Linde	15	GAU JHB	19/04/2024	SA Schools Swimming Championship
9	2:32.42 L	F	Rachel Hinckley	15	CA EKU	07/12/2023	EGA Summer Championships
10	2:35.01 L	P	Leah Markgraaff	15	TUKS TSH	12/12/2023	NTS Championships 2023
11	2:36.01 L S	P	Tessa Battheu	15	TUKS TSH	15/03/2024	SA National Junior Age Group
12	2:36.53 L	P	Madison du Plessis	15	FSA FS	08/04/2024	SA National Aquatic Champ 2024-PE
13	2:36.68 L S	P	Katelyn Fourie	15	CA EKU	15/03/2024	SA National Junior Age Group
14*	2:36.80 L S	P	Hannah Sandilands	15	MDOL JHB	15/03/2024	SA National Junior Age Group
14*	2:36.80 L S	P	Mikayla Lombard	15	TUKS TSH	15/03/2024	SA National Junior Age Group
16	2:37.02 L S	P	Kelly Stork	15	BAS EKU	15/03/2024	SA National Junior Age Group
17	2:37.36 L S	P	Danaleigh Swanepoel	15	RFA TSH	15/03/2024	SA National Junior Age Group
18	2:38.26 L	F	Hannah Burke	15	SFSC CPT	03/02/2024	Winelands SL final
19	2:38.47 L S	F	Corli Liversage	15	BLSS MAN	06/12/2023	Free State Champs 2023
20	2:39.07 L	P	Amy Combrink	15	VINE CPT	14/12/2023	Western Cape LC-A Championship 2023
21	2:39.08 L S	P	Emma Lategan	15	CASC CPT	15/03/2024	SA National Junior Age Group
22	2:39.45 L	F	Annebel Stewart	15	AZON ETH	24/11/2023	Westville-Seals LC Championships
23	2:40.43 L	F	Naledi Thobeha	15	RSA	03/05/2023	CANA Zone IV Swimming Champions

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
24	2:41.07	L S	P	Abigail Roberts	15	TUKS FSH	15/03/2024	SA National Junior Age Group
25	2:41.86	L	F	Emma Rossouw	15	TYGE CPT	21/03/2024	SA Level 3 Regional Age Group
26	2:42.74	L	F	Donne Bruyns	15	CSA EZD	20/03/2024	SA Level 3 Regional Age Group
27	2:42.89	L S	F	Zoë Goebel	15	TYGE CPT	24/11/2023	CTA A & B CHAMPS 2023
28	2:43.36	L	P	Kayla Verbaan	15	KLOO ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
29	2:44.05	L	F	Kate-Lynn Kruger	15	DESA NMA	09/02/2024	Infinity Gala 2024
30	2:44.16	L	F	Keira Taylor	15	TUKS FSH	20/03/2024	SA Level 3 Regional Age Group
31	2:44.17	L S	F	Ilanze du Plessis	15	BLSS MAN	06/12/2023	Free State Champs 2023
32	2:44.31	L	P	Kate-Lynn de Jager	15	BLOT MAN	14/12/2023	Western Cape LC-A Championship 2023
33	2:44.72	L	F	Jorja Parsons	15	PSCP UMD	14/12/2023	KZNA 2023 Championships Incorp SSA
34	2:44.74	L	P	Shanna-Leigh Zeelie	15	BLMA CPT	14/12/2023	Western Cape LC-A Championship 2023
35	2:45.06	L S	P	Jemma Pearse	15	VINE CPT	15/03/2024	SA National Junior Age Group
36	2:45.80	L S	F	Mia Vd Merwe	15	GSA CPT	24/11/2023	CTA A & B CHAMPS 2023
37	2:46.05	L	F	René Kotzé	15	POTC KKD	06/12/2023	NWS Championships 2023/24
38	2:46.11	L	P	Zianè Jantzen	15	QUIC CPT	14/12/2023	Western Cape LC-A Championship 2023
39	2:46.42	L	P	Jessica Sardinha	15	BAS EKU	20/03/2024	SA Level 3 Regional Age Group
40	2:46.87	L	P	Robyn Barbour	15	ESP EKU	20/03/2024	SA Level 3 Regional Age Group
41	2:46.99	L	F	Mia Wellsted	15	HASC JHB	20/03/2024	SA Level 3 Regional Age Group
42	2:47.10	L S	P	Ava-Loren Van Galen	15	STAQ CED	15/03/2024	SA National Junior Age Group
43	2:47.21	L S	P	Madisynn Elliott	15	AA JHB	15/03/2024	SA National Junior Age Group
44	2:47.23	L	F	Amy-Lee Jones	15	CA EKU	26/01/2024	EGA Last Chance 2024
45	2:47.42	L	F	Lily Ogden	15	PEAS NMA	22/07/2023	1st A League Gala 2023
46	2:47.69	L	F	Sophia Trout	15	VINE CPT	18/11/2023	CTA QUALIFYING MEET 2
47	2:47.79	L	P	Lily Durant	15	WATR JHB	30/11/2023	CGA Championships 2023
48	2:48.63	L	F	Milri-Ann Summerton	15	NWUC KKD	11/11/2023	NWS Age Group 3 + 4
49	2:48.79	L	F	Tyra Penn	15	WATR JHB	30/11/2023	CGA Championships 2023
50	2:48.93	L	F	Gabriella Otto	15	HASC JHB	30/11/2023	CGA Championships 2023
51	2:48.98	L	P	Natania Komakech	15	GAU JHB	19/04/2024	SA Schools Swimming Championship
52	2:49.23	L	F	Leila Yazbek	15	BLNE MAN	03/11/2023	Heidedal Welkom Gala
53	2:49.38	L	F	Megan Augustyn	15	ONYX EKU	26/01/2024	EGA Last Chance 2024
54	2:49.66	L	F	Milla Hulse	15	KLOO ETH	21/03/2024	SA Level 3 Regional Age Group
55	2:49.76	L	F	Megan Neizel	15	PSCP UMD	24/11/2023	Westville-Seals LC Championships
56	2:49.80	L	P	Kaylie Groenewald	15	ACAQ CCD	20/03/2024	SA Level 3 Regional Age Group
57	2:49.86	L	P	Skyla Perumal	15	TRAZ FSH	20/03/2024	SA Level 3 Regional Age Group
58	2:50.26	L	F	Sian Kleynhans	15	ROA EDD	10/02/2024	WCA-B Champs - 2024
59	2:50.78	L	F	Judy Stevens	15	QUIC CPT	10/02/2024	WCA-B Champs - 2024
60	2:51.26	L	F	Lara Eckersley	15	CRSC JHB	30/11/2023	CGA Championships 2023
61	2:51.40	L	F	Maria Steyn	15	BLSS MAN	21/03/2024	SA Level 3 Regional Age Group
62	2:51.41	L	P	Jenna Morris	15	VINE CPT	14/12/2023	Western Cape LC-A Championship 2023
63	2:51.59	L	P	Mea Harding	15	BAS EKU	20/03/2024	SA Level 3 Regional Age Group
64	2:51.80	L S	F	Chrisley Barnard	15	BS LLD	06/12/2023	Free State Champs 2023
65	2:51.99	L	F	Larissa Visagie	15	LALE CED	10/02/2024	WCA-B Champs - 2024
66	2:52.35	L	F	Anne Marais	15	TKS WBD	01/12/2023	Limpopo Champs
67	2:52.63	L	F	Jade O'Connor	15	TUKS FSH	20/10/2023	NTS Level 3+ October Age Group 2023
68	2:52.94	L	F	Caitlyn Dube	15	MDOL JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
69	2:53.13	L	P	Johané Jv Rensburg	15	TUKS FSH	12/12/2023	NTS Championships 2023
70	2:53.17	L	F	Jocelyn Cromhout	15	HARL BUF	24/11/2023	BCA Long Course Championships 2023
71	2:53.23	L	F	Jessica Bosman	15	QUIC CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
72	2:53.77	L	P	Georgia Alston	15	SASE JHB	20/03/2024	SA Level 3 Regional Age Group
73	2:53.95	L	F	Amelie Van der Merwe	15	RFA FSH	16/02/2024	NTS February Open Age Group 2024
74	2:54.74	L	F	Jaimee Marais	15	HSTAN MP	27/01/2024	Limpopo School Champs
75	2:54.84	L	F	Jaime Maritz	15	CSA EZD	03/11/2023	MP AGE GROUP 3 3&4 NOV 2023
76	2:54.85	L	P	Kganya Mashigo	15	PAC FSH	12/12/2023	NTS Championships 2023
77	2:55.64	L	P	Cait Da Cunha	15	BON EKU	07/12/2023	EGA Summer Championships
78*	2:55.67	L	F	Chrystil Raymond	15	CSA EZD	13/10/2023	MP AGE GROUP 2
78*	2:55.67	L	F	Leah Crozier	15	FAAC	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
80	2:56.32	L	P	Nicole Van Zyl	15	CA EKU	20/03/2024	SA Level 3 Regional Age Group
81	2:56.47	L	F	Makula Kyabayinze	15	TUKS FSH	22/09/2023	NTS Level 3+ September Age Group
82	2:56.49	L	F	Gaby Bishop	15	BETH FDD	26/03/2024	SA Level 2 Regional Age Group Champs

### Individual Top Times

Times since: 01-May-23  
 Number of Top Times: All

Times until: 30-Apr-24  
 Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
83	2:56.79 L	F	Abigail Scheffer	15	PAC TSH	01/12/2023	2023 The Tshwane Mayor's Gala
84	2:56.84 L	F	WanRu Zhou	15	BLMA CPT	11/11/2023	Swartland Prestige Gala 2023
85	2:57.18 L	F	Maria Dos Santos	15	MCS BP	23/02/2024	NW School Championships 2024
86*	2:57.42 L	F	Ilze Hendriks	15	LEGC ETH	24/11/2023	Westville-Seals LC Championships
86*	2:57.42 L	F	Mieke Vd Walt	15	FISH EDD	04/11/2023	EDEN 3rd A-League School Trials Gala
88	2:57.97 L	F	Catherine O'Grady	15	MSC NGD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
89	2:58.23 L	F	Katia Jacob	15	HASC JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
90	2:59.49 L	F	Anne Steyl	15	UPSK ZMD	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
91*	2:59.51 L	F	Summer Ascieti	15	CYBE CPT	10/02/2024	WCA-B Champs - 2024
91*	2:59.51 L	F	Ingrid Van Loggerenberg	15	TUKS TSH	24/03/2024	SA Level 2 Regional Age Group Champs
93	2:59.77 L	F	Lungiswa Grootboom	15	SWAR WCD	11/11/2023	Swartland Prestige Gala 2023
94	2:59.96 L	F	Mia De Klerk	15	CSA EZD	13/10/2023	MP AGE GROUP 2
95	3:00.01 L	F	Simone Cussons	15	UNI EZD	29/09/2023	MP AGE GROUP 1 29.09.2023 -
96	3:00.55 L	P	Shayla Harvey	15	WSTV ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
97	3:00.63 L	F	Deoné Borstlap	15	POTC KKD	24/03/2024	SA Level 2 Regional Age Group Champs
98	3:01.43 L	P	Rii Spoelstra	15	TUKS TSH	20/03/2024	SA Level 3 Regional Age Group
99	3:01.51 L	F	Amelie Brügers	15	VINE CPT	10/02/2024	WCA-B Champs - 2024
100	3:01.54 L S	F	Anneke Stassen	15	CASC CPT	24/11/2023	CTA A & B CHAMPS 2023
101	3:01.85 L	F	Yvonne Pretorius	15	MSC NGD	13/10/2023	MP AGE GROUP 2
102	3:03.07 L	F	Zoé Steyn	15	HREF BP	17/11/2023	NTS Level 3+ November Age Group
103*	3:03.61 L	F	Tayla Dowie	15	QUES JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
103*	3:03.61 L	F	Chloe Petersen	15	TUKS TSH	24/03/2024	SA Level 2 Regional Age Group Champs
105	3:03.99 L	F	Zante Young	15	RBUR BPD	06/12/2023	NWS Championships 2023/24
106	3:06.12 L	F	Alexandra Santos	15	PSCP UMD	05/04/2024	SA Level 2 Regional Age Group Champs
107	3:06.24 L S	F	Lara Louw	15	BLNE MAN	06/12/2023	Free State Champs 2023
108	3:06.34 L S	F	Ashley Seymour	15	WELA LLD	06/12/2023	Free State Champs 2023
109	3:07.37 L	F	Kaylin Bezuidenhoud	15	BLOT MAN	06/10/2023	Super Seals & Sentraal Aquatics Gala
110	3:08.00 L	F	Keona Landman	15	AACTA CPT	10/02/2024	WCA-B Champs - 2024
111	3:09.06 L	F	Lara Wink	15	VINE CPT	11/11/2023	Swartland Prestige Gala 2023
112	3:09.30 L	F	Anmi Slabbert	15	PAQU CED	10/02/2024	WCA-B Champs - 2024
113	3:10.33 L	F	Oratile Matli	15	ESTR EKU	28/10/2023	EGA Summer 2 2023
114	3:10.38 L	F	Tia Mari Theron	15	HSBV SKD	27/01/2024	Limpopo School Champs
115	3:10.91 L	F	Micaela Mutooni	15	ELEC TSH	01/12/2023	2023 The Tshwane Mayor's Gala
116	3:11.40 L	F	Mignon Burger	15	SWAR WCD	11/11/2023	Swartland Prestige Gala 2023
117	3:11.84 L	P	Mariel van der Net	15	JAQ EKU	07/12/2023	EGA Summer Championships
118	3:12.57 L	F	Taylor Ririe	15	BLNE MAN	06/10/2023	Super Seals & Sentraal Aquatics Gala
119	3:14.10 L	F	Lerize Du Toit	15	PHS CCD	27/01/2024	Limpopo School Champs
120	3:14.56 L	F	Anè Kemp	15	SWAR WCD	11/11/2023	Swartland Prestige Gala 2023
121	3:14.61 L	F	Milla Douglas	15	AZON ETH	16/02/2024	EDA Age Group Gala 6 2024
122	3:17.32 L	F	Alea Du Toit	15	CYBE CPT	18/11/2023	CTA QUALIFYING MEET 2
123	3:17.51 L	F	Emma Barnard	15	EVO CPT	10/02/2024	WCA-B Champs - 2024
124	3:18.17 L	F	Sadie Jelley	15	RFA TSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
125	3:18.25 L	F	Esther Sauls	15	PGAC EKU	24/03/2024	SA Level 2 Regional Age Group Champs
126	3:19.42 L	F	Maya Ndegwa	15	ELEC TSH	24/03/2024	SA Level 2 Regional Age Group Champs
127	3:23.28 L S	F	Hannah Coert	15	MANT CPT	24/11/2023	CTA A & B CHAMPS 2023
128	3:23.44 L	F	Selente Oosthuysen	15	HREF BP	06/12/2023	NWS Championships 2023/24
129	3:23.60 L	F	Shaelyn Lawson	15	AQUA BUF	24/11/2023	BCA Long Course Championships 2023
130	3:24.43 L	P	Lisa van der Westhuizen	15	POTC KKD	06/12/2023	NWS Championships 2023/24
131	3:27.81 L	F	Logan Francke	15	RBOT BPD	11/11/2023	NWS Age Group 3 + 4
132	3:28.20 L	F	Mila Petrak	15	ELEC TSH	19/01/2024	NTS Level 1+2 January Age Group 2024
133	3:30.43 L	F	Kholofelo Seabi	15	SWIFT EKU	28/10/2023	EGA Summer 2 2023
134	3:33.19 L S	F	Bathiyana Zondo	15	BARR CPT	24/11/2023	CTA A & B CHAMPS 2023
135	3:34.34 L	F	Amy Klink	15	JAQ EKU	28/10/2023	EGA Summer 2 2023
136	3:42.73 L	F	Helena Van Vuuren	15	KALA	02/12/2023	AGE GROUP 3 KATHU - 2023
137	3:49.72 L	F	Shay-Leigh Pieters	15	HURA CPT	11/11/2023	Swartland Prestige Gala 2023
<b>Women 15-15 50 Breast</b>							
1	32.71 L	P	Chanel Veldsman	15	PSCP UMD	15/03/2024	SA National Junior Age Group
2	33.34 L	F	Gabriella Van Den Berg	15	ELEC TSH	15/03/2024	SA National Junior Age Group
3	33.78 L	F	Kayla Gous	15	USC BUF	15/03/2024	SA National Junior Age Group

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr					
4	33.89	L	F	Lara Gouws	15	TUKS	FSH	15/03/2024	SA National Junior Age Group
5	34.31	L	F	Jaime Mote	15	INFA	NMA	15/03/2024	SA National Junior Age Group
6	34.49	L	F	Tyra Penn	15	WATR	JHB	15/03/2024	SA National Junior Age Group
7	34.84	L	P	Amy Combrink	15	WCA	CPT	19/04/2024	SA Schools Swimming Championship
8	34.93	L	P	Zine Mostert	15	AGB	JHB	08/04/2024	SA National Aquatic Champ 2024-PE
9	35.38	L	P	Mikayla Lombard	15	AGC	FSH	08/04/2024	SA National Aquatic Champ 2024-PE
10	35.87	L	P	Caitlyn Dube	15	MDOL	JHB	15/03/2024	SA National Junior Age Group
11	36.00	L	P	Ella Eldar	15	TUKS	FSH	15/03/2024	SA National Junior Age Group
12	36.39	L	P	Juliette van Vught	15	SASE	JHB	15/03/2024	SA National Junior Age Group
13	36.46	L	P	Leah Scott	15	BLUO	UGD	15/03/2024	SA National Junior Age Group
14	36.63	L	P	Ava-Loren Van Galen	15	STAQ	CED	15/03/2024	SA National Junior Age Group
15	36.77	L	F	Leila Yazbek	15	BLNE	MAN	06/12/2023	Free State Champs 2023
16*	36.86	L	F	Kayla Vosloo	15	BLOT	MAN	06/12/2023	Free State Champs 2023
16*	36.86	L	F	Jaime Maritz	15	CSA	EZD	20/03/2024	SA Level 3 Regional Age Group
18	37.13	L	F	Mikje Bocking	15	KZNA	ETH	19/04/2024	SA Schools Swimming Championship
19	37.28	L S	F	Jessica Sardinha	15	BAS	EKU	07/12/2023	EGA Summer Championships
20	37.32	L	P	Corli Liversage	15	BLSS	MAN	15/03/2024	SA National Junior Age Group
21	37.33	L	F	Izarra Ganas	15	ACSA	ETH	16/02/2024	EDA Age Group Gala 6 2024
22	37.44	L	P	Stacey Smith	15	PAC	FSH	15/03/2024	SA National Junior Age Group
23	37.53	L	P	Jodi Boettger	15	USC	BUF	15/03/2024	SA National Junior Age Group
24	37.64	L	F	Tshenolo Ntsie	15	TUKS	FSH	12/12/2023	NTS Championships 2023
25	37.69	L	P	Mia Gerber	15	LALE	CED	15/03/2024	SA National Junior Age Group
26	37.82	L	F	Madison du Plessis	15	BLOT	MAN	06/12/2023	Free State Champs 2023
27*	37.85	L	P	Maria Steyn	15	BLSS	MAN	21/03/2024	SA Level 3 Regional Age Group
27*	37.85	L	F	Amy O'Connor	15	CRSC	JHB	30/11/2023	CGA Championships 2023
27*	37.85	L	F	Anne Steyl	15	NC	FB	19/04/2024	SA Schools Swimming Championship
30	38.01	L	F	Georgia Gouws	15	BEST	NMA	21/10/2023	4th A League Gala 2023
31	38.07	L	F	Bianke Von Schlichting	15	PRA	GSD	20/03/2024	SA Level 3 Regional Age Group
32	38.11	L	F	Danielle Harbron	15	BLOT	MAN	21/03/2024	SA Level 3 Regional Age Group
33	38.12	L	F	Hannah Schreuder	15	SAAW	CPT	21/03/2024	SA Level 3 Regional Age Group
34	38.17	L	P	Vera Chen	15	BLSS	MAN	15/03/2024	SA National Junior Age Group
35	38.21	L	P	Kganya Mashigo	15	PAC	FSH	20/03/2024	SA Level 3 Regional Age Group
36	38.45	L	F	Emma Pinheiro	15	AAS	JHB	30/11/2023	CGA Championships 2023
37	38.57	L	P	Elizabeth Victor	15	MP	EZD	19/04/2024	SA Schools Swimming Championship
38	38.61	L	F	Jenna Morris	15	VINE	CPT	14/12/2023	Western Cape LC-A Championship 2023
39	38.62	L	P	Tehl-Cadi Day Garden	15	KZNA	ETH	19/04/2024	SA Schools Swimming Championship
40	38.71	L	P	Carne Louw	15	LP	CCD	19/04/2024	SA Schools Swimming Championship
41	38.89	L	P	Keira Holland	15	CRSC	JHB	30/11/2023	CGA Championships 2023
42	38.91	L	F	Georgia Knight	15	WATR	JHB	24/03/2024	SA Level 2 Regional Age Group Champs
43	39.00	L	F	Megan Webster	15	RFA	FSH	17/11/2023	NTS Level 3+ November Age Group
44	39.14	L	F	Kate-Lynn Kruger	15	DESA	NMA	21/03/2024	SA Level 3 Regional Age Group
45	39.19	L	F	René Kotzé	15	PGIM	KK	23/02/2024	NW School Championships 2024
46	39.23	L	P	Kayleigh Hahn	15	ROA	EDD	15/03/2024	SA National Junior Age Group
47	39.34	L	F	Sandri Visser	15	PLAY	CED	18/11/2023	CTA QUALIFYING MEET 2
48	39.47	L	F	Tatiana Ioannides	15	BLSS	MAN	03/11/2023	Heidedal Welkom Gala
49	39.55	L	P	Storme Badenhorst	15	WCA	CPT	19/04/2024	SA Schools Swimming Championship
50	39.57	L	P	Emma Lategan	15	CASC	CPT	14/12/2023	Western Cape LC-A Championship 2023
51	39.70	L	F	Mia Wellsted	15	HASC	JHB	30/11/2023	CGA Championships 2023
52	39.74	L	F	Grace Powell	15	CSC	FSH	26/01/2024	NTS Level 3+ January Age Group 2024
53	39.75	L	F	Emily Palmer	15	USC	BUF	24/11/2023	BCA Long Course Championships 2023
54	39.93	L	P	Chloe Jewell	15	PEAS	NMA	09/02/2024	Infinity Gala 2024
55*	39.95	L	F	Emily Macqueen	15	SEALE	ETH	03/11/2023	EDA Age Group Gala 4 2023
55*	39.95	L	F	Nina Melka	15	TUKS	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
57	40.07	L	F	Hannah Krummeck	15	HARV	NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
58	40.08	L	F	Jemma Park	15	CRSC	JHB	30/11/2023	CGA Championships 2023
59	40.20	L	F	Chrisley Barnard	15	BS	LLD	06/12/2023	Free State Champs 2023
60	40.27	L	F	Anne Marais	15	TKS	WBD	01/12/2023	Limpopo Champs
61	40.30	L	F	Emma Neethling	15	FISH	EDD	18/11/2023	Eden LC Champs 2023
62	40.31	L	F	Zoë Goebel	15	TYGE	CPT	11/11/2023	Swartland Prestige Gala 2023



### Individual Top Times

Times since: 01-May-23  
 Number of Top Times: All

Times until: 30-Apr-24  
 Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
63	40.33 L	F	Judy Stevens	15	QUIC CPT	21/03/2024	SA Level 3 Regional	Age Group
64	40.35 L	P	Nicole Van Zyl	15	CA EKU	20/03/2024	SA Level 3 Regional	Age Group
65	40.45 L	F	Danaleigh Swanepoel	15	RFA TSH	01/12/2023	Limpopo Champs	
66	40.56 L	P	Mila Petrak	15	ELEC TSH	24/03/2024	SA Level 2 Regional	Age Group Champs
67	40.62 L	F	Jessica Smith	15	ASA HLD	02/12/2023	Stingrays Swim Champs 2023	
68	40.80 L	P	Annebel Stewart	15	AZON ETH	14/12/2023	KZNA 2023 Championships	Incorp SSA
69	40.84 L	F	Emily Shand	15	BLUO UGD	24/11/2023	Westville-Seals LC	Championships
70	40.86 L	F	Reese Edwards	15	SSISA CPT	03/02/2024	CTA BRIAN BUTTON	Qualifying Meet
71	40.87 L	F	Jordan Wessels	15	ASA HLD	14/12/2023	KZNA 2023 Championships	Incorp SSA
72	40.88 L	F	Lienke Van OS	15	BLSS MAN	11/11/2023	Bull Sharks Gala	
73	41.03 L	P	Georgia Alston	15	SASE JHB	20/03/2024	SA Level 3 Regional	Age Group
74	41.12 L	P	Sinoah Pretorius	15	HPS TSH	24/03/2024	SA Level 2 Regional	Age Group Champs
75	41.20 L	F	Paris Shiwundlana	15	AFIN JHB	24/03/2024	SA Level 2 Regional	Age Group Champs
76	41.22 L	F	Kelci Leech	15	BLSS MAN	06/12/2023	Free State Champs	2023
77	41.36 L	P	Robyn Barbour	15	ESP EKU	20/03/2024	SA Level 3 Regional	Age Group
78	41.37 L	P	Simonè Schonken	15	TASC MPD	24/03/2024	SA Level 2 Regional	Age Group Champs
79	41.43 L	F	Sienna Lombard	15	HPS TSH	24/03/2024	SA Level 2 Regional	Age Group Champs
80	41.52 L	P	Elrike du Plessis	15	MP EZD	19/04/2024	SA Schools Swimming	Championship
81	41.54 L	F	Amelie Van der Merwe	15	RFA TSH	16/02/2024	NTS February Open	Age Group 2024
82	41.60 L	F	Katey Nel	15	SOUL EKU	15/09/2023	EGA Summer 1	
83	41.64 L	P	Mia Johnson	15	AAS JHB	20/03/2024	SA Level 3 Regional	Age Group
84	41.77 L	F	Imaan Velloo	15	MANT CPT	21/01/2024	CTA BMEET 4	
85	41.82 L	F	Lerize Du Toit	15	ACAQ CCD	22/09/2023	NTS Level 3+	September Age Group
86	41.92 L	P	Lara Eckersley	15	CRSC JHB	20/03/2024	SA Level 3 Regional	Age Group
87	42.06 L	F	Lelanie Buhr	15	SWAR WCD	10/02/2024	WCA-B Champs - 2024	
88	42.13 L	F	Isla Minderon	15	PEAS NMA	09/02/2024	Infinity Gala 2024	
89	42.15 L	F	Jade O'Connor	15	TUKS TSH	12/01/2024	2024 Grand Prix	Invitation Swimming
90	42.54 L	P	Tayla Dowie	15	QUES JHB	20/03/2024	SA Level 3 Regional	Age Group
91	42.56 L	P	Kuzingca Siramza	15	AQUA BUF	24/06/2023	PEA Winter Gala	2023
92	42.60 L	F	Ilanze du Plessis	15	BLSS MAN	06/12/2023	Free State Champs	2023
93	42.64 L	F	Zianè Jantzen	15	QUIC CPT	16/09/2023	CTA A MEET 3	
94	42.70 L	F	Kayla Welgemoed	15	VALS FDD	06/12/2023	Free State Champs	2023
95	42.77 L	F	Ingrid Van Loggerenberg	15	TUKS TSH	24/03/2024	SA Level 2 Regional	Age Group Champs
96	42.81 L	F	Rebecca White	15	SSISA CPT	18/11/2023	CTA QUALIFYING	MEET 2
97	42.85 L	F	Celine Miles	15	BLUO UGD	05/04/2024	SA Level 2 Regional	Age Group Champs
98	42.87 L	F	Deoné Borstlap	15	POTC KKD	06/12/2023	NWS Championships	2023/24
99	42.88 L	F	Camryn Shaw	15	PEAS NMA	17/02/2024	Eastern Cape School	Trials 2024
100	43.06 L	F	Skylla Perumal	15	WATR JHB	26/07/2023	Giochi Del Tricolore	Swim
101	43.08 L	F	Megan Van den Heever	15	UNI EZD	01/12/2023	Mpumalanga Championships	2023
102	43.11 L	F	Kaylie Groenewald	15	PHS CCD	27/01/2024	Limpopo School	Champs
103	43.12 L	P	Catherine Desilla	15	SASE JHB	20/03/2024	SA Level 3 Regional	Age Group
104	43.13 L	P	Peta Mazery	15	WSTV ETH	14/12/2023	KZNA 2023 Championships	Incorp SSA
105	43.30 L	F	Carli Dippenaar	15	ROA EDD	05/10/2023	42nd Freda Barnard	Invitational Gala
106	43.33 L	P	Keira Bester	15	DORE JHB	20/03/2024	SA Level 3 Regional	Age Group
107	43.35 L	P	Katia Jacob	15	HASC JHB	24/03/2024	SA Level 2 Regional	Age Group Champs
108	43.42 L	F	Tia Mari Theron	15	HSBV SKD	27/01/2024	Limpopo School	Champs
109	43.44 L	F	Leah Markgraaff	15	TUKS TSH	22/09/2023	NTS Level 3+	September Age Group
110	43.45 L	F	Emma Jansen van Rensburg	15	QSAW CED	20/01/2024	CTA A MEET 4	
111*	43.51 L	F	Kayla Spagnoletti	15	SAAW CPT	03/02/2024	CTA BRIAN BUTTON	Qualifying Meet
111*	43.51 L	F	Jessica Bosman	15	QUIC CPT	10/02/2024	WCA-B Champs - 2024	
111*	43.51 L	P	Milri-Ann Summerton	15	NWUC KKD	20/03/2024	SA Level 3 Regional	Age Group
114	43.72 L	F	Emma Brooks	15	SWAR WCD	17/02/2024	Swartland Invitational	Gala 2024
115	43.73 L	F	Elizabeth Opperman	15	KTS	03/02/2024	NCASA SPRINTS	2024
116	43.82 L	F	Mari Wium	15	QSAW CED	05/10/2023	42nd Freda Barnard	Invitational Gala
117*	44.09 L	F	Chloe Byrne	15	SEAL UMD	27/01/2024	Ushaka Champs	2024
117*	44.09 L	F	Kate-Lynn de Jager	15	BLOT MAN	11/11/2023	Bull Sharks Gala	
119	44.11 L	F	Charlotte Staines	15	DSG NMA	03/02/2024	Nelson Mandela Bay	Schools Trials & 1st
120	44.21 L	F	Megan Augustyn	15	ONYX EKU	15/09/2023	EGA Summer 1	
121	44.22 L	F	Megan Neizel	15	PSCP UMD	24/11/2023	Westville-Seals LC	Championships

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
122	44.24	L	F	Emma Thompson	15	PSC TSH	02/02/2024 NTS Level 1+2 February Age Group
123	44.26	L	F	Kelly Stork	15	BAS EKU	15/09/2023 EGA Summer 1
124	44.37	L	F	Ivana Vyncke	15	AGB JHB	08/04/2024 SA National Aquatic Champ 2024-PE
125*	44.44	L	F	Cait Da Cunha	15	BON EKU	11/11/2023 EGA Summer 3
125*	44.44	L	F	Cala Welgemoed	15	VALS FDD	16/02/2024 Neptunes Last chance Gala
127	44.46	L	F	Caitlin Govender	15	SGUL ETH	05/04/2024 SA Level 2 Regional Age Group Champs
128	44.74	L	F	Taylor Ririe	15	BLNE MAN	06/12/2023 Free State Champs 2023
129	44.75	L	F	Gianna Collard	15	TUKS TSH	17/11/2023 NTS Level 3+ November Age Group
130	44.77	L	F	Shyenne Laubscher	15	WELA LLD	26/03/2024 SA Level 2 Regional Age Group Champs
131	44.92	L	P	Zoé Steyn	15	HREF BP	06/12/2023 NWS Championships 2023/24
132	44.93	L	F	Juliana Du Plessis	15	HBV MP	14/10/2023 Limpopo Top 8 - High Schools
133	45.02	L	F	Ashleigh Davies	15	WELA LLD	27/10/2023 Neptune Prestige Gala
134	45.03	L	F	Milan Van Heerden	15	AZON ETH	24/11/2023 Westville-Seals LC Championships
135	45.05	L	F	Mekayla Pretorius	15	HWSK FBD	26/03/2024 SA Level 2 Regional Age Group Champs
136	45.07	L	F	Mia De Klerk	15	NHS EZD	21/02/2024 EHLANZENI INTER HIGH GALA 21
137	45.14	L	F	Naledi Thobeha	15	QUIC CPT	20/01/2024 CTA A MEET 4
138	45.16	L	P	Alaynah Bhamjee	15	ATLA JHB	30/11/2023 CGA Championships 2023
139	45.28	L	F	Lumka Ntaka	15	UMSH ETH	03/11/2023 EDA Age Group Gala 4 2023
140	45.31	L	F	Ebenette Van Niekerk	15	FISH EDD	18/11/2023 Eden LC Champs 2023
141	45.38	L	F	Micke de Jager	15	PSA ZLD	05/04/2024 SA Level 2 Regional Age Group Champs
142	45.39	L	F	Izabella Alevras	15	SMTC JHB	28/02/2024 Crusaders Night Gala 5
143	45.42	L	F	Izolde Lombard	15	ASAC CPT	03/02/2024 Winelands SL final
144	45.43	L	P	Victoria-Ann Anthony	15	BON EKU	24/03/2024 SA Level 2 Regional Age Group Champs
145	45.45	L	F	Anneke Stassen	15	CASC CPT	10/02/2024 WCA-B Champs - 2024
146	45.68	L	F	Alea Du Toit	15	CYBE CPT	18/11/2023 CTA QUALIFYING MEET 2
147	45.75	L	P	Brooklyn-Taylor Sunker	15	MAKO EKU	24/03/2024 SA Level 2 Regional Age Group Champs
148	45.76	L	F	Kaylin Bezuidenhoud	15	BLOT MAN	06/12/2023 Free State Champs 2023
149	45.78	L	F	Simonn Marais	15	HE CCD	14/10/2023 Limpopo Top 8 - High Schools
150	45.87	L	F	Milla Douglas	15	AZON ETH	05/04/2024 SA Level 2 Regional Age Group Champs
151	45.92	L	F	Mariel van der Net	15	JAQ EKU	15/09/2023 EGA Summer 1
152	46.07	L	F	Sadie Kata	15	SWIFT EKU	02/03/2024 AG Level 1 Regional Age Group
153	46.15	L	F	Lara Wink	15	VINE CPT	10/02/2024 WCA-B Champs - 2024
154	46.17	L	F	Chelsea Snyman	15	HBV MP	14/10/2023 Limpopo Top 8 - High Schools
155	46.19	L	P	Jaimee Marais	15	ELRAS WBD	20/03/2024 SA Level 3 Regional Age Group
156	46.23	L	F	Abigail Cullen	15	WELA LLD	06/12/2023 Free State Champs 2023
157	46.36	L S	P	Kholofelo Seabi	15	SWIFT EKU	07/12/2023 EGA Summer Championships
158	46.39	L	F	Kiara Storm	15	TSTC KCD	05/04/2024 SA Level 2 Regional Age Group Champs
159	46.45	L	F	Mia Sarakis	15	CRSC JHB	12/01/2024 2024 Grand Prix Invitation Swimming
160	46.50	L	F	Gabriela Dimitrova	15	TUKS TSH	01/12/2023 2023 The Tshwane Mayor's Gala
161	46.65	L	F	Shannon Rautenbach	15	UNI EZD	01/12/2023 Mpumalanga Championships 2023
162	46.75	L	F	Summer Ascieti	15	CYBE CPT	21/01/2024 CTA BMEET 4
163*	46.77	L	F	Gabriella Carminati	15	AFIN JHB	17/02/2024 CGA Level 2+ Gala 17 Feb 2024
163*	46.77	L	F	Chloe Petersen	15	TUKS TSH	29/09/2023 2023 OR Tambo Trials & NTS Oct AG
165	46.90	L	F	Lara Louw	15	BLNE MAN	13/10/2023 Pelicans Gala
166	46.97	L	F	Danielle Van Dyk	15	QSAW CED	03/02/2024 Winelands SL final
167	47.03	L	F	Mia Crookham	15	TYGE CPT	10/02/2024 WCA-B Champs - 2024
168	47.14	L	F	Amy-Lee Jones	15	CA EKU	15/09/2023 EGA Summer 1
169	47.29	L	F	Lucy James	15	UPC EZD	21/02/2024 EHLANZENI INTER HIGH GALA 21
170	47.50	L	F	Hannah van der Veen	15	AQUA BUF	10/02/2024 BCA Feb Age Group Gala 2024
171	47.51	L	F	Leeya Amon	15	CASC CPT	20/01/2024 CTA A MEET 4
172	47.57	L	F	Sian Kleynhans	15	ROA EDD	05/10/2023 42nd Freda Barnard Invitational Gala
173	47.61	L	F	Lisa van der Westhuizen	15	POTC KKD	21/10/2023 NWS Age Group 1 & 2 2023
174	47.74	L	F	Zante Young	15	RBUR BPD	11/11/2023 NWS Age Group 3 + 4
175	47.80	L	F	Donne Bruyns	15	NHS EZD	21/02/2024 EHLANZENI INTER HIGH GALA 21
176	47.86	L	F	Gabriella Oaten	15	CYBE CPT	24/11/2023 CTA A & B CHAMPS 2023
177	48.20	L	F	Dakota Wratten	15	DSG NMA	03/02/2024 Nelson Mandela Bay Schools Trials & 1st
178	48.26	L	F	Onkarabile Molamu	15	PGH KK	23/02/2024 NW School Championships 2024
179	48.36	L	F	Ogalaletseng Khosana	15	WATR JHB	26/07/2023 Giochi Del Tricolore Swim
180	48.39	L	F	Chulumanco Nyukwana	15	MPS NGD	03/02/2024 Buffalo City School Trials 2024

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
181	48.50 L	P	Veera Khusal	15	BON EKU	24/03/2024	SA Level 2 Regional Age Group Champs
182	48.73 L	F	Keira Taylor	15	WATR JHB	26/07/2023	Giochi Del Tricolore Swim
183	48.74 L	F	Kiara Krauss	15	GREY CPT	24/11/2023	CTA A & B CHAMPS 2023
184	48.77 L	F	Angela Daffue	15	PENC EKD	21/02/2024	EHLANZENI INTER HIGH GALA 21
185	48.81 L	F	Leanette Fourie	15	HSB BP	23/02/2024	NW School Championships 2024
186	48.83 L S	P	Esther Sauls	15	PGAC EKU	07/12/2023	EGA Summer Championships
187	48.86 L	F	Alexandra Sheppard	15	BERG BP	23/02/2024	NW School Championships 2024
188	48.91 L	F	Shaelyn Lawson	15	AQUA BUF	24/11/2023	BCA Long Course Championships 2023
189	49.27 L	F	Annika Potgieter	15	POTC KKD	21/10/2023	NWS Age Group 1 & 2 2023
190	49.30 L	F	Karabo Malinga	15	USHAK EKU	02/03/2024	AG Level 1 Regional Age Group
191	49.57 L	F	Emma Barnard	15	EVO CPT	21/01/2024	CTA BMEET 4
192	49.84 L	F	Runakorwashe Makumbe	15	TUKS TSH	03/11/2023	NTS Level 1+2 November Age Group
193	49.87 L	F	Ammaarah Davids	15	XSAQ CPT	17/09/2023	CTA BMEET 3
194	49.99 L	F	Lyrece Louw	15	SUPE JHB	02/03/2024	AG Level 1 Regional Age Group
195	50.07 L	F	Naseerah Vd Merwe	15	WEST CPT	17/02/2024	Swartland Invitational Gala 2024
196	50.37 L	F	Anè Cloete	15	TYGE CPT	05/10/2023	42nd Freda Barnard Invitational Gala
197*	50.40 L	F	Chrystil Raymond	15	CUR EKD	21/02/2024	EHLANZENI INTER HIGH GALA 21
197*	50.40 L	F	Mieke Vd Walt	15	FISH EDD	05/10/2023	42nd Freda Barnard Invitational Gala
199	51.03 L	F	Leigh Chung Kim Yuen	15	MANT CPT	21/01/2024	CTA BMEET 4
200	51.05 L	F	Sharne Swanepoel	15	HFDT MP	14/10/2023	Limpopo Top 8 - High Schools
201	51.29 L	F	Jessica Carrol	15	BLMA CPT	11/11/2023	Swartland Prestige Gala 2023
202	51.37 L	F	Ashley Seymour	15	WELA LLD	27/10/2023	Neptune Prestige Gala
203	51.43 L	F	Angelina Valle	15	AQDO CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
204	51.46 L	F	Humairah Safi	15	ISSA NM	23/02/2024	NW School Championships 2024
205	51.86 L	F	Shay-Leigh Pieters	15	HURA CPT	05/10/2023	42nd Freda Barnard Invitational Gala
206	51.88 L	F	Lesedi Kgarimetsa	15	SWIM1 JHB	02/03/2024	AG Level 1 Regional Age Group
207	52.05 L	F	Sophia Kriel	15	QSAW CED	18/11/2023	CTA QUALIFYING MEET 2
208	52.21 L	F	Lwazi Mqeke	15	WELA LLD	02/03/2024	FSA Level 1 2024
209	52.22 L	F	Isabè Van Dyk	15	CUHE OBD	11/11/2023	Swartland Prestige Gala 2023
210	52.74 L	F	Yandisa Ndlovu	15	ACSA ETH	27/01/2024	Ushaka Champs 2024
211	53.28 L	F	Gabrielle Kramer	15	VPHS NMA	17/02/2024	Eastern Cape School Trials 2024
212	53.42 L	F	Esther Erasmus	15	PGH KK	23/02/2024	NW School Championships 2024
213	54.10 L	F	Minette Els	15	BETH FDD	02/03/2024	FSA Level 1 2024
214	54.68 L	F	Esethu Mabula	15	SRAY BUF	01/12/2023	ECA Long Course Championships 2023
215*	55.19 L	F	Tazlyn Davids	15	CAMB BUF	03/02/2024	Buffalo City School Trials 2024
215*	55.19 L	F	Beané du Plessis	15	STELL RMD	06/12/2023	NWS Championships 2023/24
217	55.22 L	F	Jada Grill	15	HURA CPT	11/11/2023	Swartland Prestige Gala 2023
218	55.99 L	F	Isabella Ress	15	CYBE CPT	24/11/2023	CTA A & B CHAMPS 2023
219	56.17 L	F	Jessica Chandler	15	FRAM NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
220	56.90 L	F	Xoey Williams	15	UWCA CPT	18/11/2023	CTA QUALIFYING MEET 2
221	56.91 L	F	Helena Van Vuuren	15	KALA	03/11/2023	UPINGTON 2023
222	57.05 L	F	Chane Cockburn	15	BERG BP	23/02/2024	NW School Championships 2024
223	57.66 L	P	Michelle Seerane	15	RBOT BPD	06/12/2023	NWS Championships 2023/24
224	57.81 L	F	Johanika Groenewald	15	UNI EKD	02/03/2024	SSA LEVEL 1 REGIONAL CHAMPS
225	57.93 L	F	Khwezi Khaba	15	UMSH ETH	03/11/2023	EDA Age Group Gala 4 2023
226	58.45 L	F	Safiya Ismail	15	MANT CPT	21/01/2024	CTA BMEET 4
227	59.02 L	F	Mia Coertzen	15	PGH KK	23/02/2024	NW School Championships 2024
228	1:00.68 L S	P	Zoë Pierce	15	ESTR EKU	07/12/2023	EGA Summer Championships
229	1:01.80 L	F	Anesu Mushonga	15	ISSA NM	23/02/2024	NW School Championships 2024
230	1:03.28 L	F	Amy Klink	15	JAQ EKU	15/09/2023	EGA Summer 1
231	1:03.65 L	F	Kaelo Makhatlo	15	ESP EKU	26/01/2024	EGA Last Chance 2024
232	1:07.66 L	F	Juane j v Vuuren	15	RHS BP	23/02/2024	NW School Championships 2024
233	1:08.26 L	F	Zoe Pelsner	15	CAMB BUF	03/02/2024	Buffalo City School Trials 2024
234	1:10.49 L	F	Naseerah Du Toit	15	UWCA CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
235	1:12.00 L	F	Giselle Coetzee	15	BLOT MAN	26/08/2023	kovsie Sprint Gala
236	1:14.60 L	F	Simone Bronkhorst	15	PHS CCD	27/01/2024	Limpopo School Champs
237	1:17.02 L	F	Justine-Annah Sengooba	15	PGH KK	23/02/2024	NW School Championships 2024
<b>Women 15-15 100 Breast</b>							
1	1:11.73 L S	P	Chanel Veldsman	15	KZNA ETH	08/04/2024	SA National Aquatic Champ 2024-PE

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
2	1:12.85	L S	F	Gabriella Van Den Berg	15	AGC	FSH	08/04/2024	SA National Aquatic Champ 2024-PE
3	1:14.88	L	F	Jaime Mote	15	INFA	NMA	15/03/2024	SA National Junior Age Group
4	1:15.71	L	F	Kayla Gous	15	USC	BUF	15/03/2024	SA National Junior Age Group
5	1:16.10	L	F	Tyra Penn	15	WATR	JHB	15/03/2024	SA National Junior Age Group
6	1:17.30	L	F	Mikayla Lombard	15	TUKS	FSH	15/03/2024	SA National Junior Age Group
7	1:17.41	L S	F	Ella Eldar	15	TUKS	FSH	12/12/2023	NTS Championships 2023
8	1:18.07	L	F	Lara Gouws	15	TUKS	FSH	14/12/2023	KZNA 2023 Championships Incorp SSA
9	1:19.08	L	F	Zine Mostert	15	WATR	JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
10	1:19.39	L	F	Madison du Plessis	15	BLOT	MAN	06/12/2023	Free State Champs 2023
11	1:19.86	L	F	Angel Samoei	15	TUKS	FSH	20/10/2023	NTS Level 3+ October Age Group 2023
12*	1:19.94	L	P	Amy Combrink	15	VINE	CPT	15/03/2024	SA National Junior Age Group
12*	1:19.94	L	F	Leila Yazbek	15	BLNE	MAN	06/12/2023	Free State Champs 2023
14	1:20.05	L	F	Caitlyn Dube	15	MDOL	JHB	23/02/2024	2024 Grand Prix 2 Invitational Meet -
15	1:21.42	L	F	Corli Liversage	15	BLSS	MAN	06/12/2023	Free State Champs 2023
16	1:21.46	L	F	Stacey Smith	15	PAC	FSH	15/03/2024	SA National Junior Age Group
17	1:21.48	L	F	Jaime Maritz	15	MP	EZD	19/04/2024	SA Schools Swimming Championship
18	1:21.50	L	P	Jessica Sardinha	15	BAS	EKU	20/03/2024	SA Level 3 Regional Age Group
19	1:21.68	L	F	Karla Myburgh	15	TUKS	FSH	24/06/2023	PEA Winter Gala 2023
20	1:21.77	L	F	Mia Gerber	15	LALE	GED	14/12/2023	Western Cape LC-A Championship 2023
21	1:21.83	L	F	Leah Scott	15	BLUO	UGD	14/12/2023	KZNA 2023 Championships Incorp SSA
22	1:21.99	L	F	Hannah Schreuder	15	SAAW	CPT	14/12/2023	Western Cape LC-A Championship 2023
23	1:22.51	L	F	Izarra Ganas	15	ACSA	ETH	16/02/2024	EDA Age Group Gala 6 2024
24	1:22.81	L	P	Vera Chen	15	BLSS	MAN	15/03/2024	SA National Junior Age Group
25	1:22.94	L	F	Juliette van Vught	15	SASE	JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
26	1:22.98	L	F	Tshenolo Ntsie	15	RSA		03/05/2023	CANA Zone IV Swimming Champions
27	1:23.03	L	P	Hannah Sandilands	15	MDOL	JHB	15/03/2024	SA National Junior Age Group
28	1:23.09	L	F	Mikje Bocking	15	SEAL	UMD	14/12/2023	KZNA 2023 Championships Incorp SSA
29	1:23.32	L	P	Jodi Boettger	15	USC	BUF	15/03/2024	SA National Junior Age Group
30	1:23.55	L	F	Jenna Morris	15	VINE	CPT	14/12/2023	Western Cape LC-A Championship 2023
31	1:23.99	L	F	Georgia Gouws	15	BEST	NMA	15/12/2023	NMBA Championships 2023
32	1:24.24	L	F	Ava-Loren Van Galen	15	STAQ	GED	14/12/2023	Western Cape LC-A Championship 2023
33	1:24.63	L	F	Kate-Lynn Kruger	15	DESA	NMA	21/03/2024	SA Level 3 Regional Age Group
34	1:24.66	L	F	René Kotzé	15	PGIM	KK	23/02/2024	NW School Championships 2024
35	1:24.94	L	F	Elizabeth Victor	15	UNI	EZD	23/09/2023	MP SPRINT GALA 23 SEPTEMBER
36*	1:24.97	L	F	Emma Pinheiro	15	AAS	JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
36*	1:24.97	L	F	Maria Steyn	15	BLSS	MAN	21/03/2024	SA Level 3 Regional Age Group
38	1:24.98	L	F	Danielle Harbron	15	BLOT	MAN	21/03/2024	SA Level 3 Regional Age Group
39*	1:25.34	L S	P	Kganya Mashigo	15	PAC	FSH	12/12/2023	NTS Championships 2023
39*	1:25.34	L	F	Kayla Vosloo	15	BLOT	MAN	21/03/2024	SA Level 3 Regional Age Group
41	1:25.84	L	P	Tehl-Cadi Day Garden	15	KZNA	ETH	19/04/2024	SA Schools Swimming Championship
42	1:26.04	L	F	Carme Louw	15	TASC	MPD	01/12/2023	Limpopo Champs
43	1:26.33	L	F	Emily Palmer	15	USC	BUF	24/11/2023	BCA Long Course Championships 2023
44	1:26.41	L	F	Grace Powell	15	CSC	FSH	17/11/2023	NTS Level 3+ November Age Group
45	1:26.43	L	P	Megan Webster	15	RFA	FSH	20/03/2024	SA Level 3 Regional Age Group
46	1:26.57	L	F	Rachel Hinckley	15	CA	EKU	07/12/2023	EGA Summer Championships
47	1:26.64	L	F	Kayleigh Hahn	15	ROA	EDD	18/11/2023	Eden LC Champs 2023
48	1:26.67	L	F	Kayla Verbaan	15	KLOO	ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
49	1:26.73	L	F	Sandri Visser	15	PLAY	GED	18/11/2023	CTA QUALIFYING MEET 2
50	1:27.71	L	P	Anne Steyl	15	NC	FB	19/04/2024	SA Schools Swimming Championship
51	1:27.75	L	F	Jordan Wessels	15	ASA	ILD	14/12/2023	KZNA 2023 Championships Incorp SSA
52	1:27.90	L	P	Emma Lategan	15	CASC	CPT	15/03/2024	SA National Junior Age Group
53	1:27.95	L	F	Bianke Von Schlichting	15	PRA	GSD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
54	1:28.04	L	F	Lienke Van OS	15	BLSS	MAN	11/11/2023	Bull Sharks Gala
55	1:28.12	L	F	Daniëlla Müller	15	TUKS	FSH	22/09/2023	NTS Level 3+ September Age Group
56	1:28.15	L	F	Jemma Park	15	CRSC	JHB	20/03/2024	SA Level 3 Regional Age Group
57	1:28.41	L	F	Amy O'Connor	15	CRSC	JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
58	1:28.44	L	P	Judy Stevens	15	QUIC	CPT	21/03/2024	SA Level 3 Regional Age Group
59	1:28.99	L	F	Nicole Van Zyl	15	CA	EKU	26/01/2024	EGA Last Chance 2024
60	1:29.05	L	P	Storme Badenhorst	15	WCA	CPT	19/04/2024	SA Schools Swimming Championship

### Individual Top Times

Times since: 01-May-23  
 Number of Top Times: All

Times until: 30-Apr-24  
 Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
61	1:29.08	L	P	Mia Johnson	15	AAS JHB	30/11/2023	CGA Championships 2023
62	1:29.10	L	P	Keira Holland	15	CRSC JHB	20/03/2024	SA Level 3 Regional Age Group
63	1:29.32	L	F	Georgia Knight	15	WATR JHB	24/03/2024	SA Level 2 Regional Age Group Champs
64	1:29.50	L	F	Katey Nel	15	SOUL EKV	24/11/2023	EGA Summer 4
65	1:29.58	L	F	Lerize Du Toit	15	ACAQ CCD	22/09/2023	NTS Level 3+ September Age Group
66	1:29.76	L	F	Simonè Schonken	15	TASC MPD	01/12/2023	Limpopo Champs
67	1:30.13	L	F	Jessica Bosman	15	QUIC CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
68	1:30.14	L	F	Anne Marais	15	TKS WBD	01/12/2023	Limpopo Champs
69	1:30.17	L	F	Chloe Jewell	15	PEAS NMA	09/02/2024	Infinity Gala 2024
70	1:30.18	L	P	Jade O'Connor	15	TUKS TSH	20/03/2024	SA Level 3 Regional Age Group
71	1:30.21	L	P	Mia Wellsted	15	HASC JHB	30/11/2023	CGA Championships 2023
72	1:30.81	L	P	Keira Bester	15	DORE JHB	30/11/2023	CGA Championships 2023
73	1:31.06	L	F	Hannah Krummeck	15	HARV NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
74	1:31.19	L	F	Imaan Velloo	15	MANT CPT	10/02/2024	WCA-B Champs - 2024
75*	1:31.28	L	F	Danaleigh Swanepoel	15	TUKS TSH	01/07/2023	Rossini Swim Cup
75*	1:31.28	L	F	Catherine Desilla	15	SASE JHB	30/11/2023	CGA Championships 2023
77	1:31.31	L	F	Mila Petrak	15	ELEC TSH	01/12/2023	2023 The Tshwane Mayor's Gala
78	1:31.33	L	F	Megan Van den Heever	15	UNI EZD	01/12/2023	Mpumalanga Championships 2023
79	1:31.55	L	P	Sinoah Pretorius	15	HPS TSH	24/03/2024	SA Level 2 Regional Age Group Champs
80	1:31.83	L	F	Lara Eckersley	15	CRSC JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
81	1:31.84	L	F	Lelanie Buhr	15	SWAR WCD	10/02/2024	WCA-B Champs - 2024
82	1:31.89	L	F	Emily Shand	15	BLUO UGD	24/11/2023	Westville-Seals LC Championships
83	1:31.94	L	P	Robyn Barbour	15	ESP EKV	20/03/2024	SA Level 3 Regional Age Group
84*	1:31.96	L	F	Reese Edwards	15	SSISA CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
84*	1:31.96	L	F	Kaylie Groenewald	15	ACAQ CCD	01/12/2023	Limpopo Champs
86	1:32.04	L	F	Leah Markgraaff	15	TUKS TSH	22/09/2023	NTS Level 3+ September Age Group
87	1:32.18	L	F	Ingrid Van Loggerenberg	15	TUKS TSH	01/12/2023	2023 The Tshwane Mayor's Gala
88	1:32.53	L	F	Emma Rossouw	15	TYGE CPT	21/03/2024	SA Level 3 Regional Age Group
89	1:32.64	L	F	Tayla Dowie	15	QUES JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
90	1:32.66	L	F	Rebecca White	15	SSISA CPT	17/02/2024	Swartland Invitational Gala 2024
91	1:32.70	L	F	Sienna Lombard	15	HPS TSH	24/03/2024	SA Level 2 Regional Age Group Champs
92	1:32.84	L	P	Nina Melka	15	TUKS TSH	24/03/2024	SA Level 2 Regional Age Group Champs
93	1:33.00	L	P	Elrike du Plessis	15	MP EZD	19/04/2024	SA Schools Swimming Championship
94	1:33.38	L	F	Kiera Ruane	15	TUKS TSH	26/01/2024	NTS Level 3+ January Age Group 2024
95	1:33.44	L S	F	Zianè Jantzen	15	QUIC CPT	05/10/2023	42nd Freda Barnard Invitational Gala
96	1:33.60	L	F	Emma Neethling	15	FISH EDD	18/11/2023	Eden LC Champs 2023
97	1:33.62	L	F	Paris Shiwundlana	15	AFIN JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
98*	1:33.75	L	F	Amelie Van der Merwe	15	RFA TSH	01/12/2023	2023 The Tshwane Mayor's Gala
98*	1:33.75	L	F	Emma Jansen van Rensburg	15	QSAW CED	10/02/2024	WCA-B Champs - 2024
100	1:33.89	L	F	Amelie Brügers	15	VINE CPT	10/02/2024	WCA-B Champs - 2024
101	1:33.97	L	F	Tatiana Ioannides	15	BLSS MAN	06/12/2023	Free State Champs 2023
102	1:34.28	L	F	Kelly Stork	15	BAS EKV	28/10/2023	EGA Summer 2 2023
103	1:34.36	L	F	Kuzingca Siramza	15	AQUA BUF	10/02/2024	BCA Feb Age Group Gala 2024
104	1:34.57	L	F	Isla Minderon	15	PEAS NMA	12/08/2023	Madibaz Swim Meet 2023
105	1:34.66	L	F	Carli Dippenaar	15	EDA ED	13/01/2024	BCA Inter-District Championship Gala
106	1:34.88	L	F	Katia Jacob	15	HASC JHB	27/01/2024	CGA Level 2+ Gala 27 Jan 2024
107	1:34.96	L	P	Lumka Ntaka	15	UMSH ETH	05/04/2024	SA Level 2 Regional Age Group Champs
108	1:34.97	L	F	Chrisley Barnard	15	BS LLD	06/12/2023	Free State Champs 2023
109	1:35.07	L	P	Deoné Borstlap	15	POTC KKD	24/03/2024	SA Level 2 Regional Age Group Champs
110	1:35.23	L	P	Elizabeth Opperman	15	NC FB	19/04/2024	SA Schools Swimming Championship
111*	1:35.25	L	F	Nakita Snyman	15	FLOD JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
111*	1:35.25	L	F	Kayla Welgemoed	15	VALS FDD	16/02/2024	Neptunes Last chance Gala
113	1:35.34	L	F	Peta Mazery	15	WSTV ETH	14/12/2023	KZNA 2023 Championships Incorporate SSA
114	1:35.37	L	F	Emma Brooks	15	SWAR WCD	17/02/2024	Swartland Invitational Gala 2024
115	1:35.66	L	F	Mari Wium	15	QSAW CED	11/11/2023	Swartland Prestige Gala 2023
116	1:36.00	L	F	Milri-Ann Summerton	15	NWUC KKD	11/11/2023	NWS Age Group 3 + 4
117	1:36.29	L S	F	Lara Wink	15	VINE CPT	24/11/2023	CTA A & B CHAMPS 2023
118	1:36.65	L	F	Mia De Klerk	15	CSA EZD	23/09/2023	MP SPRINT GALA 23 SEPTEMBER
119	1:36.75	L	F	Ivana Vyncke	15	AGB JHB	08/04/2024	SA National Aquatic Champ 2024-PE

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
120	1:36.84 L	P	Mariel van der Net	15	JAQ EKU	24/03/2024	SA Level 2 Regional Age Group Champs
121	1:36.91 L	F	Yvonne Pretorius	15	MSC NGD	20/01/2024	MP AGE GROUP 4 GALA 20 JANUARY
122	1:37.19 L	F	Nicola Olivier	15	MCS BP	23/02/2024	NW School Championships 2024
123	1:37.46 L	F	Naledi Thobeha	15	QUIC CPT	20/01/2024	CTA A MEET 4
124	1:37.66 L	F	Tia Mari Theron	15	HSBV SKD	14/10/2023	Limpopo Top 8 - High Schools
125	1:37.68 L	F	Cait Da Cunha	15	BON EKU	28/10/2023	EGA Summer 2 2023
126	1:37.86 L	F	Sian Kleynhans	15	ROA EDD	18/11/2023	Eden LC Champs 2023
127	1:37.87 L	F	Megan Neizel	15	PSCP UMD	24/11/2023	Westville-Seals LC Championships
128	1:37.99 L	F	Camryn Shaw	15	PEAS NMA	23/09/2023	3rd A League Gala 2023
129	1:38.28 L	F	Celine Miles	15	BLUO UGD	05/04/2024	SA Level 2 Regional Age Group Champs
130	1:38.47 L	P	Megan Augustyn	15	ONYX EKU	07/12/2023	EGA Summer Championships
131	1:38.77 L	F	Alaynah Bhamjee	15	ATLA JHB	27/01/2024	CGA Level 2+ Gala 27 Jan 2024
132	1:38.98 L	F	Maya McCollum	15	AQDO CPT	10/02/2024	WCA-B Champs - 2024
133	1:39.02 L	F	Mia Sarakis	15	CRSC JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
134	1:39.06 L	F	Summer Ascielli	15	CYBE CPT	17/02/2024	Swartland Invitational Gala 2024
135	1:39.31 L	F	Hannah van der Veen	15	AQUA BUF	17/02/2024	Eastern Cape School Trials 2024
136	1:39.85 L	P	Emma Thompson	15	PSC TSH	24/03/2024	SA Level 2 Regional Age Group Champs
137	1:39.88 L	F	Kayla Spagnoletti	15	SAAW CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
138	1:39.90 L	F	Ashleigh Davies	15	WELA LLD	06/12/2023	Free State Champs 2023
139	1:40.01 L	F	Gianna Collard	15	TUKS TSH	17/11/2023	NTS Level 3+ November Age Group
140	1:40.27 L	F	Lara Louw	15	BLNE MAN	11/11/2023	Bull Sharks Gala
141	1:40.41 L	F	Chloe Byrne	15	SEAL UMD	27/01/2024	Ushaka Champs 2024
142	1:40.48 L	F	Veera Khusal	15	BON EKU	24/11/2023	EGA Summer 4
143	1:40.56 L	F	Taylor Ririe	15	BLNE MAN	27/10/2023	Neptune Prestige Gala
144	1:40.84 L	P	Victoria-Ann Anthony	15	BON EKU	24/03/2024	SA Level 2 Regional Age Group Champs
145	1:41.51 L	P	Mea Harding	15	BAS EKU	07/12/2023	EGA Summer Championships
146	1:41.54 L	P	Izabella Alevras	15	SMTC JHB	20/03/2024	SA Level 3 Regional Age Group
147	1:41.87 L	F	Shyenne Laubscher	15	WELA LLD	06/12/2023	Free State Champs 2023
148	1:42.26 L	P	Brooklyn-Taylor Sunker	15	MAKO EKU	24/03/2024	SA Level 2 Regional Age Group Champs
149	1:42.46 L	P	Shannon Rautenbach	15	UNI EZD	01/12/2023	Mpumalanga Championships 2023
150	1:42.77 L	F	Kaylin Bezuidenhoud	15	BLOT MAN	27/10/2023	Neptune Prestige Gala
151	1:42.78 L	F	Cala Welgemoed	15	VALS FDD	26/03/2024	SA Level 2 Regional Age Group Champs
152	1:42.81 L	F	Mekayla Pretorius	15	HWSK FBD	26/03/2024	SA Level 2 Regional Age Group Champs
153	1:43.19 L	F	Chelsea Snyman	15	HBV MP	14/10/2023	Limpopo Top 8 - High Schools
154	1:43.28 L	F	Gabriela Dimitrova	15	TUKS TSH	01/12/2023	2023 The Tshwane Mayor's Gala
155	1:43.42 L	F	Alexandra Sheppard	15	BERG BP	23/02/2024	NW School Championships 2024
156	1:43.68 L	F	Gabriella Oaten	15	CYBE CPT	17/02/2024	Swartland Invitational Gala 2024
157	1:43.90 L	F	Lisa van der Westhuizen	15	POTC KKD	21/10/2023	NWS Age Group 1 & 2 2023
158	1:44.31 L	P	Jaimee Marais	15	ELRAS WBD	20/03/2024	SA Level 3 Regional Age Group
159	1:44.32 L	F	Juliana Du Plessis	15	HBV MP	14/10/2023	Limpopo Top 8 - High Schools
160	1:45.04 L	P	Gabriella Carminati	15	AFIN JHB	24/03/2024	SA Level 2 Regional Age Group Champs
161	1:45.23 L	F	Milla Douglas	15	AZON ETH	16/02/2024	EDA Age Group Gala 6 2024
162	1:45.35 L	F	Danielle Van Dyk	15	QSAW CED	03/02/2024	Winelands SL final
163	1:45.72 L	F	Riley Koegelenberg	15	LALE CED	11/11/2023	Winelands SL4
164	1:45.88 L	F	Kiara Storm	15	STSC KCD	27/01/2024	Ushaka Champs 2024
165	1:45.89 L S	F	Ebenette Van Niekerk	15	FISH EDD	05/10/2023	42nd Freda Barnard Invitational Gala
166	1:46.41 L S	F	Mieke Vd Walt	15	FISH EDD	05/10/2023	42nd Freda Barnard Invitational Gala
167	1:46.89 L	F	Kholofelo Seabi	15	SWIFT EKU	28/10/2023	EGA Summer 2 2023
168	1:47.13 L	F	Oratile Matli	15	ESTR EKU	28/10/2023	EGA Summer 2 2023
169	1:47.21 L	F	Esther Sauls	15	PGAC EKU	28/10/2023	EGA Summer 2 2023
170	1:47.22 L S	F	Kiara Krauss	15	GREY CPT	24/11/2023	CTA A & B CHAMPS 2023
171	1:47.70 L	F	Ogalaletseng Khosana	15	PEAS NMA	01/10/2023	Curro AquaElite Gala
172	1:47.92 L	F	Sadie Kata	15	SWIFT EKU	02/03/2024	AG Level 1 Regional Age Group
173	1:48.53 L	F	Ashley Seymour	15	WELA LLD	15/09/2023	Bull Sharks Annual Gala
174	1:48.87 L	F	Emma Barnard	15	EVO CPT	10/02/2024	WCA-B Champs - 2024
175	1:49.10 L	F	Dakota Wratten	15	DSG NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
176	1:49.61 L	F	Annika Potgieter	15	POTC KKD	21/10/2023	NWS Age Group 1 & 2 2023
177	1:49.69 L	F	Karabo Malinga	15	USHAK EKU	02/03/2024	AG Level 1 Regional Age Group
178	1:49.89 L	F	Abigail Cullen	15	WELA LLD	06/12/2023	Free State Champs 2023

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
179	1:50.59	L	F	Zainah Akhalwaya	15	OLDE JHB	10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023
180	1:51.57	L	F	Mia Crookham	15	TYGE CPT	17/02/2024 Swartland Invitational Gala 2024
181	1:51.78	L	F	Isabella Ress	15	CYBE CPT	17/02/2024 Swartland Invitational Gala 2024
182	1:51.86	L	F	Logan Francke	15	RBOT BPD	11/11/2023 NWS Age Group 3 + 4
183	1:52.84	L	F	Leanette Fourie	15	HSB BP	23/02/2024 NW School Championships 2024
184	1:53.48	L	F	Asia Kleinhans	15	AQDO CPT	16/09/2023 CTA A MEET 3
185	1:53.52	L	F	Mika Jones	15	HSTAN MP	14/10/2023 Limpopo Top 8 - High Schools
186	1:54.14	L	F	Humairah Safi	15	ISSA NM	23/02/2024 NW School Championships 2024
187	1:54.37	L S	F	Bathiyana Zondo	15	BARR CPT	05/10/2023 42nd Freda Barnard Invitational Gala
188	1:55.28	L	F	Esther Erasmus	15	PGH KK	23/02/2024 NW School Championships 2024
189	1:56.01	L S	F	Naseerah Vd Merwe	15	WEST CPT	05/10/2023 42nd Freda Barnard Invitational Gala
190	1:56.76	L S	F	Shay-Leigh Pieters	15	HURA CPT	05/10/2023 42nd Freda Barnard Invitational Gala
191	1:56.79	L	F	Yandisa Ndlovu	15	ACSA ETH	27/01/2024 Ushaka Champs 2024
192	1:57.21	L	F	Sharne Swanepoel	15	HFDT MP	14/10/2023 Limpopo Top 8 - High Schools
193	1:58.56	L	F	Lyrece Louw	15	SUPE JHB	02/03/2024 AG Level 1 Regional Age Group
194	2:00.17	L	F	Esethu Mabula	15	SRAY BUF	24/11/2023 BCA Long Course Championships 2023
195	2:01.08	L	F	Lesedi Kgarimetsa	15	SWIM1 JHB	02/03/2024 AG Level 1 Regional Age Group
196	2:01.58	L	F	Johanika Groenewald	15	UNI EZD	13/10/2023 MP AGE GROUP 2
197	2:06.11	L	F	Minette Els	15	BETH FDD	16/02/2024 Neptunes Last chance Gala
198	2:08.10	L	F	Ayanda Luthuli	15	USH KCD	28/10/2023 KCDA October Age Group Gala 2023
199	2:08.85	L	P	Michelle Seerane	15	RBOT BPD	06/12/2023 NWS Championships 2023/24
200	2:09.20	L	F	Helena Van Vuuren	15	KALA	27/10/2023 KALAHARI CLASSIC GALA 2023
201	2:16.52	L	F	Mia Coertzen	15	PGH KK	23/02/2024 NW School Championships 2024
202	2:17.53	L	F	Anesu Mushonga	15	ISSA NM	23/02/2024 NW School Championships 2024
203	2:19.01	L	F	Amy Klink	15	JAQ EKU	28/10/2023 EGA Summer 2 2023
204	2:21.80	L	P	Kaelo Makhatho	15	ESP EKU	07/12/2023 EGA Summer Championships
205	2:22.98	L	P	Zoë Pierce	15	ESTR EKU	07/12/2023 EGA Summer Championships
206	2:52.60	L	F	Simone Bronkhorst	15	SS MPD	01/12/2023 Limpopo Champs
<b>Women 15-15      200 Breast</b>							
1	2:37.21	L	F	Gabriella Van Den Berg	15	AGC TSH	08/04/2024 SA National Aquatic Champ 2024-PE
2	2:39.15	L	P	Chanel Veldsman	15	KZNA ETH	08/04/2024 SA National Aquatic Champ 2024-PE
3	2:41.68	L S	F	Tyra Penn	15	WATR JHB	15/03/2024 SA National Junior Age Group
4	2:47.19	L S	F	Kayla Gous	15	USC BUF	15/03/2024 SA National Junior Age Group
5	2:47.24	L	F	Lara Gouws	15	TUKS TSH	14/12/2023 KZNA 2023 Championships Incorporate SSA
6	2:47.73	L S	F	Karla Myburgh	15	TUKS TSH	15/03/2024 SA National Junior Age Group
7	2:47.89	L	P	Madison du Plessis	15	BLOT MAN	14/12/2023 Western Cape LC-A Championship 2023
8	2:49.02	L	P	Ella Eldar	15	AGC TSH	08/04/2024 SA National Aquatic Champ 2024-PE
9	2:51.33	L S	F	Vera Chen	15	BLSS MAN	15/03/2024 SA National Junior Age Group
10	2:51.73	L S	F	Leila Yazbek	15	BLNE MAN	06/12/2023 Free State Champs 2023
11	2:52.31	L S	F	Jodi Boettger	15	USC BUF	15/03/2024 SA National Junior Age Group
12	2:53.30	L	F	Mikayla Lombard	15	GAU JHB	19/04/2024 SA Schools Swimming Championship
13	2:54.85	L	F	Mia Gerber	15	LALE CED	03/02/2024 Winelands SL final
14	2:55.35	L	P	Amy Combrink	15	WCA CPT	08/04/2024 SA National Aquatic Champ 2024-PE
15	2:55.74	L	F	Jaime Mote	15	INFA NMA	24/06/2023 PEA Winter Gala 2023
16	2:56.04	L S	F	Stacey Smith	15	PAC TSH	15/03/2024 SA National Junior Age Group
17	2:56.70	L	F	Zine Mostert	15	WATR JHB	15/12/2023 NMBA Championships 2023
18	2:57.27	L	F	Jaime Maritz	15	CSA EZD	20/03/2024 SA Level 3 Regional Age Group
19	2:58.08	L	F	René Kotzé	15	PGIM KK	23/02/2024 NW School Championships 2024
20	2:58.38	L S	F	Emma Pinheiro	15	SMTC JHB	15/03/2024 SA National Junior Age Group
21	2:58.47	L S	F	Corli Liversage	15	BLSS MAN	06/12/2023 Free State Champs 2023
22	2:58.55	L	P	Juliette van Vught	15	SASE JHB	23/02/2024 2024 Grand Prix 2 Invitational Meet -
23	2:58.84	L	F	Jessica Sardinha	15	BAS EKU	15/09/2023 EGA Summer 1
24	2:59.59	L	F	Hannah Schreuder	15	SAAW CPT	21/03/2024 SA Level 3 Regional Age Group
25	3:00.17	L	P	Caitlyn Dube	15	GAU JHB	19/04/2024 SA Schools Swimming Championship
26	3:00.46	L	F	Georgia Gouws	15	BEST NMA	15/12/2023 NMBA Championships 2023
27	3:00.60	L	F	Kayleigh Hahn	15	ROA EDD	18/11/2023 Eden LC Champs 2023
28	3:00.62	L	F	Jenna Morris	15	VINE CPT	14/12/2023 Western Cape LC-A Championship 2023
29	3:00.66	L	F	Izarra Ganas	15	ACSA ETH	21/01/2024 EDA Age Group Gala 5 2024
30	3:02.01	L	F	Elizabeth Victor	15	UNI EZD	16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17

### Individual Top Times

Times since: 01-May-23  
 Number of Top Times: All

Times until: 30-Apr-24  
 Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
31	3:02.09	L	F	Amy O'Connor	15	CRSC JHB	30/11/2023	CGA Championships 2023
32	3:03.17	L	F	Kate-Lynn Kruger	15	DESA NMA	21/03/2024	SA Level 3 Regional Age Group
33	3:03.85	L	F	Jordan Wessels	15	ASA ILD	14/12/2023	KZNA 2023 Championships Incorp SSA
34	3:04.19	L S	F	Maria Steyn	15	BLSS MAN	06/12/2023	Free State Champs 2023
35	3:04.31	L	F	Kayla Verbaan	15	KLOO ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
36	3:04.49	L	P	Mikje Bocking	15	KZNA ETH	19/04/2024	SA Schools Swimming Championship
37	3:04.89	L	F	Hannah Sandilands	15	MDOL JHB	26/01/2024	EGA Last Chance 2024
38	3:06.17	L	F	Tshenolo Ntsie	15	RSA	03/05/2023	CANA Zone IV SwimmingChampions
39	3:06.73	L	F	Danielle Harbron	15	BLOT MAN	21/03/2024	SA Level 3 Regional Age Group
40	3:07.04	L	P	Kganya Mashigo	15	PAC TSH	12/12/2023	NTS Championships 2023
41	3:08.63	L	P	Rachel Hinckley	15	CA EKU	07/12/2023	EGA Summer Championships
42	3:09.07	L	F	Jemma Park	15	CRSC JHB	30/11/2023	CGA Championships 2023
43	3:09.51	L	F	Genevieve Christensen	15	ACSA ETH	21/01/2024	EDA Age Group Gala 5 2024
44	3:09.66	L	P	Megan Webster	15	RFA TSH	20/03/2024	SA Level 3 Regional Age Group
45	3:10.74	L	F	Mia Johnson	15	AAS JHB	30/11/2023	CGA Championships 2023
46	3:10.88	L S	P	Ava-Loren Van Galen	15	STAQ CED	15/03/2024	SA National Junior Age Group
47	3:11.14	L	F	Carme Louw	15	HMER MP	27/01/2024	Limpopo School Champs
48	3:11.41	L	P	Sandri Visser	15	PLAY CED	14/12/2023	Western Cape LC-A Championship 2023
49	3:11.52	L	F	Katey Nel	15	SOUL EKU	07/12/2023	EGA Summer Championships
50	3:12.20	L	T	Keira Holland	15	CRSC JHB	28/02/2024	Crusaders Night Gala 5
51	3:13.10	L	F	Nicole Van Zyl	15	CA EKU	20/03/2024	SA Level 3 Regional Age Group
52	3:13.98	L	F	Keira Bester	15	DORE JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
53	3:14.52	L	F	Lerize Du Toit	15	ACAQ CCD	22/09/2023	NTS Level 3+ September Age Group
54	3:15.08	L	F	Judy Stevens	15	QUIC CPT	21/03/2024	SA Level 3 Regional Age Group
55	3:15.35	L S	F	Ilanze du Plessis	15	BLSS MAN	06/12/2023	Free State Champs 2023
56	3:15.48	L	F	Simonè Schonken	15	TASC MPD	11/11/2023	Limpopo Age Group 5
57	3:16.01	L	P	Lara Eckersley	15	CRSC JHB	30/11/2023	CGA Championships 2023
58	3:16.22	L	P	Bianke Von Schlichting	15	PRA GSD	20/03/2024	SA Level 3 Regional Age Group
59	3:16.44	L	F	Imaan Velloo	15	MANT CPT	10/02/2024	WCA-B Champs - 2024
60	3:16.53	L	F	Reese Edwards	15	SSISA CPT	11/11/2023	Winelands SL4
61	3:17.00	L	F	Lienke Van OS	15	BLSS MAN	11/11/2023	Bull Sharks Gala
62	3:17.06	L	F	Sinoah Pretorius	15	HPS TSH	24/03/2024	SA Level 2 Regional Age Group Champs
63	3:17.88	L	F	Leah Markgraaff	15	TUKS TSH	22/09/2023	NTS Level 3+ September Age Group
64	3:17.92	L	F	Lelanie Buhr	15	SWAR WCD	10/02/2024	WCA-B Champs - 2024
65	3:17.97	L	P	Emma Lategan	15	CASC CPT	14/12/2023	Western Cape LC-A Championship 2023
66	3:17.98	L	F	Megan Van den Heever	15	UNI EZD	01/12/2023	Mpumalanga Championships 2023
67	3:18.73	L	F	Chloe Jewell	15	PEAS NMA	15/12/2023	NMBA Championships 2023
68	3:18.87	L	F	Anne Steyl	15	NC FB	27/01/2024	4 + 1 Inter Provincial Gala 2023
69	3:19.08	L	F	Anne Marais	15	TKS WBD	01/12/2023	Limpopo Champs
70	3:19.44	L	F	Ingrid Van Loggerenberg	15	TUKS TSH	01/12/2023	2023 The Tshwane Mayor's Gala
71	3:19.74	L	F	Mila Petrak	15	ELEC TSH	24/03/2024	SA Level 2 Regional Age Group Champs
72	3:20.12	L	F	Storme Badenhorst	15	MANT CPT	10/02/2024	WCA-B Champs - 2024
73	3:20.66	L	F	Robyn Barbour	15	ESP EKU	15/09/2023	EGA Summer 1
74	3:20.96	L	F	Kayla Vosloo	15	BLOT MAN	27/10/2023	Neptune Prestige Gala
75	3:21.91	L	P	Lumka Ntaka	15	UMSH ETH	05/04/2024	SA Level 2 Regional Age Group Champs
76	3:22.27	L	F	Emma Jansen van Rensburg	15	QSAW CED	10/02/2024	WCA-B Champs - 2024
77	3:22.56	L	P	Georgia Alston	15	SASE JHB	20/03/2024	SA Level 3 Regional Age Group
78	3:22.89	L	F	Sienna Lombard	15	HPS TSH	24/03/2024	SA Level 2 Regional Age Group Champs
79	3:24.08	L	F	Jessica Bosman	15	QUIC CPT	10/02/2024	WCA-B Champs - 2024
80	3:24.38	L	F	Nina Melka	15	TUKS TSH	24/03/2024	SA Level 2 Regional Age Group Champs
81	3:24.74	L	F	Georgia Knight	15	WATR JHB	24/03/2024	SA Level 2 Regional Age Group Champs
82	3:25.08	L	F	Nakita Snyman	15	FLOD JHB	24/02/2024	CGA Level 2+ Last Chance Gala 24 Feb
83	3:25.09	L	F	Kaylie Groenewald	15	ACAQ CCD	24/06/2023	PEA Winter Gala 2023
84	3:25.38	L	F	Isla Minderon	15	PEAS NMA	11/11/2023	5th A League Gala 2023
85	3:25.39	L	F	Deoné Borstlap	15	POTC KKD	24/03/2024	SA Level 2 Regional Age Group Champs
86	3:25.82	L	F	Kuzingca Siramza	15	AQUA BUF	24/11/2023	BCA Long Course Championships 2023
87	3:28.61	L	F	Sian Kleynhans	15	ROA EDD	17/02/2024	EDEN 5th A-League Gala 2024
88	3:28.65	L	F	Anneke Stassen	15	CASC CPT	24/11/2023	CTA A & B CHAMPS 2023
89	3:29.98	L	F	Mia Sarakis	15	CRSC JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023



## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
90	3:30.02	L	F	Megan Augustyn	15	ONYX EKU	15/09/2023 EGA Summer 1
91	3:30.10	L	F	Amelie Van der Merwe	15	RFA FSH	01/12/2023 2023 The Tshwane Mayor's Gala
92	3:30.46	L	P	Paris Shiwundlana	15	AFIN JHB	30/11/2023 CGA Championships 2023
93	3:30.56	L	F	Mia De Klerk	15	CSA EZZ	01/12/2023 Mpumalanga Championships 2023
94	3:31.20	L	F	Hannah van der Veen	15	AQUA BUF	17/02/2024 Eastern Cape School Trials 2024
95	3:33.99	L	F	Katia Jacob	15	HASC JHB	10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023
96	3:34.72	L	F	Carli Dippenaar	15	ROA EDD	18/11/2023 Eden LC Champs 2023
97	3:35.12	L	F	Alaynah Bhamjee	15	WATR JHB	26/07/2023 Giochi Del Tricolore Swim
98	3:35.22	L	F	Catherine Desilla	15	SASE JHB	20/01/2024 CGA Level 2+ Gala 20 Jan 2024
99	3:35.34	L	F	Larissa Visagie	15	LALE CED	11/11/2023 Winelands SL4
100	3:35.42	L	F	Naledi Thobeha	15	QUIC CPT	03/02/2024 CTA BRIAN BUTTON Qualifying Meet
101	3:35.81	L	F	Zianè Jantzen	15	QUIC CPT	03/02/2024 CTA BRIAN BUTTON Qualifying Meet
102	3:36.63	L	F	Emma Thompson	15	PSC FSH	01/12/2023 2023 The Tshwane Mayor's Gala
103	3:36.69	L	F	Tatiana Ioannides	15	BLSS MAN	11/11/2023 Bull Sharks Gala
104	3:37.90	L	P	Ivana Vyncke	15	DRGN EKU	30/11/2023 CGA Championships 2023
105	3:38.63	L	F	Shannon Rautenbach	15	UNI EZZ	01/12/2023 Mpumalanga Championships 2023
106	3:38.70	L	F	Celine Miles	15	BLUO UGD	24/11/2023 Westville-Seals LC Championships
107	3:39.26	L S	F	Zoé Steyn	15	HREF BP	06/12/2023 NWS Championships 2023/24
108	3:39.66	L	F	Mekayla Pretorius	15	HWSK FBD	26/03/2024 SA Level 2 Regional Age Group Champs
109	3:39.67	L	F	Mariel van der Net	15	JAQ EKU	15/09/2023 EGA Summer 1
110	3:40.62	L S	F	Shyenne Laubscher	15	WELA LLD	06/12/2023 Free State Champs 2023
111	3:41.13	L	F	Brooklyn-Taylor Sunker	15	MAKO EKU	24/03/2024 SA Level 2 Regional Age Group Champs
112	3:41.73	L	F	Megan Neizel	15	PSCP UMD	14/12/2023 KZNA 2023 Championships Incorp SSA
113	3:42.21	L	F	Veera Khusal	15	BON EKU	24/03/2024 SA Level 2 Regional Age Group Champs
114	3:42.50	L	F	Riley Koegelenberg	15	LALE CED	11/11/2023 Winelands SL4
115	3:43.41	L	F	Lara Louw	15	BLNE MAN	27/10/2023 Neptune Prestige Gala
116	3:44.08	L	F	Alea Du Toit	15	CYBE CPT	24/11/2023 CTA A & B CHAMPS 2023
117	3:44.27	L	F	Chelsea Snyman	15	HBV MP	27/01/2024 Limpopo School Champs
118	3:45.61	L	F	Gabriella Carminati	15	AFIN JHB	24/02/2024 CGA Level 2+ Last Chance Gala 24 Feb
119	3:45.64	L	F	Cala Welgemoed	15	VALS FDD	26/03/2024 SA Level 2 Regional Age Group Champs
120	3:46.08	L	F	Jaimee Marais	15	ELRAS WBD	21/10/2023 Limpopo Age Group 4
121	3:48.46	L	F	Mea Harding	15	BAS EKU	15/09/2023 EGA Summer 1
122	3:49.50	L S	F	Lisa van der Westhuizen	15	POTC KKD	06/12/2023 NWS Championships 2023/24
123	3:49.67	L	F	Kiara Storm	15	STSC KCD	03/02/2024 KCDA February Age Group 2024
124	3:50.93	L	F	Tia Mari Theron	15	HSBV SKD	27/01/2024 Limpopo School Champs
125	3:51.02	L	F	Esther Sauls	15	PGAC EKU	15/09/2023 EGA Summer 1
126	3:52.19	L	F	Tatum Topliss	15	MAKO EKU	15/09/2023 EGA Summer 1
127	3:52.79	L	F	Kiara Krauss	15	GREY CPT	11/11/2023 Winelands SL4
128	3:53.49	L	F	Alexandra Sheppard	15	STAR BPD	21/10/2023 NWS Age Group 1 & 2 2023
129	3:57.27	L	F	Ebenette Van Niekerk	15	FISH EDD	05/10/2023 42nd Freda Barnard Invitational Gala
130	3:59.21	L	F	Leanne Fourie	15	HSB BP	23/02/2024 NW School Championships 2024
131	4:00.29	L	F	Camryn Shaw	15	PEAS NMA	09/02/2024 Infinity Gala 2024
132	4:00.62	L	F	Sadie Kata	15	SWIFT EKU	15/09/2023 EGA Summer 1
133	4:01.69	L	F	Kholofelo Seabi	15	SWIFT EKU	24/03/2024 SA Level 2 Regional Age Group Champs
134	4:02.16	L	F	Ogalaletseng Khosana	15	WATR JHB	26/07/2023 Giochi Del Tricolore Swim
135	4:02.58	L	F	Zainah Akhalwaya	15	OLDE JHB	24/02/2024 CGA Level 2+ Last Chance Gala 24 Feb
136	4:06.88	L	F	Abigail Cullen	15	WELA LLD	27/10/2023 Neptune Prestige Gala
137	4:09.10	L	F	Bathiyana Zondo	15	BARR CPT	05/10/2023 42nd Freda Barnard Invitational Gala
138	4:09.41	L	F	Hannah Coert	15	MANT CPT	05/10/2023 42nd Freda Barnard Invitational Gala
139	4:15.40	L	F	Humairah Safi	15	ISSA NM	23/02/2024 NW School Championships 2024
140	4:19.24	L	F	Esethu Mabula	15	SRAY BUF	24/11/2023 BCA Long Course Championships 2023
141	4:25.53	L	F	Jada Grill	15	HURA CPT	11/11/2023 Swartland Prestige Gala 2023
142	4:26.92	L	F	Johanika Groenewald	15	UNI EZZ	01/12/2023 Mpumalanga Championships 2023
143	4:31.92	L S	F	Michelle Seerane	15	RBOT BPD	06/12/2023 NWS Championships 2023/24
144	4:35.49	L	F	Shay-Leigh Pieters	15	HURA CPT	05/10/2023 42nd Freda Barnard Invitational Gala
145	4:35.70	L	F	Ayanda Luthuli	15	USH KCD	27/01/2024 Ushaka Champs 2024
146	5:12.29	L	F	Anesu Mushonga	15	ISSA NM	23/02/2024 NW School Championships 2024
<b>Women 15-15 50 Fly</b>							
1	28.32	L	F	Jaime Mote	15	INFA NMA	15/03/2024 SA National Junior Age Group

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
2	28.60 L	F	Jaime Mote	15	ECA BUF	08/04/2024	SA National	Aquatic Champ 2024-PE	
3	28.97 L	P	Emily Macqueen	15	KZNA ETH	08/04/2024	SA National	Aquatic Champ 2024-PE	
4	29.18 L	F	Leila Yazbek	15	BLNE MAN	15/03/2024	SA National	Junior Age Group	
5	29.55 L	F	Leah Scott	15	BLUO UGD	15/03/2024	SA National	Junior Age Group	
6	29.62 L	F	Annebel Stewart	15	AZON ETH	15/03/2024	SA National	Junior Age Group	
7	29.71 L	F	Grace Powell	15	GAU JHB	19/04/2024	SA Schools	Swimming Championship	
8	30.31 L	F	Jesse-Leah Laderach	15	PEAS NMA	09/02/2024	Infinity Gala 2024		
9	30.32 L	F	Ruby Gaines	15	SEALE ETH	14/12/2023	KZNA 2023	Championships Incorp SSA	
10	30.36 L	F	Ava-Loren Van Galen	15	STAQ CED	15/03/2024	SA National	Junior Age Group	
11*	30.40 L	P	Gizelle Maritz	15	AGB JHB	08/04/2024	SA National	Aquatic Champ 2024-PE	
11*	30.40 L	F	Danika Van Zyl	15	KZNA ETH	19/04/2024	SA Schools	Swimming Championship	
13	30.43 L	F	Jaime Maritz	15	MP EZD	19/04/2024	SA Schools	Swimming Championship	
14	30.45 L	P	Ashley Scholtz	15	CA EKU	15/03/2024	SA National	Junior Age Group	
15	30.46 L S	F	Abigail Roberts	15	TUKS TSH	12/12/2023	NTS	Championships 2023	
16	30.49 L	F	Lara Gouws	15	TUKS TSH	20/10/2023	NTS Level 3+	October Age Group 2023	
17	30.56 L	F	Zandri Knoetze	15	INFA NMA	15/03/2024	SA National	Junior Age Group	
18	30.65 L	F	Corli Liversage	15	BLSS MAN	06/12/2023	Free State	Champs 2023	
19	30.76 L	P	Mari Wium	15	QSAW CED	14/12/2023	Western Cape	LC-A Championship 2023	
20	30.79 L	F	Chanel Veldsman	15	KZNA ETH	19/04/2024	SA Schools	Swimming Championship	
21	30.80 L	F	Amy Combrink	15	VINE CPT	11/11/2023	Winelands	SL4	
22	30.84 L	F	Jenna Coetzee	15	INFA NMA	15/12/2023	NMBA	Championships 2023	
23	31.04 L	P	Milla Hulse	15	KLOO ETH	21/03/2024	SA Level 3	Regional Age Group	
24	31.10 L	P	Katelyn Fourie	15	AGA EKU	08/04/2024	SA National	Aquatic Champ 2024-PE	
25	31.37 L	P	Emily Palmer	15	ECA BUF	08/04/2024	SA National	Aquatic Champ 2024-PE	
26	31.39 L	F	Mikayla Smit	15	AA JHB	20/03/2024	SA Level 3	Regional Age Group	
27	31.57 L	F	Amy O'Connor	15	CRSC JHB	30/11/2023	CGA	Championships 2023	
28	31.60 L	F	Jaime Roome	15	TUKS TSH	20/03/2024	SA Level 3	Regional Age Group	
29	31.64 L	F	Emily Liebenberg	15	SWAR WCD	21/03/2024	SA Level 3	Regional Age Group	
30	31.65 L	P	Gemma Goncalves	15	SEAL UMD	15/03/2024	SA National	Junior Age Group	
31	31.68 L	F	Maria Steyn	15	BLSS MAN	21/03/2024	SA Level 3	Regional Age Group	
32	31.74 L	F	Caitlyn Dube	15	MDOL JHB	30/11/2023	CGA	Championships 2023	
33	31.80 L	F	Keira Holland	15	CRSC JHB	30/11/2023	CGA	Championships 2023	
34	31.81 L	F	Mikayla Lombard	15	TUKS TSH	17/11/2023	NTS Level 3+	November Age Group	
35	31.82 L	P	Emma Pinheiro	15	GAU JHB	19/04/2024	SA Schools	Swimming Championship	
36	32.08 L	F	Sophia Trout	15	VINE CPT	11/11/2023	Winelands	SL4	
37	32.11 L	P	Jodi Boettger	15	USC BUF	15/03/2024	SA National	Junior Age Group	
38	32.13 L	P	Anne Marais	15	LP CCD	19/04/2024	SA Schools	Swimming Championship	
39	32.23 L	P	Chloe Olivier	15	CA EKU	15/03/2024	SA National	Junior Age Group	
40	32.43 L	P	Milan Van Heerden	15	AZON ETH	14/12/2023	KZNA 2023	Championships Incorp SSA	
41	32.51 L	P	Juliette van Vught	15	SASE JHB	23/02/2024	2024 Grand Prix 2	Invitational Meet -	
42	32.55 L	F	Madisynn Elliott	15	AA JHB	26/01/2024	EGA	Last Chance 2024	
43*	32.59 L	P	Emma Lategan	15	CASC CPT	15/03/2024	SA National	Junior Age Group	
43*	32.59 L	F	Siobhan Evans	15	CA EKU	07/12/2023	EGA	Summer Championships	
45	32.61 L	F	Catherine Desilla	15	SASE JHB	20/03/2024	SA Level 3	Regional Age Group	
46	32.68 L	P	Rouxne Du Plessis	15	TUKS TSH	15/03/2024	SA National	Junior Age Group	
47*	32.69 L	P	Tessa Battheu	15	TUKS TSH	15/03/2024	SA National	Junior Age Group	
47*	32.69 L	P	Tyra Penn	15	WATR JHB	15/03/2024	SA National	Junior Age Group	
47*	32.69 L	P	Danaleigh Swanepoel	15	RFA TSH	15/03/2024	SA National	Junior Age Group	
50	32.70 L	P	Jorja Parsons	15	PSCP UMD	23/02/2024	2024 Grand Prix 2	Invitational Meet -	
51	32.74 L	F	Amy-Lee Jones	15	CA EKU	20/03/2024	SA Level 3	Regional Age Group	
52	32.78 L	F	Simonè Schonken	15	TASC MPD	24/03/2024	SA Level 2	Regional Age Group Champs	
53	33.00 L	F	Esmarie Terblanche	15	LALE CED	11/11/2023	Winelands	SL4	
54	33.06 L	P	Shanna-Leigh Zeelie	15	BLMA CPT	14/12/2023	Western Cape	LC-A Championship 2023	
55	33.09 L	F	Kaylie Groenewald	15	ACAQ CCD	20/03/2024	SA Level 3	Regional Age Group	
56	33.33 L	F	Danielle Harbron	15	BLOT MAN	06/12/2023	Free State	Champs 2023	
57*	33.36 L	F	Kayla Vosloo	15	BLOT MAN	06/12/2023	Free State	Champs 2023	
57*	33.36 L	P	Hannah Burke	15	SFSC CPT	15/03/2024	SA National	Junior Age Group	
59	33.37 L	P	Lily Durant	15	WATR JHB	30/11/2023	CGA	Championships 2023	
60	33.38 L	F	Leeya Amon	15	CASC CPT	24/11/2023	CTA A & B	CHAMPS 2023	

### Individual Top Times

Times since: 01-May-23  
 Number of Top Times: All

Times until: 30-Apr-24  
 Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
61	33.39 L	F	Rachel Hinckley	15	CA EKU	28/10/2023	EGA Summer 2 2023
62	33.41 L	P	Jenna Morris	15	VINE CPT	14/12/2023	Western Cape LC-A Championship 2023
63	33.48 L	P	Robyn Barbour	15	ESP EKU	20/03/2024	SA Level 3 Regional Age Group
64	33.50 L	F	Ella Eldar	15	TUKS TSH	23/02/2024	NTS Prestige AG February 2024
65	33.53 L	P	Milri-Ann Summerton	15	NWUC KKD	20/03/2024	SA Level 3 Regional Age Group
66	33.55 L	P	Kelly Stork	15	BAS EKU	15/03/2024	SA National Junior Age Group
67	33.62 L	F	Sunny Huang	15	CA EKU	24/11/2023	EGA Summer 4
68	33.64 L	F	Skyla Perumal	15	TRAZ TSH	22/09/2023	NTS Level 3+ September Age Group
69	33.65 L	F	Tehl-Cadi Day Garden	15	MGSC UGD	24/11/2023	Westville-Seals LC Championships
70	33.66 L	F	Chloe Petersen	15	TUKS TSH	24/03/2024	SA Level 2 Regional Age Group Champs
71	33.67 L	F	Madison du Plessis	15	BLOT MAN	11/11/2023	Bull Sharks Gala
72	33.70 L	F	Anri Van Der Westhuizen	15	BLOT MAN	06/12/2023	Free State Champs 2023
73	33.81 L	F	Kelci Leech	15	BLSS MAN	03/11/2023	Heidedal Welkom Gala
74	33.84 L	F	Lili Kannisto	15	NMDO JH	14/10/2023	CGA Level 2 + Gala Oct 2023
75	33.85 L	F	Ilke Prinsloo	15	PEAR NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
76	33.86 L	P	Mia De Klerk	15	CSA EZD	24/03/2024	SA Level 2 Regional Age Group Champs
77	33.88 L	F	René Kotzé	15	POTC KKD	11/11/2023	NWS Age Group 3 + 4
78	33.91 L	F	Jessica Smith	15	ASA ILD	02/12/2023	Stingrays Swim Champs 2023
79	34.02 L	F	Antonella Del Fabbro	15	TUKS TSH	24/03/2024	SA Level 2 Regional Age Group Champs
80	34.09 L	F	Keera De Esclana	15	VRC TSH	17/11/2023	NTS Level 3+ November Age Group
81	34.10 L	P	Tayla Dowie	15	QUES JHB	30/11/2023	CGA Championships 2023
82*	34.16 L	P	Jemma Park	15	CRSC JHB	30/11/2023	CGA Championships 2023
82*	34.16 L	F	Keona Landman	15	AACTA CPT	10/02/2024	WCA-B Champs - 2024
84	34.20 L	P	Mikje Bocking	15	SEAL UMD	14/12/2023	KZNA 2023 Championships Incorpor SSA
85	34.22 L	P	Mia Gerber	15	LALE CED	14/12/2023	Western Cape LC-A Championship 2023
86	34.23 L	F	Ayalakha Mokoena	15	INFA NMA	21/10/2023	4th A League Gala 2023
87	34.26 L	P	Stacey Fisher	15	TRAZ TSH	24/03/2024	SA Level 2 Regional Age Group Champs
88	34.27 L	F	Megan Neizel	15	PSCP UMD	21/03/2024	SA Level 3 Regional Age Group
89	34.34 L	F	Elizabeth Victor	15	UNI EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
90	34.41 L	F	Hannah Naidoo	15	BEAV ETH	05/04/2024	SA Level 2 Regional Age Group Champs
91	34.44 L	F	Jemma Pearse	15	VINE CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
92	34.56 L	P	Jade O'Connor	15	TUKS TSH	20/03/2024	SA Level 3 Regional Age Group
93	34.59 L	F	Mia Vd Merwe	15	GSA CPT	24/11/2023	CTA A & B CHAMPS 2023
94	34.63 L	F	Georgia Gouws	15	PRIO NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
95	34.65 L	F	Donne Bruyns	15	CSA EZD	23/09/2023	MP SPRINT GALA 23 SEPTEMBER
96	34.66 L	P	Kayleigh Hahn	15	ROA EDD	15/03/2024	SA National Junior Age Group
97	34.67 L	F	Jessica Sardinha	15	BAS EKU	28/10/2023	EGA Summer 2 2023
98	34.70 L	F	Gabriella Otto	15	HASC JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
99	34.72 L	F	Jaimee Marais	15	HSTAN MP	27/01/2024	Limpopo School Champs
100	34.74 L	P	Gianna Collard	15	TUKS TSH	20/03/2024	SA Level 3 Regional Age Group
101	34.78 L	P	Katia Jacob	15	HASC JHB	30/11/2023	CGA Championships 2023
102	34.81 L S	P	Kganya Mashigo	15	PAC TSH	12/12/2023	NTS Championships 2023
103	34.94 L	F	Natania Komakech	15	ELEC TSH	12/01/2024	2024 Grand Prix Invitation Swimming
104	34.96 L	F	Emma Neethling	15	FISH EDD	18/11/2023	Eden LC Champs 2023
105	34.98 L	P	Cait Da Cunha	15	BON EKU	07/12/2023	EGA Summer Championships
106	35.12 L	F	Chrystil Raymond	15	CSA EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
107	35.19 L	F	Taylor Ririe	15	BLNE MAN	27/10/2023	Neptune Prestige Gala
108	35.25 L	F	Rebecca White	15	SSISA CPT	24/11/2023	CTA A & B CHAMPS 2023
109	35.31 L	F	Megan Nieman	15	PSC TSH	17/11/2023	NTS Level 3+ November Age Group
110	35.35 L	F	Esti Mouton	15	SWAR WCD	10/02/2024	WCA-B Champs - 2024
111	35.39 L	P	Vera Chen	15	BLSS MAN	15/03/2024	SA National Junior Age Group
112	35.51 L	F	Kaylin Bezuidenhoud	15	BLOT MAN	06/12/2023	Free State Champs 2023
113	35.52 L	F	Lara Verhoef	15	ASAC CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
114	35.54 L	F	Tshenolo Ntsie	15	RSA	03/05/2023	CANA Zone IV SwimmingChampions
115	35.55 L	F	Ashley Seymour	15	WELA LLD	06/12/2023	Free State Champs 2023
116*	35.59 L	F	Sandri Visser	15	PLAY CED	18/11/2023	CTA QUALIFYING MEET 2
116*	35.59 L	F	Isla Minderon	15	PEAS NMA	15/12/2023	NMBA Championships 2023
118	35.60 L	F	Stacey Smith	15	PAC TSH	20/10/2023	NTS Level 3+ October Age Group 2023
119	35.61 L	P	Johané Jv Rensburg	15	TUKS TSH	20/03/2024	SA Level 3 Regional Age Group

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
120	35.64	L	F	Abigail Pieterse	15	HARV NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
121	35.69	L	F	Ilanze du Plessis	15	BLSS MAN	06/12/2023	Free State Champs 2023
122	35.71	L	F	Mekayla Pretorius	15	HWSK FBD	03/02/2024	NCASA SPRINTS 2024
123	35.74	L	F	Jenna White	15	HE CCD	14/10/2023	Limpopo Top 8 - High Schools
124	35.88	L	P	Carme Louw	15	TASC MPD	20/03/2024	SA Level 3 Regional Age Group
125	35.91	L	F	Nina Van Tonder	15	LALE CED	11/11/2023	Winelands SL4
126	36.08	L	F	Emily Shand	15	BLUO UGD	24/11/2023	Westville-Seals LC Championships
127	36.13	L	F	Chloe Byrne	15	SEAL UMD	27/01/2024	Ushaka Champs 2024
128	36.26	L	F	Elrike du Plessis	15	HSB BP	23/02/2024	NW School Championships 2024
129	36.33	L	P	Annabell Serrals	15	TUKS TSH	20/03/2024	SA Level 3 Regional Age Group
130	36.41	L	F	Ilze Hendriks	15	LEGC ETH	24/11/2023	Westville-Seals LC Championships
131	36.44	L	F	Sienna Wilensky	15	ASAC CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
132	36.58	L	P	Sinoah Pretorius	15	HPS TSH	24/03/2024	SA Level 2 Regional Age Group Champs
133	36.63	L	F	Kayla Welgemoed	15	VALS FDD	26/03/2024	SA Level 2 Regional Age Group Champs
134	36.74	L	F	Nicole Van Zyl	15	CA EKU	28/10/2023	EGA Summer 2 2023
135	36.82	L	P	Hannah Schreuder	15	SAAW CPT	21/03/2024	SA Level 3 Regional Age Group
136	36.85	L	F	Oratile Matli	15	ESTR EKU	24/03/2024	SA Level 2 Regional Age Group Champs
137	36.90	L	F	Eva-Bella Bonomi	15	TRAZ TSH	01/12/2023	2023 The Tshwane Mayor's Gala
138*	36.92	L	F	Carli Dippenaar	15	ROA EDD	18/11/2023	Eden LC Champs 2023
138*	36.92	L	P	Paige Edmundson	15	SASE JHB	20/03/2024	SA Level 3 Regional Age Group
140	36.96	L	F	Mea Harding	15	BAS EKU	24/11/2023	EGA Summer 4
141*	36.98	L	F	Tatum Topliss	15	CA EKU	26/01/2024	EGA Last Chance 2024
141*	36.98	L	F	Helena Pretorius	15	HSBV SKD	14/10/2023	Limpopo Top 8 - High Schools
143	36.99	L	F	Mila Petrak	15	ELEC TSH	22/09/2023	NTS Level 3+ September Age Group
144	37.03	L	F	Lara Eckersley	15	CRSC JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
145	37.06	L	P	Megan Augustyn	15	ONYX EKU	07/12/2023	EGA Summer Championships
146	37.09	L S	F	Mieke Vd Walt	15	FISH EDD	05/10/2023	42nd Freda Barnard Invitational Gala
147	37.18	L	P	Keira Bester	15	DORE JHB	20/03/2024	SA Level 3 Regional Age Group
148	37.20	L	F	Shyenne Laubscher	15	WELA LLD	26/03/2024	SA Level 2 Regional Age Group Champs
149	37.30	L	F	Amelie Brüggers	15	VINE CPT	10/02/2024	WCA-B Champs - 2024
150	37.35	L	F	Lara Louw	15	BLNE MAN	11/11/2023	Bull Sharks Gala
151*	37.42	L	P	Mia Wellsted	15	HASC JHB	30/11/2023	CGA Championships 2023
151*	37.42	L	F	Kailey Joubert	15	AZON ETH	03/11/2023	EDA Age Group Gala 4 2023
153	37.45	L	F	Anne Steyl	15	UPSK ZMD	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
154	37.49	L	F	Nicole Norman	15	RPAC EKU	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
155	37.54	L	P	Deoné Borstlap	15	POTC KKD	24/03/2024	SA Level 2 Regional Age Group Champs
156	37.62	L	P	Paris Shiwundlana	15	AFIN JHB	24/03/2024	SA Level 2 Regional Age Group Champs
157	37.63	L	F	Lumka Ntaka	15	UMSH ETH	03/11/2023	EDA Age Group Gala 4 2023
158	37.68	L	F	Chloe Jewell	15	PEAS NMA	17/02/2024	Eastern Cape School Trials 2024
159	37.71	L	P	Megan Van den Heever	15	UNI EZD	24/03/2024	SA Level 2 Regional Age Group Champs
160	37.72	L	F	Mia Crookham	15	TYGE CPT	10/02/2024	WCA-B Champs - 2024
161	37.81	L	P	Georgia Knight	15	WATR JHB	24/03/2024	SA Level 2 Regional Age Group Champs
162	37.87	L	F	Kate-Lynn Kruger	15	DESA NMA	21/10/2023	4th A League Gala 2023
163	37.98	L	F	Kuzingca Siramza	15	AQUA BUF	24/11/2023	BCA Long Course Championships 2023
164	38.00	L	F	Miela Smit	15	AQUA BUF	21/03/2024	SA Level 3 Regional Age Group
165	38.05	L S	F	Shay-Leigh Pieters	15	HURA CPT	05/10/2023	42nd Freda Barnard Invitational Gala
166	38.13	L	F	Nakita Snyman	15	FLOD JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
167	38.18	L	F	Micke de Jager	15	PSA ZLD	27/01/2024	Ushaka Champs 2024
168	38.28	L	P	Micaela Mutooni	15	ELEC TSH	24/03/2024	SA Level 2 Regional Age Group Champs
169	38.29	L	F	Nicola Olivier	15	MCS BP	23/02/2024	NW School Championships 2024
170	38.54	L	P	Victoria-Ann Anthony	15	BON EKU	24/03/2024	SA Level 2 Regional Age Group Champs
171*	38.59	L	F	Ebenette Van Niekerk	15	FISH EDD	18/11/2023	Eden LC Champs 2023
171*	38.59	L	F	Naseerah Vd Merwe	15	WEST CPT	17/02/2024	Swartland Invitational Gala 2024
173	38.63	L	F	Alexandra Santos	15	PSCP UMD	05/04/2024	SA Level 2 Regional Age Group Champs
174	38.87	L	F	Hannah Krummeck	15	HARV NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
175	38.96	L	F	Ingrid Van Loggerenberg	15	TUKS TSH	02/02/2024	NTS Level 1+2 February Age Group
176	39.03	L	F	Chanè Grobbelaar	15	SWAR WCD	10/02/2024	WCA-B Champs - 2024
177	39.04	L	F	Nina Melka	15	TUKS TSH	20/10/2023	NTS Level 3+ October Age Group 2023
178	39.11	L	P	Emma Thompson	15	PSC TSH	24/03/2024	SA Level 2 Regional Age Group Champs

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
179	39.13 L	F	Imaan Velloo	15	MANT CPT	10/02/2024	WCA-B Champs - 2024
180	39.31 L	F	Gabriela Dimitrova	15	TUKS FSH	01/12/2023	2023 The Tshwane Mayor's Gala
181	39.61 L	P	Izolde Lombard	15	PSC FSH	22/02/2024	18th Botswana Swimming Nationals
182	39.65 L	F	Amelie Van der Merwe	15	RFA FSH	03/11/2023	NTS Level 1+2 November Age Group
183	39.83 L	F	Megan Webster	15	RFA FSH	23/06/2023	Treviso Swim Cup
184	39.95 L	F	Mariel van der Net	15	JAQ EKU	28/10/2023	EGA Summer 2 2023
185	40.09 L	F	Gabriella Oaten	15	CYBE CPT	24/11/2023	CTA A & B CHAMPS 2023
186	40.23 L S	F	WanRu Zhou	15	BLMA CPT	05/10/2023	42nd Freda Barnard Invitational Gala
187	40.28 L	F	Yvonne Pretorius	15	MSC NGD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
188	40.35 L S	F	Sian Kleynhans	15	ROA EDD	05/10/2023	42nd Freda Barnard Invitational Gala
189	40.49 L	F	Leah Crozier	15	FAAC	11/11/2023	AGE GROUP 1
190	40.53 L	F	Lungiswa Grootboom	15	SWAR WCD	11/11/2023	Swartland Prestige Gala 2023
191	40.61 L	F	Chrisley Barnard	15	BS LLD	06/12/2023	Free State Champs 2023
192	40.87 L	F	Ogalaletseng Khosana	15	TUKS FSH	01/12/2023	2023 The Tshwane Mayor's Gala
193	40.97 L	P	Izabella Alevras	15	SMTC JHB	20/03/2024	SA Level 3 Regional Age Group
194*	41.22 L	F	Onkarabile Molamu	15	PGH KK	23/02/2024	NW School Championships 2024
194*	41.22 L	F	Emma Brooks	15	SWAR WCD	11/11/2023	Swartland Prestige Gala 2023
196	41.27 L	F	Mia Sarakis	15	CRSC JHB	12/01/2024	2024 Grand Prix Invitation Swimming
197	41.48 L S	F	Hannah Coert	15	MANT CPT	05/10/2023	42nd Freda Barnard Invitational Gala
198	41.59 L	F	Gaby Bishop	15	BETH FDD	06/10/2023	Super Seals & Sentraal Aquatics Gala
199	41.66 L	F	Kiara Storm	15	STSC KCD	02/12/2023	Stingrays Swim Champs 2023
200	41.71 L	F	Maya McCollum	15	AQDO CPT	24/11/2023	CTA A & B CHAMPS 2023
201	41.84 L	F	Alea Du Toit	15	CYBE CPT	24/11/2023	CTA A & B CHAMPS 2023
202	42.28 L	F	Hannah van der Veen	15	AQUA BUF	24/11/2023	BCA Long Course Championships 2023
203	42.33 L	F	Juliana Du Plessis	15	HBV MP	14/10/2023	Limpopo Top 8 - High Schools
204	42.50 L	F	Mignon Burger	15	SWAR WCD	11/11/2023	Swartland Prestige Gala 2023
205	42.97 L	P	Esther Sauls	15	PGAC EKU	07/12/2023	EGA Summer Championships
206	43.08 L	F	Holly McHugh	15	HSTAN MP	14/10/2023	Limpopo Top 8 - High Schools
207*	43.16 L	F	Chelsea Snyman	15	SS MPD	01/12/2023	Limpopo Champs
207*	43.16 L	F	Runakorwashe Makumbe	15	TUKS FSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
209	43.80 L	F	Selente Oosthuysen	15	HREF BP	06/12/2023	NWS Championships 2023/24
210	44.23 L	F	Minette Els	15	BETH FDD	02/03/2024	FSA Level 1 2024
211	44.33 L	F	Emma Barnard	15	EVO CPT	10/02/2024	WCA-B Champs - 2024
212	44.36 L	F	Leanne Fourie	15	HSB BP	23/02/2024	NW School Championships 2024
213	44.71 L	F	Ashleigh Davies	15	WELA LLD	11/11/2023	Bull Sharks Gala
214	44.86 L	F	Abigail Cullen	15	WELA LLD	27/10/2023	Neptune Prestige Gala
215	45.19 L	F	Anè Kemp	15	SWAR WCD	11/11/2023	Swartland Prestige Gala 2023
216	45.64 L	F	Alexandra Sheppard	15	STAR BPD	11/11/2023	NWS Age Group 3 + 4
217	45.76 L	P	Kholofelo Seabi	15	SWIFT EKU	24/03/2024	SA Level 2 Regional Age Group Champs
218	45.80 L	F	Sadie Kata	15	SWIFT EKU	02/03/2024	AG Level 1 Regional Age Group
219	45.96 L	P	Kaelo Makhatho	15	ESP EKU	07/12/2023	EGA Summer Championships
220	46.02 L S	F	Leigh Chung Kim Yuen	15	MANT CPT	05/10/2023	42nd Freda Barnard Invitational Gala
221	46.06 L	F	Isabella Ress	15	CYBE CPT	17/02/2024	Swartland Invitational Gala 2024
222	46.12 L	F	Jacoline Crous	15	SWAR WCD	11/11/2023	Swartland Prestige Gala 2023
223	46.68 L	F	Lyrece Louw	15	SUPE JHB	02/03/2024	AG Level 1 Regional Age Group
224	47.48 L	F	Lisa van der Westhuizen	15	POTC KKD	21/10/2023	NWS Age Group 1 & 2 2023
225	47.62 L	F	Khwezi Khaba	15	UMSH ETH	03/11/2023	EDA Age Group Gala 4 2023
226	48.35 L	F	Sophia Kriel	15	QSAW CED	18/11/2023	CTA QUALIFYING MEET 2
227	48.82 L	F	Brooklyn-Taylor Sunker	15	MAKO EKU	26/01/2024	EGA Last Chance 2024
228	49.29 L	F	Xoey Williams	15	UWCA CPT	24/11/2023	CTA A & B CHAMPS 2023
229	49.63 L S	F	Bathiyana Zondo	15	BARR CPT	05/10/2023	42nd Freda Barnard Invitational Gala
230	50.26 L	P	Beané du Plessis	15	STELL RMD	06/12/2023	NWS Championships 2023/24
231	50.29 L	F	Yandisa Ndlovu	15	ACSA ETH	27/01/2024	Ushaka Champs 2024
232	50.40 L	F	Lwazi Mqeke	15	WELA LLD	02/03/2024	FSA Level 1 2024
233	50.41 L	F	Cala Welgemoed	15	VALS FDD	27/10/2023	Neptune Prestige Gala
234	50.63 L	F	Zainah Akhalwaya	15	OLDE JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
235	52.55 L	F	Bianke Von Schlichting	15	PRA GSD	13/10/2023	MP AGE GROUP 2
236	52.87 L	P	Amy Klink	15	JAQ EKU	07/12/2023	EGA Summer Championships
237	53.20 L	F	Shauna Hoole	15	CAMB BUF	03/02/2024	Buffalo City School Trials 2024

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
238	53.37 L	F	Naseerah Du Toit	15	UWCA CPT	21/03/2024	SA Level 3 Regional	Age Group
239	53.47 L	F	Zoë Pierce	15	ESTR ECU	02/03/2024	AG Level 1 Regional	Age Group
240	53.82 L	F	Lesedi Kgarimetsa	15	SWIM1 JHB	02/03/2024	AG Level 1 Regional	Age Group
241	53.93 L	F	Karabo Malinga	15	USHAK ECU	02/03/2024	AG Level 1 Regional	Age Group
242	56.88 L	F	Esethu Mabula	15	SRAY BUF	24/11/2023	BCA Long Course Championships 2023	
243	56.89 L	F	Helena Van Vuuren	15	KALA	03/02/2024	NCASA SPRINTS 2024	
244	57.13 L	F	Rejeanne Bodemer	15	PHS CCD	14/10/2023	Limpopo Top 8 - High Schools	
245	57.84 L	P	Michelle Seerane	15	RBOT BPD	06/12/2023	NWS Championships 2023/24	
246	59.15 L	F	Jessica Bennett	15	SAAW CPT	17/02/2024	Swartland Invitational Gala 2024	
247	59.21 L	P	Johanika Groenewald	15	UNI EZD	01/12/2023	Mpumalanga Championships 2023	
248	59.23 L	F	Thea Vermaak	15	WELA LLD	02/03/2024	FSA Level 1	2024
<b>Women 15-15 100 Fly</b>								
1	1:02.25 L	F	Jaime Mote	15	INFA NMA	09/02/2024	Infinity Gala 2024	
2	1:02.81 L S	F	Jaime Mote	15	ECA BUF	08/04/2024	SA National Aquatic Champ 2024-PE	
3	1:05.05 L S	P	Annebel Stewart	15	AZON ETH	15/03/2024	SA National Junior Age Group	
4	1:05.88 L S	P	Leila Yazbek	15	BLNE MAN	15/03/2024	SA National Junior Age Group	
5	1:06.54 L S	F	Jenna Coetzee	15	INFA NMA	15/03/2024	SA National Junior Age Group	
6	1:07.56 L	F	Grace Powell	15	GAU JHB	19/04/2024	SA Schools Swimming Championship	
7	1:08.47 L S	F	Zandri Knoetze	15	INFA NMA	15/03/2024	SA National Junior Age Group	
8	1:08.49 L S	F	Jesse-Leah Laderach	15	PEAS NMA	15/03/2024	SA National Junior Age Group	
9	1:08.56 L S	P	Emily Macqueen	15	KZNA ETH	08/04/2024	SA National Aquatic Champ 2024-PE	
10	1:09.14 L	F	Danika Van Zyl	15	KZNA ETH	19/04/2024	SA Schools Swimming Championship	
11	1:09.24 L	F	Ruby Gaines	15	SEALE ETH	14/12/2023	KZNA 2023 Championships Incorp SSA	
12	1:09.60 L S	P	Ashley Scholtz	15	AGA ECU	08/04/2024	SA National Aquatic Champ 2024-PE	
13	1:10.46 L	F	Jaime Maritz	15	MP EZD	19/04/2024	SA Schools Swimming Championship	
14	1:10.70 L S	P	Hannah Sandilands	15	MDOL JHB	15/03/2024	SA National Junior Age Group	
15	1:10.98 L	F	Mikayla Smit	15	AA JHB	20/03/2024	SA Level 3 Regional	Age Group
16	1:11.03 L	F	Keira Holland	15	CRSC JHB	20/03/2024	SA Level 3 Regional	Age Group
17	1:11.08 L S	F	Emily Liebenberg	15	SWAR WCD	14/12/2023	Western Cape LC-A Championship 2023	
18	1:11.15 L	F	Mari Wium	15	QSAW CED	21/03/2024	SA Level 3 Regional	Age Group
19	1:11.66 L S	P	Emma Pinheiro	15	SMTG JHB	15/03/2024	SA National Junior Age Group	
20	1:11.97 L	F	Angel Samoei	15	TUKS TSH	20/10/2023	NTS Level 3+ October Age Group 2023	
21	1:12.01 L	F	Maria Steyn	15	BLSS MAN	21/03/2024	SA Level 3 Regional	Age Group
22	1:12.39 L S	P	Corli Liversage	15	BLSS MAN	15/03/2024	SA National Junior Age Group	
23	1:12.60 L S	F	Zianè Jantzen	15	QUIC CPT	14/12/2023	Western Cape LC-A Championship 2023	
24	1:12.65 L	F	Emily Palmer	15	BCA BUF	13/01/2024	BCA Inter-District Championship Gala	
25	1:13.00 L	F	Jaime Roome	15	TUKS TSH	26/01/2024	NTS Level 3+ January Age Group 2024	
26	1:13.22 L S	F	Shanna-Leigh Zeelie	15	BLMA CPT	14/12/2023	Western Cape LC-A Championship 2023	
27	1:13.25 L	F	Robyn Barbour	15	ESP ECU	20/03/2024	SA Level 3 Regional	Age Group
28*	1:13.61 L	F	René Kotzé	15	PGIM KK	23/02/2024	NW School Championships 2024	
28*	1:13.61 L	P	Caitlyn Dube	15	GAU JHB	19/04/2024	SA Schools Swimming Championship	
30	1:13.96 L	F	Leah Markgraaff	15	TUKS TSH	23/02/2024	NTS Prestige AG February 2024	
31	1:13.99 L	F	Catherine Desilla	15	SASE JHB	20/03/2024	SA Level 3 Regional	Age Group
32	1:14.22 L S	P	Katelyn Fourie	15	CA ECU	15/03/2024	SA National Junior Age Group	
33	1:14.70 L	F	Milan Van Heerden	15	AZON ETH	14/12/2023	KZNA 2023 Championships Incorp SSA	
34	1:14.82 L S	F	Amy Combrink	15	VINE CPT	24/11/2023	CTA A & B CHAMPS 2023	
35	1:15.06 L	F	Rachel Hinckley	15	CA ECU	07/12/2023	EGA Summer Championships	
36	1:15.28 L S	P	Madisynn Elliott	15	AA JHB	15/03/2024	SA National Junior Age Group	
37	1:15.58 L	F	Sophia Trout	15	VINE CPT	11/11/2023	Winelands SL4	
38	1:15.70 L	P	Kelly Stork	15	BAS ECU	07/12/2023	EGA Summer Championships	
39	1:16.06 L	P	Jodi Boettger	15	USC BUF	24/06/2023	PEA Winter Gala 2023	
40	1:16.08 L S	P	Madison du Plessis	15	BLOT MAN	14/12/2023	Western Cape LC-A Championship 2023	
41	1:17.23 L S	F	Kayla Vosloo	15	BLOT MAN	06/12/2023	Free State Champs 2023	
42*	1:17.48 L	P	Tayla Dowie	15	QUES JHB	20/03/2024	SA Level 3 Regional	Age Group
42*	1:17.48 L	F	Georgia Gouws	15	PRIO NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st	
44	1:17.54 L	F	Jemma Park	15	CRSC JHB	30/11/2023	CGA Championships 2023	
45	1:17.57 L	F	Amy O'Connor	15	CRSC JHB	14/10/2023	CGA Level 2 + Gala Oct 2023	
46	1:17.87 L	F	Donne Bruyns	15	CSA EZD	23/09/2023	MP SPRINT GALA 23 SEPTEMBER	
47	1:18.00 L	F	Keera De Esclana	15	VRC TSH	20/10/2023	NTS Level 3+ October Age Group 2023	

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
48	1:18.21	L	F	Chloe Olivier	15	CA EKU	11/11/2023	EGA Summer 3
49	1:18.35	L	F	Danaleigh Swanepoel	15	RFA FSH	01/12/2023	Limpopo Champs
50	1:18.70	L	F	Tyra Penn	15	WATR JHB	30/11/2023	CGA Championships 2023
51	1:18.95	L	F	Leeya Amon	15	CASC CPT	18/11/2023	CTA QUALIFYING MEET 2
52	1:19.27	L	F	Tehl-Cadi Day Garden	15	MGSC UGD	24/11/2023	Westville-Seals LC Championships
53	1:19.32	L	P	Milri-Ann Summerton	15	NWUC KKD	20/03/2024	SA Level 3 Regional Age Group
54	1:19.45	L	F	Jade O'Connor	15	TUKS FSH	12/01/2024	2024 Grand Prix Invitation Swimming
55	1:19.62	L	F	Kayleigh Hahn	15	EDA ED	13/01/2024	BCA Inter-District Championship Gala
56	1:19.73	L	P	Chloe Petersen	15	TUKS FSH	24/03/2024	SA Level 2 Regional Age Group Champs
57	1:19.97	L	F	Siobhan Evans	15	CA EKU	26/01/2024	EGA Last Chance 2024
58	1:19.98	L	F	Sunny Huang	15	CA EKU	11/11/2023	EGA Summer 3
59	1:20.30	L	P	Antonella Del Fabbro	15	TUKS FSH	24/03/2024	SA Level 2 Regional Age Group Champs
60	1:20.36	L	P	Paige Edmundson	15	SASE JHB	20/03/2024	SA Level 3 Regional Age Group
61	1:20.49	L	F	Katia Jacob	15	HASC JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
62	1:20.50	L	F	Mia Gerber	15	LALE CED	11/11/2023	Winelands SL4
63	1:21.06	L	F	Anne Marais	15	TKS WBD	20/03/2024	SA Level 3 Regional Age Group
64	1:21.30	L	F	Chrystil Raymond	15	CSA EZD	23/09/2023	MP SPRINT GALA 23 SEPTEMBER
65	1:21.43	L	P	Mikje Bocking	15	SEAL UMD	14/12/2023	KZNA 2023 Championships Incorporate SSA
66	1:21.78	L	P	Juliette van Vught	15	SASE JHB	23/02/2024	2024 Grand Prix 2 Invitational Meet -
67	1:22.33	L	F	Esti Mouton	15	SWAR WCD	10/02/2024	WCA-B Champs - 2024
68	1:22.78	L	F	Lara Wink	15	VINE CPT	11/11/2023	Swartland Prestige Gala 2023
69	1:22.84	L	F	Lily Durant	15	WATR JHB	30/11/2023	CGA Championships 2023
70	1:23.48	L	F	Summer Ascieri	15	CYBE CPT	10/02/2024	WCA-B Champs - 2024
71	1:23.99	L	F	Jaimee Marais	15	ELRAS WBD	01/12/2023	Limpopo Champs
72	1:24.32	L	F	Stacey Smith	15	PAC FSH	22/09/2023	NTS Level 3+ September Age Group
73	1:24.45	L	F	Kemantha Ayair	15	BEAV ETH	24/11/2023	Westville-Seals LC Championships
74	1:24.66	L	F	Johané Jv Rensburg	15	TUKS FSH	22/09/2023	NTS Level 3+ September Age Group
75	1:25.08	L	F	Lara Verhoef	15	ASAC CPT	10/02/2024	WCA-B Champs - 2024
76	1:25.16	L	P	Mea Harding	15	BAS EKU	20/03/2024	SA Level 3 Regional Age Group
77	1:25.42	L	F	Rii Spoelstra	15	TUKS FSH	22/09/2023	NTS Level 3+ September Age Group
78	1:25.48	L	F	Carme Louw	15	TASC MPD	01/12/2023	Limpopo Champs
79	1:25.71	L	F	Simonè Schonken	15	TASC MPD	24/03/2024	SA Level 2 Regional Age Group Champs
80	1:25.90	L	F	Miela Smit	15	AQUA BUF	21/03/2024	SA Level 3 Regional Age Group
81	1:26.31	L	P	Kaylie Groenewald	15	ACAQ CCD	24/06/2023	PEA Winter Gala 2023
82	1:26.34	L	F	Mekayla Pretorius	15	HWSK FBD	26/03/2024	SA Level 2 Regional Age Group Champs
83	1:26.65	L S	F	Zia Petersen	15	XSAQ CPT	24/11/2023	CTA A & B CHAMPS 2023
84	1:26.67	L	P	Ilanze du Plessis	15	BLSS MAN	24/06/2023	Free Winter Gala 2023
85	1:26.85	L S	F	Lara Louw	15	BLNE MAN	06/12/2023	Free State Champs 2023
86	1:26.91	L	F	Jessica Sardinha	15	BAS EKU	15/09/2023	EGA Summer 1
87	1:27.73	L	F	Deoné Borstlap	15	POTC KKD	24/03/2024	SA Level 2 Regional Age Group Champs
88	1:28.55	L S	F	Jessica Bosman	15	QUIC CPT	24/11/2023	CTA A & B CHAMPS 2023
89	1:29.45	L	P	Mariel van der Net	15	JAQ EKU	24/03/2024	SA Level 2 Regional Age Group Champs
90	1:29.71	L	F	Emily Shand	15	BLUO UGD	24/11/2023	Westville-Seals LC Championships
91	1:30.10	L	F	Chanè Grobbelaar	15	SWAR WCD	10/02/2024	WCA-B Champs - 2024
92	1:30.11	L	F	Elrike du Plessis	15	HSB BP	23/02/2024	NW School Championships 2024
93	1:30.26	L	F	Kganya Mashigo	15	PAC FSH	22/09/2023	NTS Level 3+ September Age Group
94	1:30.62	L	F	Nina Van Tonder	15	LALE CED	11/11/2023	Winelands SL4
95	1:31.82	L	F	Megan Van den Heever	15	ROB EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21
96	1:32.17	L	F	Taylor Ririe	15	BLNE MAN	11/11/2023	Bull Sharks Gala
97	1:32.50	L	F	Gabriella Oaten	15	CYBE CPT	17/02/2024	Swartland Invitational Gala 2024
98	1:32.79	L	F	Izabella Alevras	15	SMTA JHB	24/02/2024	CGA Level 2+ Last Chance Gala 24 Feb
99	1:33.05	L	F	Shay-Leigh Pieters	15	HURA CPT	03/02/2024	Winelands SL final
100	1:33.11	L S	F	Ashley Seymour	15	WELA LLD	06/12/2023	Free State Champs 2023
101	1:33.23	L	P	Tatum Topliss	15	CA EKU	07/12/2023	EGA Summer Championships
102	1:33.41	L	F	Gianna Collard	15	TUKS FSH	17/11/2023	NTS Level 3+ November Age Group
103	1:33.98	L	F	Maya McCollum	15	AQDO CPT	10/02/2024	WCA-B Champs - 2024
104	1:34.41	L	F	Helena Pretorius	15	HSBV SKD	14/10/2023	Limpopo Top 8 - High Schools
105	1:35.62	L	F	Oratile Matli	15	ESTR EKU	11/11/2023	EGA Summer 3
106	1:35.78	L	F	Anne Steyl	15	UPSK ZMD	03/11/2023	UPINGTON 2023

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
107	1:35.95	L	F	Leané Gouws	15	TUKS FSH	02/02/2024 NTS Level 1+2 February Age Group
108	1:36.45	L	F	Olethiwe Mqadi	15	CASC CPT	18/11/2023 CTA QUALIFYING MEET 2
109	1:36.47	L	F	Hannah van der Veen	15	AQUA BUF	24/11/2023 BCA Long Course Championships 2023
110	1:39.39	L	F	Kuzingca Siramza	15	AQUA BUF	24/11/2023 BCA Long Course Championships 2023
111	1:39.77	L	F	Shyenne Laubscher	15	WELA LLD	21/10/2023 Otters Prestige Gala 2023
112	1:40.31	L S	F	Maria Dos Santos	15	HREF BP	06/12/2023 NWS Championships 2023/24
113	1:42.89	L	F	Naseerah Vd Merwe	15	WEST CPT	17/02/2024 Swartland Invitational Gala 2024
114	1:44.30	L	F	Selente Oosthuysen	15	HREF BP	21/10/2023 NWS Age Group 1 & 2 2023
115	2:20.46	L	F	Thea Vermaak	15	WELA LLD	02/03/2024 FSA Level 1 2024
<b>Women 15-15 200 Fly</b>							
1	2:16.47	L	F	Jaime Mote	15	INFA NMA	15/03/2024 SA National Junior Age Group
2	2:20.43	L	F	Jaime Mote	15	ECA BUF	08/04/2024 SA National Aquatic Champ 2024-PE
3	2:27.93	L	F	Annebel Stewart	15	AZON ETH	15/03/2024 SA National Junior Age Group
4	2:29.02	L	F	Jenna Coetzee	15	INFA NMA	23/09/2023 3rd A League Gala 2023
5	2:32.30	L	F	Hannah Sandilands	15	MDOL JHB	15/03/2024 SA National Junior Age Group
6	2:39.93	L	F	Leila Yazbek	15	BLNE MAN	27/10/2023 Neptune Prestige Gala
7	2:41.05	L	F	Ashley Scholtz	15	AGA EKU	08/04/2024 SA National Aquatic Champ 2024-PE
8	2:44.60	L	F	Danika Van Zyl	15	FRA KCD	27/01/2024 Ushaka Champs 2024
9	2:47.69	L	F	Emily Liebenberg	15	SWAR WCD	14/12/2023 Western Cape LC-A Championship 2023
10	2:54.01	L	F	Keira Holland	15	CRSC JHB	30/11/2023 CGA Championships 2023
11	2:55.43	L	F	Kelly Stork	15	BAS EKU	07/12/2023 EGA Summer Championships
12	2:58.47	L	F	Zianè Jantzen	15	QUIC CPT	05/10/2023 42nd Freda Barnard Invitational Gala
13	3:00.69	L	F	Leeya Amon	15	CASC CPT	24/06/2023 PEA Winter Gala 2023
14	3:02.75	L	F	Tehl-Cadi Day Garden	15	MGSC UGD	24/11/2023 Westville-Seals LC Championships
15	3:03.81	L	F	Robyn Barbour	15	ESP EKU	07/12/2023 EGA Summer Championships
16	3:03.91	L	F	Milri-Ann Summerton	15	NWS	27/01/2024 4 + 1 Inter Provincial Gala 2023
17	3:17.27	L	F	Siobhan Evans	15	CA EKU	26/01/2024 EGA Last Chance 2024
18	3:22.09	L	F	Miela Smit	15	AQUA BUF	24/06/2023 PEA Winter Gala 2023
19	3:23.86	L	F	Esti Mouton	15	SWAR WCD	11/11/2023 Swartland Prestige Gala 2023
20	3:48.11	L	F	Tatum Topliss	15	CA EKU	07/12/2023 EGA Summer Championships
<b>Women 15-15 200 IM</b>							
1	2:24.58	L S	F	Kayla Gous	15	ECA BUF	08/04/2024 SA National Aquatic Champ 2024-PE
2	2:24.96	L S	P	Gabriella Van Den Berg	15	AGC FSH	08/04/2024 SA National Aquatic Champ 2024-PE
3	2:25.60	L	F	Jaime Mote	15	INFA NMA	15/03/2024 SA National Junior Age Group
4	2:26.47	L S	P	Lara Gouws	15	AGC FSH	08/04/2024 SA National Aquatic Champ 2024-PE
5	2:27.58	L	F	Karla Myburgh	15	TUKS FSH	15/03/2024 SA National Junior Age Group
6	2:28.50	L	F	Jenna Coetzee	15	INFA NMA	15/03/2024 SA National Junior Age Group
7	2:31.89	L	P	Leila Yazbek	15	BLNE MAN	15/03/2024 SA National Junior Age Group
8	2:32.50	L	F	Annebel Stewart	15	AZON ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
9	2:33.01	L	F	Tyra Penn	15	WATR JHB	15/03/2024 SA National Junior Age Group
10	2:34.59	L	F	Angel Samoei	15	TUKS FSH	20/10/2023 NTS Level 3+ October Age Group 2023
11	2:34.82	L	F	Amy O'Connor	15	CRSC JHB	15/03/2024 SA National Junior Age Group
12	2:35.12	L	P	Amy Combrink	15	WCA CPT	19/04/2024 SA Schools Swimming Championship
13	2:35.47	L S	P	Madison du Plessis	15	FSA FS	08/04/2024 SA National Aquatic Champ 2024-PE
14	2:35.64	L	P	Corli Liversage	15	BLSS MAN	15/03/2024 SA National Junior Age Group
15	2:35.71	L	F	Jesse-Leah Laderach	15	PEAS NMA	15/12/2023 NMBA Championships 2023
16	2:35.89	L	P	Emma Pinheiro	15	SMTG JHB	15/03/2024 SA National Junior Age Group
17	2:36.67	L S	P	Chloe Olivier	15	AGA EKU	08/04/2024 SA National Aquatic Champ 2024-PE
18	2:37.22	L	P	Hannah Sandilands	15	MDOL JHB	15/03/2024 SA National Junior Age Group
19	2:37.49	L S	F	Grace Powell	15	CSC FSH	12/12/2023 NTS Championships 2023
20	2:37.80	L	P	Jodi Boettger	15	USC BUF	15/03/2024 SA National Junior Age Group
21	2:38.64	L S	P	Ella Eldar	15	AGC FSH	08/04/2024 SA National Aquatic Champ 2024-PE
22	2:39.19	L S	P	Ashley Scholtz	15	AGA EKU	08/04/2024 SA National Aquatic Champ 2024-PE
23	2:39.60	L	P	René Kotzé	15	POTC KKD	15/03/2024 SA National Junior Age Group
24	2:39.71	L	P	Rachel Hinckley	15	CA EKU	07/12/2023 EGA Summer Championships
25	2:40.00	L	P	Chanel Veldsman	15	PSCG UMD	14/12/2023 KZNA 2023 Championships Incorp SSA
26	2:40.86	L	F	Leah Scott	15	BLUO UGD	24/11/2023 Westville-Seals LC Championships
27	2:40.95	L	F	Georgia Gouws	15	BEST NMA	21/10/2023 4th A League Gala 2023



## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
28	2:41.70	L	F	Gemma Goncalves	15	SEAL UMD	14/12/2023 KZNA 2023 Championships Incorp SSA
29	2:41.86	L	P	Kayla Verbaan	15	KLOO ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
30	2:41.93	L	P	Kelly Stork	15	BAS EKU	15/03/2024 SA National Junior Age Group
31	2:41.98	L	F	Leah Markgraaff	15	TUKS FSH	20/10/2023 NTS Level 3+ October Age Group 2023
32	2:41.99	L	F	Kayleigh Hahn	15	ROA EDD	18/11/2023 Eden LC Champs 2023
33	2:42.45	L	F	Mari Wium	15	QSAW CED	14/12/2023 Western Cape LC-A Championship 2023
34	2:43.01	L S	P	Daniëlla Müller	15	TUKS FSH	12/12/2023 NTS Championships 2023
35	2:43.12	L	P	Danaleigh Swanepoel	15	RFA FSH	15/03/2024 SA National Junior Age Group
36	2:43.15	L	F	Maria Steyn	15	BLSS MAN	11/11/2023 Bull Sharks Gala
37	2:43.21	L	P	Juliette van Vught	15	SASE JHB	15/03/2024 SA National Junior Age Group
38	2:43.40	L	F	Emily Liebenberg	15	SWAR WCD	21/03/2024 SA Level 3 Regional Age Group
39	2:44.05	L	F	Genevieve Christensen	15	ACSA ETH	21/01/2024 EDA Age Group Gala 5 2024
40	2:44.27	L	P	Caitlyn Dube	15	MDOL JHB	15/03/2024 SA National Junior Age Group
41	2:44.31	L	F	Kate-Lynn Kruger	15	DESA NMA	21/03/2024 SA Level 3 Regional Age Group
42	2:44.40	L	F	Robyn Barbour	15	ESP EKU	20/03/2024 SA Level 3 Regional Age Group
43	2:44.42	L	F	Keira Holland	15	CRSC JHB	30/11/2023 CGA Championships 2023
44	2:44.73	L	F	Jaime Maritz	15	CUR EZD	21/02/2024 EHLANZENI INTER HIGH GALA 21
45	2:45.07	L	F	Michaela Nell	15	AAS JHB	30/11/2023 CGA Championships 2023
46	2:45.46	L S	P	Mikayla Lombard	15	TUKS FSH	12/12/2023 NTS Championships 2023
47	2:45.51	L	F	Donne Bruyns	15	CSA EZD	20/03/2024 SA Level 3 Regional Age Group
48	2:45.90	L	F	Danielle Harbron	15	BLOT MAN	21/03/2024 SA Level 3 Regional Age Group
49	2:46.10	L S	P	Jaime Roome	15	TUKS FSH	12/12/2023 NTS Championships 2023
50	2:46.11	L	F	Emily Palmer	15	USC BUF	24/11/2023 BCA Long Course Championships 2023
51	2:46.29	L	F	Catherine Desilla	15	SASE JHB	20/03/2024 SA Level 3 Regional Age Group
52	2:46.31	L	F	Emily Macqueen	15	SEALE ETH	24/11/2023 Westville-Seals LC Championships
53	2:46.53	L	F	Kate-Lynn de Jager	15	BLOT MAN	06/12/2023 Free State Champs 2023
54	2:46.60	L	P	Mikje Bocking	15	SEAL UMD	14/12/2023 KZNA 2023 Championships Incorp SSA
55	2:47.07	L	P	Zoë Goebel	15	TYGE CPT	14/12/2023 Western Cape LC-A Championship 2023
56	2:47.13	L	P	Mia Gerber	15	LALE CED	15/03/2024 SA National Junior Age Group
57	2:47.31	L	F	Tehl-Cadi Day Garden	15	MGSC UGD	24/11/2023 Westville-Seals LC Championships
58	2:47.52	L	P	Emma Rossouw	15	TYGE CPT	14/12/2023 Western Cape LC-A Championship 2023
59	2:47.79	L	P	Katelyn Fourie	15	CA EKU	07/12/2023 EGA Summer Championships
60	2:48.27	L	P	Vera Chen	15	BLSS MAN	15/03/2024 SA National Junior Age Group
61	2:48.44	L	P	Ava-Loren Van Galen	15	STAQ CED	15/03/2024 SA National Junior Age Group
62	2:48.84	L	P	Mia Wellsted	15	HASC JHB	20/03/2024 SA Level 3 Regional Age Group
63	2:49.11	L	F	Tshenolo Ntsie	15	RSA	03/05/2023 CANA Zone IV Swimming Champions
64	2:49.44	L	F	Lily Durant	15	WATR JHB	10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023
65	2:50.13	L	F	Jade O'Connor	15	TUKS FSH	22/09/2023 NTS Level 3+ September Age Group
66	2:50.86	L	F	Gabriella Otto	15	ELEC FSH	26/01/2024 NTS Level 3+ January Age Group 2024
67	2:51.00	L	F	Izarra Ganas	15	ACSA ETH	21/01/2024 EDA Age Group Gala 5 2024
68	2:51.11	L	F	Elizabeth Victor	15	UNI EZD	23/09/2023 MP SPRINT GALA 23 SEPTEMBER
69	2:51.19	L	P	Tayla Dowie	15	QUES JHB	30/11/2023 CGA Championships 2023
70	2:51.29	L	F	Leeya Amon	15	CASC CPT	24/11/2023 CTA A & B CHAMPS 2023
71	2:51.42	L	F	Zandri Knoetze	15	INFA NMA	05/10/2023 42nd Freda Barnard Invitational Gala
72	2:51.55	L	F	Lara Nel	15	SEALE ETH	21/01/2024 EDA Age Group Gala 5 2024
73	2:52.21	L	F	Lumka Ntaka	15	UMSH ETH	05/04/2024 SA Level 2 Regional Age Group Champs
74	2:52.25	L	F	Stacey Smith	15	PAC FSH	23/02/2024 NTS Prestige AG February 2024
75	2:52.45	L	F	Jessica Bosman	15	QUIC CPT	03/02/2024 CTA BRIAN BUTTON Qualifying Meet
76	2:52.67	L	P	Megan Augustyn	15	ONYX EKU	20/03/2024 SA Level 3 Regional Age Group
77	2:52.84	L	P	Jessica Sardinha	15	BAS EKU	20/03/2024 SA Level 3 Regional Age Group
78	2:53.30	L	F	Kayla Vosloo	15	BLOT MAN	06/12/2023 Free State Champs 2023
79	2:53.33	L	P	Kaylie Groenewald	15	ACAQ CCD	20/03/2024 SA Level 3 Regional Age Group
80	2:53.54	L	P	Jemma Park	15	CRSC JHB	30/11/2023 CGA Championships 2023
81	2:53.90	L	P	Emma Lategan	15	CASC CPT	14/12/2023 Western Cape LC-A Championship 2023
82	2:54.10	L	F	Abigail Roberts	15	TUKS FSH	17/11/2023 NTS Level 3+ November Age Group
83	2:54.11	L	F	Simone Cussons	15	UNI EZD	01/12/2023 Mpumalanga Championships 2023
84	2:54.29	L	P	Sophia Trout	15	VINE CPT	14/12/2023 Western Cape LC-A Championship 2023
85	2:54.39	L	P	Zine Mostert	15	WATR JHB	30/11/2023 CGA Championships 2023
86	2:54.50	L	F	Anne Marais	15	TKS WBD	01/12/2023 Limpopo Champs

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr					
87	2:54.51	L	P	Kemantha Ayair	15	BEAV	ETH	05/04/2024	SA Level 2 Regional Age Group Champs
88	2:54.65	L	F	Ilanze du Plessis	15	BLSS	MAN	06/12/2023	Free State Champs 2023
89	2:54.89	L	F	Kiara Banks	15	TUKS	FSH	17/11/2023	NTS Level 3+ November Age Group
90	2:54.92	L	F	Esti Mouton	15	SWAR	WCD	10/02/2024	WCA-B Champs - 2024
91	2:54.94	L	F	Shanna-Leigh Zeelie	15	BLMA	CPT	17/02/2024	Swartland Invitational Gala 2024
92	2:55.08	L	F	Sian Kleynhans	15	ROA	EDD	18/11/2023	Eden LC Champs 2023
93	2:55.09	L	F	Anne Steyl	15	UPSK	ZMD	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
94	2:55.16	L	F	Simonè Schonken	15	TASC	MPD	01/12/2023	Limpopo Champs
95	2:55.45	L	P	Nicole Van Zyl	15	CA	EKU	20/03/2024	SA Level 3 Regional Age Group
96*	2:55.68	L	F	Hannah Schreuder	15	SAAW	CPT	21/03/2024	SA Level 3 Regional Age Group
96*	2:55.68	L	P	Gianna Collard	15	TUKS	FSH	20/03/2024	SA Level 3 Regional Age Group
98	2:55.89	L	F	Jessica Smith	15	ASA	ILD	14/12/2023	KZNA 2023 Championships Incorp SSA
99	2:56.45	L	P	Katey Nel	15	SOUL	EKU	07/12/2023	EGA Summer Championships
100	2:56.69	L	P	Judy Stevens	15	QUIC	CPT	21/03/2024	SA Level 3 Regional Age Group
101	2:57.12	L	F	Stephanie Jurado	15	SSISA	CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
102	2:57.17	L	F	Milri-Ann Summerton	15	NWS		27/01/2024	4 + 1 Inter Provincial Gala 2023
103	2:57.21	L	F	Milan Van Heerden	15	AZON	ETH	24/11/2023	Westville-Seals LC Championships
104	2:57.58	L	F	Sunny Huang	15	CA	EKU	24/11/2023	EGA Summer 4
105	2:57.61	L	F	Nakita Snyman	15	FLOD	JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
106	2:57.92	L	F	Yvonne Pretorius	15	MSC	NGD	01/12/2023	Mpumalanga Championships 2023
107	2:57.93	L	F	Milla Hulse	15	PEAS	NMA	01/10/2023	Curro AquaElite Gala
108	2:57.94	L	P	Hannah Naidoo	15	BEAV	ETH	05/04/2024	SA Level 2 Regional Age Group Champs
109	2:58.20	L	F	Danika Van Zyl	15	FRA	KCD	28/10/2023	KCDA October Age Group Gala 2023
110	2:58.54	L	F	Emma Neethling	15	FISH	EDD	05/10/2023	42nd Freda Barnard Invitational Gala
111	2:58.77	L	F	Lara Verhoef	15	ASAC	CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
112	2:58.92	L	P	Lara Eckersley	15	CRSC	JHB	30/11/2023	CGA Championships 2023
113	2:58.96	L	F	Lily Ogden	15	PEAS	NMA	24/06/2023	PEA Winter Gala 2023
114	2:58.98	L	F	Mia Vd Merwe	15	GSA	CPT	16/09/2023	CTA A MEET 3
115	2:59.11	L	F	Kelci Leech	15	BLSS	MAN	06/12/2023	Free State Champs 2023
116	2:59.13	L	F	Isla Minderon	15	PEAS	NMA	15/12/2023	NMBA Championships 2023
117	2:59.38	L	F	Sienna Wilensky	15	ASAC	CPT	10/02/2024	WCA-B Champs - 2024
118	2:59.50	L	F	Katia Jacob	15	HASC	JHB	27/01/2024	CGA Level 2+ Gala 27 Jan 2024
119	2:59.65	L	F	Mieke Vd Walt	15	FISH	EDD	05/10/2023	42nd Freda Barnard Invitational Gala
120	2:59.66	L	F	Summer Ascieti	15	CYBE	CPT	21/01/2024	CTA BMEET 4
121	2:59.83	L	F	Chrystil Raymond	15	CSA	EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
122	2:59.88	L	P	Jaimee Marais	15	ELRAS	WBD	20/03/2024	SA Level 3 Regional Age Group
123	3:00.17	L	P	Georgia Alston	15	SASE	JHB	20/03/2024	SA Level 3 Regional Age Group
124	3:00.79	L	F	Leah Crozier	15	FAAC		14/10/2023	FLAMINGO GALA 14 - 15 OCTOBER
125	3:00.83	L	P	Amy-Lee Jones	15	CA	EKU	07/12/2023	EGA Summer Championships
126	3:01.06	L	F	Storme Badenhorst	15	MANT	CPT	10/02/2024	WCA-B Champs - 2024
127	3:01.07	L	F	Megan Webster	15	RFA	FSH	01/07/2023	Rossini Swim Cup
128	3:01.11	L	F	Kganya Mashigo	15	PAC	FSH	20/10/2023	NTS Level 3+ October Age Group 2023
129	3:01.15	L	F	Megan Neizel	15	PSCP	UMD	24/11/2023	Westville-Seals LC Championships
130	3:01.30	L	F	Mia Johnson	15	AAS	JHB	30/11/2023	CGA Championships 2023
131	3:01.63	L S	F	Chloe Petersen	15	TUKS	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
132	3:01.65	L	F	Emily Shand	15	BLUO	UGD	24/11/2023	Westville-Seals LC Championships
133	3:02.07	L	F	Keera De Esclana	15	VRC	FSH	20/10/2023	NTS Level 3+ October Age Group 2023
134	3:02.08	L	F	WanRu Zhou	15	BLMA	CPT	05/10/2023	42nd Freda Barnard Invitational Gala
135	3:02.18	L	F	Peta Mazery	15	WSTV	ETH	21/01/2024	EDA Age Group Gala 5 2024
136	3:02.28	L	P	Mea Harding	15	BAS	EKU	20/03/2024	SA Level 3 Regional Age Group
137	3:02.43	L	F	Larissa Visagie	15	LALE	GED	10/02/2024	WCA-B Champs - 2024
138	3:02.50	L	F	Rebecca White	15	SSISA	CPT	17/02/2024	Swartland Invitational Gala 2024
139	3:02.55	L	F	Makula Kyabayinze	15	TUKS	FSH	22/09/2023	NTS Level 3+ September Age Group
140	3:02.94	L S	F	Mila Petrak	15	ELEC	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
141	3:03.16	L	P	Cait Da Cunha	15	BON	EKU	07/12/2023	EGA Summer Championships
142	3:03.38	L S	F	Deoné Borstlap	15	POTC	KKD	24/03/2024	SA Level 2 Regional Age Group Champs
143	3:03.59	L	F	Zia Petersen	15	XSAQ	CPT	17/09/2023	CTA BMEET 3
144	3:03.73	L	F	Anneke Stassen	15	CASC	CPT	24/11/2023	CTA A & B CHAMPS 2023
145	3:03.84	L S	F	Sinoah Pretorius	15	HPS	FSH	24/03/2024	SA Level 2 Regional Age Group Champs

### Individual Top Times

Times since: 01-May-23 Times until: 30-Apr-24  
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
146	3:03.91	L	F	Skyla Perumal	15	WATR	JHB 26/07/2023 Giochi Del Tricolore Swim
147	3:04.14	L	F	Lara Wink	15	VINE	CPT 10/02/2024 WCA-B Champs - 2024
148	3:04.43	L	P	Tatum Topliss	15	CA	EKU 20/03/2024 SA Level 3 Regional Age Group
149	3:04.93	L S	F	Mariel van der Net	15	JAQ	EKU 24/03/2024 SA Level 2 Regional Age Group Champs
150	3:04.98	L	F	Siobhan Evans	15	CA	EKU 26/01/2024 EGA Last Chance 2024
151	3:05.37	L	F	Keira Taylor	15	TUKS	TSH 17/11/2023 NTS Level 3+ November Age Group
152	3:05.39	L	F	Carine Röntgen	15	ASAW	GED 21/01/2024 CTA BMEET 4
153	3:05.48	L	P	Izabella Alevras	15	AAS	JHB 30/11/2023 CGA Championships 2023
154	3:06.52	L	F	Emma Jansen van Rensburg	15	QSAW	GED 10/02/2024 WCA-B Champs - 2024
155	3:06.58	L	F	Ashley Seymour	15	WELA	LLD 06/12/2023 Free State Champs 2023
156	3:06.64	L	F	Lelanie Buhr	15	SWAR	WCD 10/02/2024 WCA-B Champs - 2024
157	3:06.69	L	F	Mia De Klerk	15	CSA	EZD 23/09/2023 MP SPRINT GALA 23 SEPTEMBER
158	3:06.73	L S	F	Ivana Vyncke	15	AGB	JHB 08/04/2024 SA National Aquatic Champ 2024-PE
159	3:06.82	L	F	Lienke Van OS	15	BLSS	MAN 27/01/2024 Pelicans Gala 2024
160	3:07.45	L	F	Nina Melka	15	TUKS	TSH 01/12/2023 2023 The Tshwane Mayor's Gala
161	3:07.48	L	F	Chrisley Barnard	15	BS	LLD 27/10/2023 Neptune Prestige Gala
162	3:07.54	L	F	Megan Van den Heever	15	ROB	EZD 21/02/2024 EHLANZENI INTER HIGH GALA 21
163	3:07.69	L	F	Imaan Velloo	15	MANT	CPT 21/01/2024 CTA BMEET 4
164	3:09.36	L S	F	Chloe Jewell	15	PEAS	NMA 26/01/2024 6th A League Gala 2024
165	3:09.72	L	F	Catherine O'Grady	15	MSC	NGD 01/12/2023 Mpumalanga Championships 2023
166	3:09.96	L	F	Hannah van der Veen	15	AQUA	BUF 17/02/2024 Eastern Cape School Trials 2024
167	3:10.19	L	F	Anè Cloete	15	TYGE	CPT 05/10/2023 42nd Freda Barnard Invitational Gala
168	3:10.22	L	F	Lara Louw	15	BLNE	MAN 06/12/2023 Free State Champs 2023
169	3:10.26	L	F	Ilze Hendriks	15	LEGC	ETH 24/11/2023 Westville-Seals LC Championships
170	3:10.41	L	F	Shyenne Laubscher	15	WELA	LLD 16/02/2024 Neptunes Last chance Gala
171	3:10.46	L	F	Maya McCollum	15	AQDO	CPT 24/11/2023 CTA A & B CHAMPS 2023
172	3:10.65	L	F	Kuzingca Siramza	15	AQUA	BUF 24/11/2023 BCA Long Course Championships 2023
173	3:10.77	L	F	Megan Nieman	15	PSC	TSH 17/11/2023 NTS Level 3+ November Age Group
174	3:11.24	L S	F	Maya Ndegwa	15	ELEC	TSH 24/03/2024 SA Level 2 Regional Age Group Champs
175	3:11.40	L	F	Carli Dippenaar	15	ROA	EDD 18/11/2023 Eden LC Champs 2023
176	3:11.64	L	F	Gabriella Oaten	15	CYBE	CPT 21/01/2024 CTA BMEET 4
177	3:12.22	L	F	Maria Dos Santos	15	HREF	BP 06/12/2023 NWS Championships 2023/24
178	3:12.41	L	F	Keona Landman	15	AACTA	CPT 24/11/2023 CTA A & B CHAMPS 2023
179	3:13.38	L	F	Mia Crookham	15	TYGE	CPT 21/01/2024 CTA BMEET 4
180	3:13.50	L	F	Shayla Harvey	15	PEAS	NMA 01/10/2023 Curro AquaElite Gala
181	3:13.60	L	F	Mia Sarakis	15	CRSC	JHB 10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023
182	3:13.61	L	F	Stacey Fisher	15	TRAZ	TSH 01/12/2023 2023 The Tshwane Mayor's Gala
183	3:14.04	L	F	Izolde Lombard	15	ASAC	CPT 03/02/2024 Winelands SL final
184	3:14.05	L	F	Elrike du Plessis	15	HSB	BP 23/02/2024 NW School Championships 2024
185	3:14.21	L	F	Kaylin Bezuidenhoud	15	BLOT	MAN 27/10/2023 Neptune Prestige Gala
186	3:14.32	L	P	Celine Miles	15	BLUO	UGD 05/04/2024 SA Level 2 Regional Age Group Champs
187	3:14.46	L	F	Esther Sullivan	15	WSTV	ETH 21/01/2024 EDA Age Group Gala 5 2024
188	3:14.89	L	P	Alexandra Santos	15	PSCP	UMD 05/04/2024 SA Level 2 Regional Age Group Champs
189	3:15.34	L	F	Hannah Coert	15	MANT	CPT 21/01/2024 CTA BMEET 4
190	3:15.97	L	F	Alea Du Toit	15	CYBE	CPT 24/11/2023 CTA A & B CHAMPS 2023
191	3:16.23	L	F	Zante Young	15	RBUR	BPD 06/12/2023 NWS Championships 2023/24
192	3:16.65	L	F	Bianke Von Schlichting	15	PRA	GSD 16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17
193	3:16.78	L	F	Mignon Burger	15	SWAR	WCD 11/11/2023 Swartland Prestige Gala 2023
194	3:16.85	L	P	Caitlin Govender	15	SGUL	ETH 05/04/2024 SA Level 2 Regional Age Group Champs
195	3:16.91	L	F	Esmarie Terblanche	15	LALE	GED 18/11/2023 CTA QUALIFYING MEET 2
196	3:17.87	L	F	Mekayla Pretorius	15	HWSK	FBD 03/02/2024 NCASA SPRINTS 2024
197	3:18.27	L	F	Tayler Ririe	15	BLNE	MAN 15/09/2023 Bull Sharks Annual Gala
198	3:18.44	L	F	Naledi Thobeha	15	QUIC	CPT 20/01/2024 CTA A MEET 4
199	3:19.30	L	F	Miela Smit	15	AQUA	BUF 24/06/2023 PEA Winter Gala 2023
200	3:19.68	L	F	Reese Edwards	15	SSISA	CPT 20/01/2024 CTA A MEET 4
201	3:20.11	L	F	Alaynah Bhamjee	15	ATLA	JHB 27/01/2024 CGA Level 2+ Gala 27 Jan 2024
202	3:20.43	L	F	Emma Thompson	15	PSC	TSH 03/11/2023 NTS Level 1+2 November Age Group
203	3:20.77	L	F	Lungiswa Grootboom	15	SWAR	WCD 17/02/2024 Swartland Invitational Gala 2024
204	3:21.60	L	P	Oratile Matli	15	ESTR	EKU 07/12/2023 EGA Summer Championships

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
205	3:21.68 L	F	Anè Kemp	15	SWAR WCD	17/02/2024	Swartland Invitational Gala 2024
206	3:21.72 L	F	Ogalaletseng Khosana	15	PEAS NMA	01/10/2023	Curro AquaElite Gala
207	3:21.76 L	F	Ilanthy Moolman	15	MSC NGD	23/09/2023	MP SPRINT GALA 23 SEPTEMBER
208	3:21.85 L	F	Eva-Bella Bonomi	15	TRAZ TSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
209	3:22.59 L	F	Gaby Bishop	15	BETH FDD	21/10/2023	Otters Prestige Gala 2023
210	3:22.69 L	F	Anmi Slabbert	15	PAQU CED	10/02/2024	WCA-B Champs - 2024
211	3:22.96 L	P	Paris Shiwundlana	15	AFIN JHB	30/11/2023	CGA Championships 2023
212	3:23.80 L	F	Micke de Jager	15	PSA ZLD	27/01/2024	Ushaka Champs 2024
213	3:24.17 L	F	Alexandra Sheppard	15	BERG BP	23/02/2024	NW School Championships 2024
214	3:24.41 L	F	Tatiana Ioannides	15	BLSS MAN	27/10/2023	Neptune Prestige Gala
215	3:24.64 L	F	Emma Brooks	15	SWAR WCD	11/11/2023	Swartland Prestige Gala 2023
216	3:25.28 L	F	Ebenette Van Niekerk	15	FISH EDD	18/11/2023	Eden LC Champs 2023
217	3:25.34 L	F	Jenna White	15	ELRAS WBD	11/11/2023	Limpopo Age Group 5
218	3:25.72 L	F	Gabriela Dimitrova	15	TUKS TSH	02/02/2024	NTS Level 1+2 February Age Group
219	3:26.25 L	F	Zadie Van Wyk	15	TRAZ TSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
220	3:26.31 L	P	Esther Sauls	15	PGAC EKU	07/12/2023	EGA Summer Championships
221	3:26.39 L	F	Chelsea Snyman	15	SS MPD	01/12/2023	Limpopo Champs
222	3:27.66 L	F	Jacoline Crous	15	SWAR WCD	11/11/2023	Swartland Prestige Gala 2023
223	3:27.98 L	F	Sadie Kata	15	SWIFT EKU	02/03/2024	AG Level 1 Regional Age Group
224	3:29.13 L	F	Ashleigh Davies	15	WELA LLD	15/09/2023	Bull Sharks Annual Gala
225	3:29.96 L	F	Gabriella Carminati	15	AFIN JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
226	3:31.18 L	F	Kayla Welgemoed	15	VALS FDD	18/11/2023	Valsrivier Gala
227	3:31.74 L	F	Kayla Spagnoletti	15	SAAW CPT	17/09/2023	CTA BMEET 3
228	3:31.99 L	F	Lisa van der Westhuizen	15	PGIM KK	23/02/2024	NW School Championships 2024
229	3:32.11 L	F	Holly McHugh	15	HSTAN MP	14/10/2023	Limpopo Top 8 - High Schools
230	3:32.19 L	P	Nicole Norman	15	RPAC EKU	07/12/2023	EGA Summer Championships
231	3:32.24 L	F	Camryn Shaw	15	PEAS NMA	23/09/2023	3rd A League Gala 2023
232	3:32.65 L	F	Kiara Storm	15	STSC KCD	27/01/2024	Ushaka Champs 2024
233	3:32.78 L	F	Sienna Lombard	15	HPS TSH	19/01/2024	NTS Level 1+2 January Age Group 2024
234	3:33.59 L	F	Victoria-Ann Anthony	15	BON EKU	24/11/2023	EGA Summer 4
235	3:33.74 L	F	Selente Oosthuysen	15	HREF BP	21/10/2023	NWS Age Group 1 & 2 2023
236	3:35.08 L	F	Riley Koegelenberg	15	LALE CED	17/02/2024	Swartland Invitational Gala 2024
237	3:35.59 L	F	Naseerah Vd Merwe	15	WEST CPT	05/10/2023	42nd Freda Barnard Invitational Gala
238	3:36.93 L	F	Gabriella Kirsten	15	QSAW CED	11/11/2023	Winelands SL4
239	3:37.90 L	F	Veera Khusal	15	BON EKU	28/10/2023	EGA Summer 2 2023
240	3:38.06 L	F	Leigh Chung Kim Yuen	15	MANT CPT	05/10/2023	42nd Freda Barnard Invitational Gala
241	3:39.06 L	F	Zainah Akhalwaya	15	OLDE JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
242	3:41.41 L S	F	Kholofelo Seabi	15	SWIFT EKU	24/03/2024	SA Level 2 Regional Age Group Champs
243	3:43.77 L	F	Brooklyn-Taylor Sunker	15	MAKO EKU	26/01/2024	EGA Last Chance 2024
244	3:44.06 L	F	Cala Welgemoed	15	VALS FDD	18/11/2023	Valsrivier Gala
245	3:44.66 L	F	Shay-Leigh Pieters	15	HURA CPT	11/11/2023	Swartland Prestige Gala 2023
246	3:45.48 L	F	Minette Els	15	BETH FDD	02/03/2024	FSA Level 1 2024
247	3:50.44 L	F	Isabè Van Dyk	15	CUHE OBD	11/11/2023	Swartland Prestige Gala 2023
248	3:52.14 L	F	Helena Van Vuuren	15	KALA	02/12/2023	AGE GROUP 3 KATHU - 2023
249	3:52.23 L	F	Isabella Ress	15	CYBE CPT	17/02/2024	Swartland Invitational Gala 2024
250	3:52.49 L	F	Chulumanco Nyukwana	15	MPS NGD	03/02/2024	Buffalo City School Trials 2024
251	3:53.73 L	F	Abigail Cullen	15	WELA LLD	21/10/2023	Otters Prestige Gala 2023
252	3:56.97 L	F	Bathiyana Zondo	15	BARR CPT	05/10/2023	42nd Freda Barnard Invitational Gala
253	3:57.36 L	F	Humairah Safi	15	ISSA NM	23/02/2024	NW School Championships 2024
254	3:57.53 L	F	Amy Klink	15	JAQ EKU	02/03/2024	AG Level 1 Regional Age Group
255	3:58.08 L	P	Beané du Plessis	15	STELL RMD	06/12/2023	NWS Championships 2023/24
256	3:59.40 L	F	Carla Carolus	15	XSAQ CPT	17/09/2023	CTA BMEET 3
257	4:05.79 L	F	Jessica Bennett	15	SAAW CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
258	4:11.37 L	F	Kaelo Makhatho	15	ESP EKU	24/11/2023	EGA Summer 4
259	4:11.64 L	F	Johanika Groenewald	15	UNI EZD	02/03/2024	SSA LEVEL 1 REGIONAL CHAMPS
260	4:16.05 L	F	Zoë Pierce	15	ESTR EKU	02/03/2024	AG Level 1 Regional Age Group
261	4:25.56 L	F	Lwazi Mqeke	15	WELA LLD	27/10/2023	Neptune Prestige Gala
262	4:37.11 L	F	Ayanda Luthuli	15	USH KCD	21/10/2023	Froggies Championships 2023

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
<b>Women 15-15      400 IM</b>							
1	5:06.95 L	F	Lara Gouws	15	TUKS TSH	14/12/2023	KZNA 2023 Championships Incorp SSA
2	5:11.52 L	F	Karla Myburgh	15	TUKS TSH	15/03/2024	SA National Junior Age Group
3	x5:18.04 L	F	Jenna Coetzee	15	INFA NMA	19/04/2024	SA Schools Swimming Championship
4	5:24.05 L	P	Madison du Plessis	15	FSA FS	08/04/2024	SA National Aquatic Champ 2024-PE
5	5:25.44 L	F	Hannah Sandilands	15	MDOL JHB	15/03/2024	SA National Junior Age Group
6	5:29.81 L	F	Kayla Gous	15	USC BUF	24/06/2023	PEA Winter Gala 2023
7	5:37.02 L	F	René Kotzé	15	POTC KKD	15/03/2024	SA National Junior Age Group
8	5:38.52 L	F	Kelly Stork	15	BAS EKU	15/03/2024	SA National Junior Age Group
9	5:42.34 L	F	Rachel Hinckley	15	CA EKU	28/10/2023	EGA Summer 2 2023
10	5:44.34 L	F	Annebel Stewart	15	AZON ETH	03/11/2023	EDA Age Group Gala 4 2023
11	5:49.93 L	F	Corli Liversage	15	BLSS MAN	06/12/2023	Free State Champs 2023
12	5:50.92 L	F	Emma Rossouw	15	TYGE CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
13	5:51.66 L	F	Maria Steyn	15	BLSS MAN	06/12/2023	Free State Champs 2023
14	5:55.72 L	F	Georgia Gouws	15	BEST NMA	09/02/2024	Infinity Gala 2024
15	5:58.95 L	F	Jodi Boettger	15	USC BUF	24/11/2023	BCA Long Course Championships 2023
16	6:00.06 L	F	Robyn Barbour	15	ESP EKU	14/10/2023	CGA Level 2 + Gala Oct 2023
17	6:02.76 L	F	Jessica Sardinha	15	BAS EKU	26/01/2024	EGA Last Chance 2024
18	6:04.16 L	F	Tehl-Cadi Day Garden	15	MGSC UGD	24/11/2023	Westville-Seals LC Championships
19	6:07.23 L	F	Zianè Jantzen	15	QUIC CPT	20/01/2024	CTA A MEET 4
20	6:09.66 L	F	Grace Powell	15	CSC TSH	17/11/2023	NTS Level 3+ November Age Group
21	6:17.62 L	F	Milri-Ann Summerton	15	NWUC KKD	21/10/2023	NWS Age Group 1 & 2 2023
22	6:41.34 L	F	Stacey Smith	15	PAC TSH	22/09/2023	NTS Level 3+ September Age Group
23	6:50.59 L	F	Kganya Mashigo	15	PAC TSH	22/09/2023	NTS Level 3+ September Age Group
24	7:27.00 L	F	Ashley Seymour	15	WELA LLD	18/11/2023	Valsrivier Gala
25	7:31.51 L	F	Mekayla Pretorius	15	HWSK FBD	20/01/2024	AGE GROUP 5 KBY 2024
26	7:52.60 L	F	Shay-Leigh Pieters	15	HURA CPT	11/11/2023	Swartland Prestige Gala 2023